

Summer at Santa Catalina

2018 CLASS CHOICES • GIRLS ENTERING GRADES 3–6

COOKING

■ Petite Chefs

Let's get cooking! In this class campers learn how to read recipes, measure, assemble *mis en place* and prepare delicious food while learning how to taste and adjust for flavor. Campers learn basic knife skills to make cooking safe and easy. They also explore herbs and spices to create new and exciting flavors. Most importantly, there is much fun learning the joy of cooking, sharing, and eating!

DANCE

■ Ballet - Performance Class

Beautiful ballet is a core foundation for all dancers. Join us to learn the fundamentals such as barre work, across the floor, and ballet vocabulary, or improve the ballet background you already have! Students will learn a full dance to perform at the end of their session to show off their accomplishments.

■ Hip-Hop - Performance Class

Have a blast in hip-hop class! Campers learn a selection of dance moves and hip-hop styles and then put the moves together in a dance to be performed on stage at the close of camp.

■ Jazz - Performance Class

Ready for some high energy dancing? Whether campers bring their jazz shoes or jazz hands you will kick off the summer with fun music and great choreography. A lively and vigorous dance performance is the end project, performed at closing day. Expect finger snapping and plenty of toe tapping from the audience.

PHOTOGRAPHY

■ Digital Photography

Do you love taking pictures? Is it a favorite thing to do? If yes, then this is the class to take! Spend summer exploring the beautiful gardens on campus, taking photographs of flowers, trees, and architecture. Learn how to use the computer to enhance, manipulate, and print pictures. The possibilities are endless! Bring a point-and-shoot digital camera and a 16GB thumb drive.

OUTDOOR EXPLORATION

■ Earth to Sea

Explore the beautiful Monterey Peninsula from the mighty redwood to the ocean shoreline when marine biology meets outdoor explorer in this two-period class. This is a fun and fantastic class that entertains and teaches at the tide pool and the flower field. Classroom days are spent with activities, crafts, and nature games as a way to introduce not only the flora and fauna that share our coastal home but the beasties, including the outrageous otter and the creepy crab. Bring sunscreen and a day pack because this is "surf-to-turf" field studies.

SCIENCE

■ Mad Scientists — New projects!

Who says exploration isn't fun? Wacky and unexpected experiments open your eyes to the mysterious world around you. Experience science while doing experiments with everyday objects. Have surprising encounters with physics, biology, chemistry, and astronomy. Science is more than just reading—it's what we do! Calling all mad scientists!

TECHNOLOGY

■ BoardQuest — NEW!

This class is your chance to delve into the world of game making using your hands, creativity, and computer program to build your own board game. Using the HatchQuest game design program, campers work through the phases of board game development. From concept to finished game, the process includes drawing your characters on HatchQuest cards, assigning character abilities, creating a storyline for your game, and creating art for your characters "quest maps."

THEATRE ARTS & MUSIC

■ Glee Club / Show Choir - Performance Class

Calling all young performers to sing and dance with friends old and new! In this class, campers learn the fundamentals of ensemble performance. Give life and expression to favorite songs while moving around the stage to entertain friends and family at the closing performance.

■ Ready, Set, Act! - Performance Class

What does it take to act? Body exercises, games, voice projection, and improvisation are used to challenge the imagination and focus observation. Being on stage is all about teamwork and overcoming inhibition. Taught by a professional actor and theatrical performer, this class is a young actress's best choice!

VISUAL ARTS

■ Creative Journaling — NEW!

Catch, capture, and discover YOU this summer. Write and reflect with words and art using techniques and materials that bring your words and emotions to life: pencils, paint, graphite, charcoal, shading, perspective, pointillism, and mapping. .

■ Metal Magic — NEW!

Stand at the edge and leap into working with metal and glass! In this new class, you make a variety of jewelry projects from copper and silver. Doing thread work, enameling, cutting, and stamping your way to wearable art that reminds you that you are a creative artist at Summer at Santa Catalina. Bracelets, necklaces, and charms dazzle the heck out of loved ones at home and make great gifts and memories.

■ Into the Studio — NEW!

Connect with nature! Get your hands dirty in a variety of ways: building your own quick-dry sculptures from self-hardening clay; carving your own woodblock for printing; discovering the potency of plant dyes to create dynamic cotton tapestries. While learning these different ways of working, you explore the roots of each method used and look at the ways they are still being utilized by contemporary artists. Get messy, make mistakes, and create art!

■ Spatial Sculpture — New projects!

Simple to complex, this class dabbles in spatial relationships and materials that evolve from 2D to 3D. Take your drawing and transform it into a 3D object. Figure out how materials relate to each other and how you can use that relationship to test the limits of your creativity. Jumpstart the process with wire, then design and build mobiles, and finally put it all together as an original "assemblage" sculpture from recycled materials. Space is the final frontier!

■ We ♥ Ceramics — New projects!

Get messy, get creative, and learn the ancient art of ceramics! Working with clay, campers make wall planters, pebble pots, wind chimes and more. Add exciting texture to pieces with tools, twigs, and nature. Then, glaze the projects and give wild personality to the creations.

YOGA

■ Yoga

Learn poses that can help develop a strong and healthy body, relax and cope with the stress of life, increase concentration and attention span, have greater self-confidence, and have fun—all at the same time? Whether you already practice yoga or are eager to find out what it is all about, this class is the perfect choice. Yoga is a method of exercising the body, mind, and soul. Campers learn breathing techniques and practice movements that help them achieve a lifelong foundation of well-being.

