

SCHOOL HEALTH POLICIES FOR RUSHTON ELEMENTARY

Illness: To protect your child and prevent illness from spreading , *keep your child home if any of these symptoms are present:*

- Diarrhea or vomiting: Students may return to school when they have not vomited or had diarrhea for 24 hours.
- Severe sore throat, headache or cough
- Undiagnosed rash or skin lesions
- Red or discharging eyes
- Temperature of 100 degrees or higher: Students should be free of fever without medication for 24 hours before returning.

Absence: Call the attendance line at 913-993-4988 before 8:30 a.m. whenever your child misses school. This is a 24 hour line and you can leave a message. Please give the reason your child is absent – type of illness, appointments, travel, religious holiday, etc. Absences due to vacation need to be approved by the principal to be marked excused. Excessive unexcused absences are reported to the district attorney for truancy follow-up.

Medication: **The nurse's office will stock 5 non-prescription medications for all students:** generic Tylenol (acetaminophen), generic advil (ibuprofen), calamine lotion, cough drops/throat lozenges, and triple antibiotic ointment. These medications can only be given if the required "Permission for Administration of Non-Prescription Medications" form is on file.

All prescription and non-prescription medication must be brought directly to the health room where the parent will complete a parent permission form. Prescription medication must be in the original prescription bottle and non-prescription medication must be in the original bottle. All medication requires a parent permission form to be completed.

Injury: Students who have an injury that results in a cast, sutures, crutches or similar treatment must bring a note from the physician or emergency room detailing amount of limitations in school activities. **Bring the note to the nurse's office and it will be copied and distributed to the teacher, P.E. teacher and other faculty.** A release of activity form is also required.

Food Allergies: Students who have severe food allergies must notify the school nurse immediately so that a prevention plan can be put in place. A list of the restricted foods and a plan of action for the student should be obtained from the doctor's office and brought to the school. A meeting will be scheduled with the nurse and teacher.

Asthma: If your child is diagnosed with asthma, please stop by the nurse's office to discuss this, even if inhaler use is seldom.

Emergency Numbers: Keep the school informed of any change in emergency information so you can be reached in case of illness, injury or emergency. It is **important in emergencies that cell phone numbers as well as home and work phone numbers are current.**

Safety: Please have your child wear athletic (gym) shoes to school. They are required for gym days and are more comfortable and safer on the waxed linoleum floors & playground surfaces. Flip flops and shoe skates are not allowed at school.