

North Creek High School Running Start Agreement

The North Creek High School counselors want students to be fully informed of the added responsibilities and unique circumstances that participation in the Running Start program entails. In order to participate in the Running Start program both students and parents need to review this agreement, initialing each line item.

Student Initial/Parent Initial

- 1) ___/___ *Students are responsible for maintaining full time status. Full-time Running Start (15 credits per quarter or a combination of Running Start and NCHS classes. It is recommended students get permission from their NCHS counselor PRIOR to dropping a Running Start (RS) class. It is the student's responsibility for dropping any RS classes prior to the drop deadlines.*
- 2) ___/___ Entrance into RS varies for each community college. All students must place into English 100 and/or Math 100 or higher to be in RS. Course numbers 099 and below are not eligible for RS funding and will have to be paid for by the student. See your counselor to determine how these classes will translate into high school credits.
- 3) ___/___ Due to the fact that the grading periods are not aligned, RS is recommended to be a year-long commitment. ***Starting or ending RS mid-year may adversely impact student's credits.***
- 4) ___/___ It is the responsibility of RS students and parent/guardians to stay informed regarding Diploma Requirements, college application/testing deadlines and Graduation ceremony information. This can be done by checking emails, Remind messages, and the NCHS website.
- 5) ___/___ Colleges treat RS students as college students and will not communicate attendance or academic concerns to the parent without a signed release on file with the college.
- 6) ___/___ NCHS is on a semester (18 week) schedule and the community colleges are on a quarter (11 week) schedule. Starting, ending, and vacation dates will be different. Missing school at one facility because the other is not in session will not be accepted as an excused absence. **RS courses and transportation time cannot conflict with a student's NCHS schedule. Parents must call the attendance office to excuse any absences due to alternate schedules (assembly days, PTSA testing, etc.).**
- 8) ___/___ The earlier students register at the college, the better their chances will be to get their desired courses. There is no guarantee that students will be able to register for the classes desired at the community college. Monitoring all RS deadlines is the responsibility of the student.
- 9) ___/___ All RS grades received will become a permanent part of the student's high school **and** college transcripts. Students must take all courses for a letter grade. College academic courses frequently require a high level of self-discipline. **The college will not send progress reports or warnings; therefore, students are responsible for monitoring their own progress.**
- 10) ___/___ RS students must maintain a minimum 2.0 GPA. If the student's GPA falls below a 2.0, the student is placed on academic probation at the community college. If the GPA is not raised above the 2.0 minimum during the next grading period, the community college will withdraw the student from the RS program which could impact on-time graduation.

12) ___/___ Each quarter, students must complete the Enrollment Verification Form required to register for RS classes and get their counselor's signature. **Students are responsible for making an appointment for their counselor's signature.**

13) ___/___ Students with disabilities who have a 504 Accommodation Plan or Individual Education Plan (IEP) are responsible for informing and providing documentation of the disability to the community college.

14) ___/___ Some post-secondary schools, especially those out of state, may not accept RS courses for college credit. Those who do may have special rules about specific courses and whether students can transfer their Running Start credits. It is the student's responsibility to make sure she/he understands these requirements.

15) ___/___ If RS students meet WIAA eligibility standards, they are eligible to participate in high school athletics and activities at NCHS. However, the scheduling of RS and athletics/activities can be challenging as RS classes vary from quarter to quarter.

16) ___/___ RS Students are only allowed on the NCHS campus before school, after school, and during the periods they are scheduled in NCHS classes. The only exception to this would be school-sanctioned events such as assemblies or class meetings.

17) ___/___ Please see the chart below for the number of free classes allowed at the College through the Running Start program. Students who exceed this amount will be responsible to pay for any additional RS credits. Books, school fees, lab fees, parking fees, and transportation are the responsibility of the student.

Classes at NCHS	Free College Credits (each qtr)
0-1	15
2	12
3	10
4	6
5 or more	3

Please sign below verifying that you have read and understand the Agreement for participating in Running Start.

