

Conflict Resolution Through the SOS Skills Overview

Main Points:

Conflicts are a fact of life that cannot be avoided. The socially competent person needs to be able to solve conflicts in appropriate ways. One of the techniques to peacefully resolve conflict is through the SOS steps.

Note:

This lesson will be more easily understood and incorporated into the students lives if they have had a lesson on the I feel sentences and also if they understand that anger is a secondary emotion.

Essential Questions:

1. What is conflict?
2. What is conflict resolution?
3. How do you solve conflicts in a peaceful way?

Alternate Books:

The Crayon Box That Talked by Shane DeRolf

Sorry by Jean VanLeeuwen

Hunter's Best Friend at School by Laura Malone Elliott

The Tale of Gilbert Alexander Pig by Gael Cresp (Out of Print)

Stone Soup by Marcia Brown

The Midnight Fridge by Bruce Glassman

Activities:

Place puzzles or make puzzles to be put in envelopes. Break class into small groups provide each with an envelope and have them assemble the puzzle.

Utah State Core Curriculum:

K-2 Core - Fine Arts, Health, Physical Education, Science, and Social Studies

Standard 2: Students will develop a sense of self in relation to families and community.

K- 1e; 1st - 1d; 2nd - 1d

Responsible Healthy Lifestyles:

Standard 3: The students will understand and respect self and others related to human development and relationships.

3rd - 2a; 4th - 2a,b; 5th - 1b; 6th - 1b

Conflict Resolution Through the SOS Skills

Review:

Briefly review the main points of the previous lesson and point out any connections to the current lesson.

Main Points:

A- Introduce the SOS technique for conflict resolution as found at <http://learningtogive.org/lessons/unit42/lesson1.html> attachment 2 Pg 6-7.

- 1- Story
- 2- Options
- 3- Solutions

B- Read Rainbow Fish and the Big Blue Whale by Marcus Pfister

- 1- Have the children watch for the SOS steps
 - a- Did you see Rainbow Fish tell his side of the story?
 - b- Did the whale get to tell his side?
 - c- Did they look for options?
 - d- Could they find a solution both groups could be happy with?

C- Just like Rainbow Fish we have things happen that cause conflict. We can either get in a fight or work to find a better solution to the problem.

D- Have the students role play 1 or 2 common situations they face.

Challenge:

Challenge the students to follow the SOS techniques when face with conflict.

Goals:

Students will be able to list the steps to the SOS process.

Students will be able to explain the value of peaceful conflict resolution.