

DPS 2018
MIHS

Salad bar offered
Monday, Tuesday and Thursday

Soup and Sandwich offered
Wednesday

Monday

8-Jan
Pizza
Walking Taco
Corn
Fresh Pico, Black Bean Salad
Fresh Fruit

15-Jan

No School

22-Jan

Quesadilla/Rice
Loaded Chili Baked Potato
Steamed Broccoli/Pico
Leafy Green Salad
Fresh Fruit

29-Jan

Pizza
Walking Taco
Corn
Fresh Pico, Black Bean Salad
Fresh Fruit

Tuesday

9-Jan
Thai Sweet Chili Chicken
Teriyaki Beef
Yakisoba Noodles
Broccoli
Fresh Fruit

16-Jan

Chicken Tenders w/Roll
Meat Loaf w/Roll
Mashed Potatoes
Pinto Beans
Fresh Fruits

23-Jan

Lasagna w/Garlic Toast
Cheese Bites w/Marinara
Green Beans
Leafy Green Salad
Fresh Fruit

30-Jan

Thai Sweet Chili Chicken
Teriyaki Beef
Chow-Mein Noodles
Broccoli
Fresh Fruit

Wednesday 1/3
Cheeseburger
Hot Dogs
Slaw/French Fries
Baked Beans
Fresh Fruit

10-Jan

Country Fried Steak & Gravy
Oven Baked Chicken
Mashed or Sweet Potatoes
Green Beans, Biscuit
Fresh Fruit

17-Jan

Cheeseburger
Hot Dogs
Slaw/French Fries
Baked Beans
Fresh Fruit

24-Jan

Cheeseburger
Pork Carnitas/Pico
Lettuce/Tomato/Onion/Pickle
Pinto Beans
Fresh Fruit

31-Jan

Country Fried Steak & Gravy
Oven Baked Chicken
Mashed or Sweet Potatoes
Green Beans, Biscuit
Fresh Fruit

Thursday 1/4
Walking Taco
BBQ Nachos
Refried Beans
Fresh Pico, Lettuce
Fresh Fruit

11-Jan

Cheese Nachos
Cheeseburger
Pinto Beans/Rice
Shredded Lettuce
Fresh Pico
Fresh Fruit

18-Jan

Walking Taco
BBQ Nachos
Refried Beans
Fresh Pico, Lettuce
Fresh Fruit

25-Jan

Pizza
Sweet & sour Chicken w/Rice
Corn, Egg Roll
Leafy Green Salad
Fresh Fruit

1-Feb

Cheese Nachos
Cheeseburger
Pinto Beans/Rice
Shredded Lettuce
Fresh Pico
Fresh Fruit

Friday 1/5

Chicken Sandwich
Pizza
Corn
Lettuce/Tomato/Onion/Pickle
Carrot RaisinSalad
Fresh Fruit

12-Jan

Chicken Sandwich
B.B.Q Sandwich
Lettuce/Tomato/Onion/Pickle
Sweet Potato Fries,Slaw
Fresh Fruit

19-Jan

Chicken Sandwich
Pizza
Corn
Lettuce/Tomato/Onion/Pickle
Carrot RaisinSalad
Fresh Fruit

26-Jan

Chicken Sandwich
Philly Beef Sub
Lettuce/Tomato/Onion/Pickle
Sweet Potato Fries
Fresh Fruit

2-Feb

Chicken Sandwich
B.B.Q Sandwich
Lettuce/Tomato/Onion/Pickle
Sweet Potato Fries,Slaw
Fresh Fruit

*In the operation of child feeding programs no child will be discriminated against because of race, color, national origin, age, sex, or handicap.
If you believe you have been discriminated against, write immediately to School and Community Nutrition, 1654 Twin Towers East, Atlanta GA.30334*