Student Name (print)

Parent Name (print)

Date

Student Signature

Parent Signature

Date

Checklist for becoming a Running Start student

- 1. Go to an information session for Running Start at the college you wish to attend.
- 2. Take the appropriate placement test(s), or determine if you have an SBAC score that will qualify you for Running Start enrollment.
- 3. If it is clear that you a) qualify for RS and b) want to attend, make an appointment with your counselor
- 4. Apply online to the college you will be attending RS at.
- 5. Submit the NCHS Running Start contract to your counselor.
- 6. Submit the college's Running Start Contract to the appropriate office at the college.
- 7. Once accepted to the RS program, make another appointment with your counselor and together you will complete the Running Start Verification form, which includes the classes you intend on taking. **Prior to this meeting you should have completed the following:**

*Steps 1-6 are complete

*You have been accepted to Running Start

*You have reviewed the course equivalency guide to make sure the classes you want to take will fulfill the correct graduation requirements. Make note of the classes you intend on taking.

*You have completed the top portion of the Running Start Enrollment Verification Form.

*If you are planning on part-time RS enrollment, you have decided which classes to drop.

*You have confirmed you and your family can provide transportation, pay any college fees, and purchase books for the courses you plan on taking.

After all of the above is complete, you will be ready to register for classes. At Cascadia, Running Start students register for classes in what is called a "Core Planning Session" which takes at Cascadia. Other colleges may use a different procedure for class registration. The Running Start office will be a great resource for you while you are a student on their campus. Full-time Running Start students commonly lose touch with their counselor and miss out on important information... make sure that is not your story!!

☺ GOOD LUCK IN COLLEGE ☺

College Courses Meeting Subject Area Graduation Requirements for Northshore School District High Schools

	Belleuve College www.belleuvecollege.edu 425.564.2026	Cascadia College www.cascadia.edu 425.352.8146	Edmonds Community College www.edcc.edu 425.640.1761	Everett Community College www.everettcc.edu 425.388.9211	Lake WA Institute of Technology www.lwtech.edu 425.739.8100 ext.435	Seattle Community Colleges www.seattlecolleges.com 206.587.3836	Shoreline Community College www.shoreline.edu 206.546.4591
ENGLISH	ENGL& 101, ENGL& 111, ENGL& 112, ENGL 131, ENGL 201, ENGL 210, ENGL 219, ENGL 220, ENGL 221, ENGL 226, ENGL 228, ENGL 229, ENGL& 235, ENGL 237, ENGL 238, ENGL 239, ENGL& 244, ENGL& 245, ENGL& 246, ENGL 253, ENGL 254, ENGL 255, ENGL 260, ENGL 261, ENGL 263, ENGL 264, ENGL 266, ENGL 271, ENGL 272	ENGL& 101, ENGL& 102, ENGL& 111, ENGL 211, ENGL 221, ENGL& 235, ENGL& 244, ENGL& 245, ENGL& 254, ENGL& 255, ENGL 277	ENGL& 101, ENGL& 102, ENGL& 111, ENGL& 244, ENGL& 245, ENGL& 246	ENGL& 101, ENGL& 102, ENGL 103, ENGL 105, ENGL& 111, ENGL 240, ENGL 253	ENGL& 101, ENGL& 102, ENGL& 111, ENGL& 235	ENGL& 101, ENGL& 102, ENGL& 111, ENGL& 112, ENGL 201, ENGL& 235, ENGL& 244, ENGL& 245, ENGL& 246, ENGL& 254, ENGL& 256, ENGL 257, ENGL 258	ENGL& 101, ENGL& 102, ENGL& 111, ENGL& 112, ENGL 200, ENGL& 244, ENGL& 245, ENGL& 246
US HISTORY	HIST& 148	HIST& 148	HIST 033, HIST& 148	HIST& 148	HIST& 148	HIST& 148	HIST& 137, HIST& 148
SENIOR SOCIAL STUDIES	POL& 101, POL& 202, POLS 175, POLS 204, INST 201	POL& 101, POL& 202, POL& 203, POL& 204, GS 101, GS 150	POL& 101, POL& 202, POL& 203, POL& 204	POL& 101, POL& 202, POL& 203, POL& 204	POL& 202	POL& 101, POLS 112, POL& 202, POL& 203, POLS 220	POL& 101, POL& 202, POLS 203, POLS 221, INST 200, INST 201
WORLD HISTORY	HIST 102, HIST 103	HIST& 126, HIST& 127, HIST& 128	HIST& 117, HIST& 118, HIST& 127	HIST 111, HIST 112	HIST& 126	HIST& 126, HIST& 127, HIST& 128	HIST& 117, HIST& 118, HIST 234, HIST 235, HIST 236
WASHINGTON STATE HISTORY	HIST& 214	HIST& 214	HIST 049, HIST& 214	HIST& 214	Not Available	HIST& 214	HIST& 214
HEALTH	HLTH 250	NUTR& 101	HLTH 100	PEHW 203	NUTR& 101	HEA 160, HEA 125	NUTR& 101
LIFE FITNESS	PE 110, PE 111, PE 112	Not Available	PE 100, PE 105, PE 162, HLTH 150	Not Available	FTNS 100	PEC 130, PEC 132, PEC 145, PEC 150, PEC 151, PEC 165	PE 134, PE 136, PE 139, PE 217, PE 236, PE 239
FINE ARTS, MATH, PE, SCIENCE	Any Fine Arts, Math, PE or Science courses level 100 or greater offered at the community college (see credit conversion information below).						
OCCUPATIONAL EDUCATION	Any Business, Technology, Vocational or Family and Consumer Education course level 100 or greater (see credit conversion information below).						
				College Credit to High School Credit Conversion			
				College Credit(s)		High School Credit Applied to Transcript	
				5		1.00	
				4		.80	
				3		.60	
				2		.40	
				1		.20	

