

Curriculum – Grade 8 Family and Consumer Sciences

Family Consumer Science- Grade 8		
	Sewing	Foods
What your child will learn	<ul style="list-style-type: none"> • Review Parts of Sewing Machine • Review Equipment • Thread Machine • Sample Stitch on Fabric • Sew Back Pack 	<ul style="list-style-type: none"> • Identify the dietary problems that fat and cholesterol present • Distinguish between normal and disordered eating. • Identify the cause, effect and prevention of bacterial contamination. • Evaluate the influence of fast food
What your child will do	<ul style="list-style-type: none"> • Sew Sample Stitch on Fabric • Sew Back Pack 	<ul style="list-style-type: none"> • Analyze student eating habits using choosemyplate.gov • Prepare various recipes that stress the nutrition topics from above
What you'll see (products)	<ul style="list-style-type: none"> • Sample Stitch on Fabric • Back Pack 	<ul style="list-style-type: none"> • Recipes that can be made at home. • Pretzels may be brought home
How you can help	<ul style="list-style-type: none"> • Encourage Child • Monitor grades on HAC • Call with Questions. 	<ul style="list-style-type: none"> • Discuss recipes and encourage them to help out in the kitchen. • Monitor grades on HAC