Responsibility Overview



Main Points:

Resiliency requires the ability to identify alternatives and their consequences as a component of problem solving. It needs to be recognized that with each choice comes the consequence either good or bad depending on the choice made. Through the choices made we also exercise control over our situation and the future becomes more predictable.

Essential Questions:

- 1. What does it mean to be responsible?
- 2. How do choices and consequences relate to responsibility?
- 3. How do you demonstrate responsibility?

Alternate Books:

Brave Irene by William Steig

Berenstain Bears Trouble at School by Stan and Jan Berenstain

You Can't Judge a Book by It's Cover by Judge Judy Sheindlin

<u>I Am Responsible</u> by David Parker (Kindergarten only)

Berentatin Bears and the Report Card Trouble by Stan and Jan Berenstain

Berenstain Bears and the Blame Game by Stan and Jan Berenstain

Max and Emmy's Flower Power by Irene Trimble

Pigsty by Mark Teague

The Dog Poop Initiative by Kirk Weisler

Alexander Who Used To Be Rich Last Sunday by Judith Vorist

Arthur's Computer Disaster by Marc Brown

<u>I'm in Charge</u> by David Parker (Kindergarten Only)

Videos:

www.pioneerlibrary.org, K-12 schools, eMedia, Search for 'Responsibility'and four video options: Responsibility to Friends, Community, Family, Self.

Activities:

1- Responsible Choices Activity- Have class follow you as you pound your fist 3 times in your hand then hold up a random number of fingers. Students matching your choice win and remain standing. Students not matching lose and sit down. Play 2 or 3 rounds then discuss with the students if they were tempted to cheat by waiting to see your choice. That choice would have been dishonest. Everyday we make choices that have consequences. Consequences are things that happen because of the choices we make. Write on the board: CHOICES + CONSEQUENCES = RESPONSIBILITY. If we slow down and think about possible consequences of your actions then you will be able to make responsible choices. Poor choices lead to negative consequences and responsible choices will lead to positive consequences.

2-"Yes or No" game pg. 136, <u>Power Play</u> 2nd Edition by Kathy Cooper and Marianne Vandewaike 3-"Dress Up, Dress Down" game, pg 212, <u>Power Play</u> 2nd Edition by Kathy Cooper and Marianne Vandewaike 4-For <u>Berenstain Bears Trouble at School</u> prepare 2 clear bottles. One with a 10 water to 1 bleach solution. The second with 1 food color to 1 water. Fill a 3rd bottle with tap water in front of the class. With each bad choice Brother Bear makes add a drop of food coloring solution to the 3rd jar and discuss why it was bad. As he begins to make good choices add a drop of the good choice solution (bleach solution). Then discuss what he could have done instead of the bad choices adding bleach solution with each point.

5-"A Matter of Time," pg. 32, from 10 Minute Life Lessons for Kids by Jamie C. Miller

Utah State Core Curriculum:

K-2 Core - Fine Arts, Health, Physical Education, Science, and Social Studies

Standard 2: Students will develop a sense of self in relation to families and community.

$$K - 1e; 1^{st} - 1d,e; 2^{nd} - 1d$$

3-6 Responsible Healthy Lifestyles

Standard 1: The students will learn ways to improve mental health and manage stress.

$$3^{rd}$$
 - 1a,b,c; 4^{th} - 1a,b; 5^{th} - 1c; 6^{th} - 2a,c

Responsibility Lesson



Review:

Briefly review the main points of the previous lesson and point out any connections to the current lesson.

Main Points:

A-Write on the board: CHOICES + CONSEQUENCES = RESPONSIBILITY

B-Discuss the fact that for the choices we make we also are choosing the consequence (the things that happen because of the choices we make) for that action.

C-We need to consider the consequences when we make a choice.

D-Read the book I Did It, I'm Sorry by Caralyn Buehner

- 1-Select sections that relate better to the age of the class.
- 2-The correct answer is hidden in the picture. There is also a list giving the correct answer and telling where to look in the picture on the last page of the book.

Challenge:

Challenge students when making a choice to stop, think of their options and consequences of each and then make a responsible choice.

Goals:

Students will be able to explain the connection between choices and consequences. Students will be able to identify both responsible and irresponsible choices as well as their possible consequences.