Summer at Santa Catalina

2018 CLASS CHOICES • ALL CAMPERS

AQUATICS

■ Dive into Summer

Whether campers have no diving experience or are an accomplished diver, it's an opportunity to enjoy improving their skills on the three boards. The experienced diving staff will work with each camper so that she learns and practices new skills at her own pace. Divers support one another in an environment that is both exciting and rewarding.

■ Pool Games — New games!

Our state-of-the-art pool is the venue for a wide variety of aquatic games for campers of all ages. Activities will include inner-tube water polo and underwater hockey, crazy relays, noodle freeze-tag, and individual and group challenges. What could be better than afternoons with camp friends in the pool?

EQUESTRIAN

■ Riding / Horsemanship

Campers are instructed in all phases of horsemanship, including practical stable management and grooming, vaulting, and jumping at the newly renovated Pebble Beach Equestrian Center. The instructors strive to teach each girl to ride with safety, skill, and control. This program meets for 2 ½ hours each day, either morning or afternoon, Monday through Friday. **All riders participate in a horse show for family and friends on the Friday before their camp session ends.**

SCIENCE

■ Miss Roboto

Using LEGO Mindstorms and VEX technology, design and build a robot! In this class, you learn basic electrical skills, applied physics, and programming as you design and build a working robot. Starting with goal-setting and a preliminary design phase, teams work through the challenges of construction, trial and error, reinvention, and teamwork. Honing the skills of innovation, creativity, critical thinking, patience, perseverance, and cooperation, you finish the summer with the mind of an emerging engineer and the camaraderie of your team!

SPORTS

■ Bump, Set, Spike!

That's the way we like it! Campers not only learn the fundamentals of passing, setting and hitting, but get to put their hard work to the test! Whether they are new to volleyball or are a seasoned veteran, this is about growing team work, communication, and leadership skills while getting to play this fun sport!

■ Dribble, Drive, Shoot!

Basketball has never been so fun! Campers engage in basketball drills throughout the 2-, 3- and 5-week sessions to work on their hand-eye coordination, dribbling skills, shooting, and teamwork.

■ Fit, Fab, Fun!

Throughout the course, campers are introduced to new and exciting forms of fitness activities. Girls will get to find the kind of fitness that inspires them to build healthy habits and continue to grow into strong young women. Each session builds motor skills, and encourages physical activity. Build camaraderie, run around, and enjoy the outdoors, while competing and having fun!

■ Golf

Golf is that much better with world-renown instruction at a world-renown location—Pebble Beach Golf Academy. What a great opportunity to learn from a golf professional! Lessons are for all levels of golfers. Topics covered are long game, short game, course management, rules, and golf etiquette. With access to a personalized video analysis of the camper's golf swing, they'll go home with more than the swing of a fantastic sport. This same system is used by the PGA.

■ Surfing...Beyond the Board

Jump freely into the surfing culture of respect, integrity, and confidence in the surfing clinic led by The Wahine Project. Learn to navigate the waves and conquer inhibition in the beautiful Pacific Ocean. Boogie board, surf, and learn to call the ocean and your camp mates, "Sister!"

Please read the following descriptions carefully to determine the appropriate placement of your camper in the tennis program.

■ Tennis: Beginner

This class is perfect for campers new to the sport or for those who have had some tennis classes or tennis camp exposure. Most campers are still learning how to hit the ball, judge the bounce of the ball, or need to be closer to the net than the baseline in order to get the ball over the net. This player hasn't had the opportunity to have lessons or be in tennis classes during the year and may still have a hard time making contact with the ball.

■ **Tennis: Intermediate/Advanced**

This is ideal for campers who can rally and adjust to different heights, speeds, and placements of balls but have trouble being consistent and have weakness in some of the strokes, such as serves, forehands or backhands. These players should be involved in tennis practice or tennis classes somewhat regularly during the year or in the past.

THEATRE ARTS & MUSIC

■ **Musical Theatre Workshop — New production! (5-Week Program Only) - Performance Class**

Calling all 5-week campers! *Disney's Alice in Wonderland, Jr.* finds a home at summer camp. Every weekday morning, 9 a.m. to noon, students rehearse on stage. Director Roger Thompson is joined by a professional choreographer to stage this favorite musical. Together they provide instruction on the techniques of stage presence, acting, singing, and dancing. Join us on Closing Day for *Disney's Alice in Wonderland, Jr.* as we walk, sing, and dance into the exciting world of Alice and her wonderful adventure!

VISUAL ARTS

■ **The Art of Giving — New projects!**

Receiving a present is fun but giving a gift is an art. Presents made by hand are magical and have a secret ingredient called love. Create one-of-a-kind gifts from funky to unique. Copper enameling, custom buttons, jewelry, and fun spa products are some of the projects on the table and in the heart.

■ **Spa-La-La — Back by popular demand!**

Spa-La-La is open to all ages and is the return of an old favorite. Summer brings the spa to camp. Campers make everything from fizzy bath bombs to scented soaps and lip glosses using a number of natural and unexpected ingredients. Think sugar, oatmeal, and rosewater. It's also a time to practice nail art and hairstyling techniques that make the campers runway ready for any awards night.

■ **String it Together — New projects!**

This class is a wild whirl of color, pattern, texture, and friendship. Learn techniques to make fun friendship bracelets, lively lanyards, and macramé. Campers use simple and intricate designs including knots, patterns, and color weaving. The focus and mission is to give you the skills and time to make lasting reminders of the beautiful days of summer, friendship, and fun!