



EXECUTIVE FUNCTION OCCUPATIONAL THERAPY VS. TUTORING SERVICES

Executive Function Occupational Therapy	Tutoring Services
<ul style="list-style-type: none"> • Work with student to identify strengths and weakness <u>related to EF skills</u> 	<ul style="list-style-type: none"> • Work with student to identify strengths and weakness <u>related to a specific class or content area</u>
<ul style="list-style-type: none"> • Educate students on how to <u>ACCESS</u> the curriculum 	<ul style="list-style-type: none"> • Educate students <u>ON</u> the curriculum
<ul style="list-style-type: none"> • Teach strategies that can be <u>generalized</u> and applied across classes <ul style="list-style-type: none"> ◦ EF OT teaches test-taking tips, direction-following techniques, organization, self-advocacy, time management, study skills, attention strategies, ETC... ◦ <i>support for student can be applied to all subjects</i> 	<ul style="list-style-type: none"> • Teach <u>content specific</u> strategies for one area of need <ul style="list-style-type: none"> ◦ math tutor teaches how to do math/strategies for math ◦ <i>support student with 1 subject</i>
<ul style="list-style-type: none"> • <u>EF demands</u> lead the session (ie: how can we address a specific skill?) 	<ul style="list-style-type: none"> • <u>HW demands</u> lead the session (ie: what assignment is due for the class)
<ul style="list-style-type: none"> • Needs are identified through use of <u>standardized</u> approach (ie: BRIEF) 	<ul style="list-style-type: none"> • Needs are identified through <u>non-standardized</u> approach (ie: student performance and/or parent/teacher concern)
<ul style="list-style-type: none"> • EF OT teaches strategies to develop and improve skills as a <u>long term</u> solution 	<ul style="list-style-type: none"> • Tutoring is often most effective as a <u>short term</u> solution