NOTE: Community College courses with “&” in the course title (shown in bold) indicate courses that are equivalent at community colleges across the state. A course with this symbol that appears on this list at one college may be taken for credit at any college, as long as it also contains the equivalency symbol (&) at the college where taken.

RUNNING START IN THE NORTHSHORE SCHOOL DISTRICT

Running Start College Credit While in High School

The Running Start program allows Juniors and seniors to attend community and technical colleges while still attending high school. This program allows qualified students to take college courses and apply the credits toward high school graduation and potential college degrees. Tuition is paid by the Northshore School District.

- Some of the courses listed in the attached chart are also offered online or combine online coursework with on-site class sessions. In general, online courses require an additional fee. Students are advised to check with the community college to confirm their financial responsibilities in advance of enrolling in these courses.
- Students wishing to transfer college credits earned through the Running Start program to a baccalaureate institution are strongly advised to verify the college course transfer equivalencies and agreements in advance. This is particularly important if the student is intending to apply to private institutions and/or colleges or universities outside the State of Washington.
- Courses other than those listed may not meet Northshore School District graduation requirements. Students desiring consideration of courses other than those indicated must meet with and receive approval from their high school **in advance of community college registration**.
- Students will be required to complete their High School and Beyond plans at their local high schools. State high school assessments will be administered at the local high schools.

What are the qualifications to attend classes at the surrounding community colleges?

1. The student must pass a college placement test (e.g., COMPASS, ASSET, ACCUPLACER) in order to take any college classes, and be accepted for admission to the Running Start program. The student must contact the community college for the examination schedule and consult with their high school counselor regarding college plans.
 2. The student must have Junior or senior standing (a minimum of 10 credits from an approved or accredited high school) in high school before taking courses through Running Start.
 3. The student must be prepared to take college level courses and do college level work. Meeting grade level standards and passing the state high school assessments are indicators that the student is prepared for success at the college level.
 4. The student must furnish his or her own transportation to the community college.
 5. The student must purchase his or her own books for the classes and pay any parking and/or incidental fees.
 6. The student must remember that while the student is taking the college level course s/he will be treated like a college student. Attendance may not be taken. Parents will not be notified if a student skips a class. Progress reports are not given. The high school is not responsible for the student's actions while attending the college classes.
- ### What Else Should I Know?
1. Students may participate in Running Start programs up to a combined maximum enrollment of 1.2 full-time equivalent or a full-time Running Start equivalent (no high school classes). Students must complete and sign a Running Start Enrollment Verification Form.

