

## Four components in the systematic delivery of the counseling program

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- 1. Student Planning: The student planning component provides all students an opportunity to work closely with their parents to plan, monitor and understand their growth and development and take action on their next steps personally, educationally, and occupationally. (5-10%)**
  - Coordinating activities designed to help students establish goals and develop future plans.
  - Assisting students to plan, monitor and manage their own learning.
  - Assisting students in the areas of academic, social/personal and career development.
- 2. Responsive Services: A responsive service component responds to the direct, immediate concerns of students and includes individual and group counseling, crisis counseling, referrals or consultations with parents, teachers, or other specialists. (30-40%)**
  - Crises Intervention
  - Individual Counseling
  - Conflict Mediation
  - Referral
  - Small Group Counseling
  - Consultation with Parents and Staff
- 3. School Counseling Curriculum: The curriculum component provides a method by which every student receives school guidance curriculum content in a systematic way. (35-45%)**
  - Lessons designed to help ALL students with the knowledge and skills appropriate for their developmental level
  - Lessons delivered alone or with other professional educators in K-6 classrooms and group activities.
- 4. System Support: The system support component enables the school counseling process to be effective through: leadership and advocacy, consultation, collaboration and teaming, program management and professional development. This component also provides appropriate support to other programs in the school. (5-15%)**
  - Consultation, Collaboration and Teaming
  - Professional Development
  - Community Outreach and Relations