



GILMAN

GILMAN SCHOOL
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ATHLETIC TRAINING GUIDELINES

The following guidelines pertain to all Gilman interscholastic and intramural athletes, and represent a **minimum** of what is expected.

The guidelines:

1. Athletes are to abstain from the use and abuse of alcohol, tobacco products, and any illegal drug.
2. Gilman athletes represent their teams and the School at all times and are to conduct themselves accordingly.

All coaches at every level of competition will make all athletes fully aware of these guidelines. Coaches have the right to discipline their players for infractions of these guidelines and / or additional policies. Such discipline may include suspension or expulsion from the team. The Athletic Administration will be consulted to ensure consistency throughout the athletic program.

It will be necessary for all Gilman athletes and their parents or guardians to sign and return the signature slip to the Athletic Department immediately. Athletes may be precluded from participation until the signed slip is returned.

Sign, detach and return to the Athletic Department

As a Gilman athlete, I fully understand these guidelines and the School's right to enforce them.

Signed _____
(date)

As the parent / guardian of the above, I fully understand these guidelines, and the School's right to enforce them. Furthermore, I will not make any of the above substances available for my son's use.

Signed _____
(date)