2. Running Start students will be charged tuition for college credits exceeding 15 in any quarter (except in college vocational programs or skills centers.)
3. The student must take the course for credit (may not audit for no credit). The student shall notify the college and the high school immediately of any intention to drop a class. Failure to notify the college and high school may result in the student reimbursing the district for tuition fees as well as receiving a failing grade in the class.
4. The Northshore School District will determine which classes taken at the community college will meet the requirements for high school graduation.
5. The student, accessing the Running Start program, must live in the Northshore School District to receive college or high school credit from one of the district's high schools. If a student on waiver chooses to enroll 100% in Running Start classes and not take classes at the high school, the waiver will be rescinded. If a student leaves Northshore School District (no longer enrolled), the college program will not be continued.
6. Students on in-district or out-of-district waivers will have their waivers rescinded if they enroll in full-time Running Start. These students would be returned to their service area schools.
7. Home-based students and private school students living in the Northshore School District should contact the Northshore Networks office at 425.408.4175 to initiate Running Start participation. Once the student begins Running Start, the student has one to two academic years to complete the course of study.
8. Some private colleges, and some out of state colleges may not accept the community college credits.
9. Summer school course work may not be taken as part of the Running Start program. All summer school course work will be at student expense. Credits earned in summer school may apply toward high school graduation.
10. Students participating in Running Start will be required to complete High School and Beyond Plans at their local high schools. State high school assessments are taken at the student's local high school.
11. Early completion of graduation requirements must be coordinated with the high school counselor and principal.
12. A student may not continue in Running Start following successful completion of high school graduation by June of their graduation year. If an individual has not completed all graduation requirements, the student may continue in the Running Start program as a "second year" senior under specific rules.
13. A second year senior is generally understood as being a student who has failed to meet high school graduation requirements as of the end of the student's 12th grade academic year. These students may continue in the program for "the sole and exclusive purpose of completing the particular course or courses required to meet high school graduation requirements." If a student does not utilize Running Start during the junior and/or senior year and fails a class at the high school during the junior or senior year, s/he cannot enroll in that class at the college through Running Start during his/her 13th year. A second year senior can only continue in Running Start if s/he was enrolled in it during his/her junior and/or senior year(s). (WAC 392-169-055).

For more information about the Running Start program, contact the Counseling Department at your high school.

Running Start Planning Sheet

Junior Year		
<i>NCHS Fall Semester</i>	<i>NCHS Spring Semester</i>	
RS Fall Quarter	RS Winter Quarter	RS Spring Quarter
Senior Year		
<i>NCHS Fall Semester</i>	<i>NCHS Spring Semester</i>	
RS Fall Quarter	RS Winter Quarter	RS Spring Quarter

# of NCHS semester classes	Free credits allowed through RS
1	15
2	12
3	9/10
4	6
5-6	3
Additional Graduation Requirements	
SBAC- Reading	
SBAC- Writing	
Math EOC or SBAC Math	
Biology EOC or Next Generation Science	
High School and Beyond Plan	
Washington State History	
Successful completion of 2 courses in any combination of the following: AP, IB, CHS, TP, RS unless an alternative course of study is identified through the student's HS&B Plan.	

24
CREDITS

**COLLEGE AND CAREER READY GRADUATION
REQUIREMENTS FOR THE CLASS OF 2019 AND BEYOND**

17
CORE
CREDITS

Core Credits

Courses necessary for every graduate to be college and career ready



3
PPR
CREDITS

Personalized Pathway Requirements (PPR)

Classes that further students' own interests and align with each student's High School and Beyond Plan



4
ELECTIVE
CREDITS

Elective Credits

Exploratory classes of interest



24
TOTAL
CREDITS

College & Career Ready Credits

Graduation requirements for the class of 2019 and beyond.

Core Credits plus Personalized Pathway Requirements (PPR)		
4 English	3 Math	3 Science
3 Social Studies	2 Health & Fitness	1 Career & Technical Education
2 Arts	-or- 1 Arts + 1 PPR Course	
2 World Language	-or- 2 PPR Courses	
4 Elective credit courses chosen by the student		

Flexible Credits

Northshore
School District



Strengthening Our Community Through Excellence in Education