

Comprehensive Counseling and Guidance - Elementary

Essential skills and knowledge for this Davis School District Program

Increase self-awareness

- a. Identify personal traits, feelings, and learning styles.
- b. Recognize personal responsibility.
- c. Develop self-esteem by understanding personal strengths.
- d. Understand how interests and abilities affect career choice.

Develop self-management skills

- a. Manage emotions.
- b. Demonstrate integrity and honesty.
- c. Develop skills and behavior that contribute to a strong work ethic.

Increase social awareness and management skills

- a. Interact effectively with others.
- b. Develop constructive relationships.
- c. Deal with interpersonal conflicts effectively.

Encourage student achievement

- a. Learn and apply study, homework and test-taking skills.
- b. Set goals for achievement.
- c. Understand the relationship between education and career choice.

Counselors support personal, social, academic and career development in students through developmentally appropriate classroom guidance lessons. Additional counseling services may also be provided to students individually and in small groups.