

Hosted at:

SAINT JOHN'S CATHOLIC PREP

Saint John's Catholic Prep is the leader of college preparatory institutions in Frederick and surrounding communities by providing a quality Catholic education to students with a diverse range of learning needs and abilities. From its rigorous advanced placement programs to its active service in the community, Saint John's challenges each and every student through an innovative curriculum implemented by a dedicated faculty and staff.



Educating in a joyful Catholic community of faith, hope and love, Saint John's Catholic Preparatory School prepares our students to be leaders with good hearts and discerning spirits as they pursue truth, academic excellence and service to humanity

Insurance/Registration Information

I understand that my child will participate in a non-contact football camp. I understand that there is a risk of injury with participation in any sport. I will not hold Saint John's Catholic Prep, camp volunteers, or camp workers responsible for injuries resulting from activities associated with the camp. I understand that medical care will be given to my child in the event of an injury.

Printed Parent Name

Parent Signature

Today's Date

Parent Home Phone

Parent Mobile Phone

Parent e-mail address

Parent Insurance Company

Parent Insurance Number

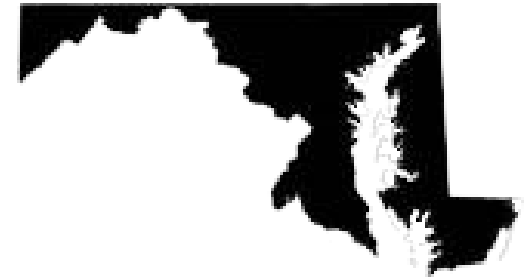
Parent Primary Physician

Name of Emergency Contact

Emergency Contact's Telephone

Known Medical Concerns

Child's Printed Name & T-shirt Size



MARYLAND FUTURE STARS 2018 Football Camp

Monday, July 16 – Thursday, July 19
10:00AM – 2:00PM



information:

*Camp Director: Daryl Hayes
(240)341-7440*

dhayes@saintjohnsprep.org

Camp Offerings

Campers will be given four days of **instruction and fun**. College and high school players and coaches will provide direct football instruction to students entering 4th through 8th grades. Each camper will be given a camp t-shirt*.

Each camper will be given instruction in the skills needed to play Quarterback, Running Back, Offensive Line, Receiver, Defensive Line, Linebacker, Defensive Back, Kicker, Punter, and Long Snapper. The campers will be allowed to choose which position they would like to focus during smaller group periods.

Opportunities for spirited competition and team building will be given during Skills and Passing Times.

The cost for the camp is **ONLY \$75**. (\$100 after June 30*)

*late enrollees not guaranteed a t-shirt

Make Checks Payable to: SJCP Football

Mail Checks to:

SJCP Football

3989 Buckeystown Pike

PO Box 909

Buckeystown, MD 21717

Tentative Daily Schedule

10:00-10:15	Stretch
10:15-10:30	Agility Session
10:30-10:40	Water Break
10:40-11:00	Large Group Instruction
11:00-11:10	Water Break
11:10-11:30	Small Group Instruction
11:30-11:40	Water Break
11:40-12:00	Small Group Instruction
12:00-12:10	Water Break
12:10-12:30	Small Group Instruction
12:30-12:40	Water Break
12:40-1:00	Small Group Instruction
1:00-1:10	Water Break
1:10-2:00	Passing Competition

During group instruction each child will receive instruction on the mechanics of each offensive position (Quarterback, Running Back, Line and Receiver.) The child will also receive instruction on the mechanics of each defensive position (Line, Linebacker, and Back.) Kicking, punting, holding, and snapping skills will also be instructed. During Small Group periods the campers will be allowed to choose the position they wish. The passing and skills competitions will be designed to both fun and instructional.



learn from the best...



4 TIME

*Maryland Interscholastic
Athletic Association
Champions*



...be the best