

DPS 2017-18
Dalton Middle School

Week A OCT. 2-6

Monday

PIZZA
Marinara sauce
Leafy Green Salad
Fresh Carrots
Fresh Fruit

Monday

Chicken Sandwich
BBQ Sandwich
Baked Beans
Coleslaw
Fresh Fruit

Monday

Country Fried Steak
Mashed potatoes
Sesaoned Green Beans
Biscuits
Fresh Fruit

Monday

Chicken Fajitas Nachos
Black Bean Salad
Fresh Pico
Shredded Lettuce/salsa Verde
fresh Fruit

Monday

Chicken Sandwich
OR
Sandwich
Yougrt Box
Fresh Fruit

Tuesday

PIZZA
Marinara sauce
Leafy Green Salad
Broccoli Salad
Fresh Fruit

Tuesday

Chicken Sandwich
Cheesebuger
Veggie Fries
Lettuce/Romato/Pickle
Fresh Fruit

Tuesday

Spaghetti
W/ Cole Garalic Toast
Steamed Broccoli
Green leafy Salad
Fresh Fruit

Tuesday

Chili Cheese Fries
Fresh Pico
Sour Cream
mexicorn
Fresh Fruit

Tuesday

Chicken Sandwich
OR
Sandwich
Yougrt Box
Fresh Fruit

Wednesday

PIZZA
Leafy Green Salad
Jalapenos
Marinara Sauce
Fresh Fruit

Wednesday

Chicken Sandwich
Turkey Or Ham SUB
Shredded Lettuce/Tomato
Banana Peppers
Fresh Fruit

Wednesday

Sloppy Joe
Sun Chips
Baked Beans
Salad
Fresh Fruit

Wednesday

Queso & Pork Carnitas Nachos
Fresh Pico
Shredded Lettuce/Tomato
Fresh Pico
Fresh Fruit

Wednesday

Chicken Sandwich
OR
Pizza
Yogurt Box
Fresh Fruit

Thursday

PIZZA
Leafy Green Salad
Jalapenos
Fresh Fruit

Thursday

Chicken Sandwich
Philly Beef Sub
Sauteed Onions & peppers
Sun Chips
Fresh Fruit

Thursday

Mozarella Cheese Sticks
Marinara Sauce
Steamed Broccoli
Lima Beans
Fresh Fruit

Thursday

Crunchy Taco
Fresh Pico
Shredded Cheese/Lettuce
Corn
Fresh Fruit

Thursday

Chicken Sandwich
OR
Pizza
Yogurt
Fresh Pizza

Friday

FALL BREAK

Friday

Friday

Friday

Friday

Week B OCT.10-13

Monday

FALL BREAK

Monday

Monday

Monday

Monday

Tuesday
Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Corn
Fresh Fruit

Tuesday
Chicken Sandwich
Cheeseburger
Veggie Fries
Carrot Sticks
Fresh Fruit

Tuesday
Sweet-N-Sour Chicken
Egg Roll
Fried Rice
Oriental Vegetables
Fresh Fruit

Tuesday
Chili Cheese Fries
Sour Cream
Pico de Gallo
Shredded Lettuce
Fresh Fruit

Tuesday
Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

Wednesday
Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Broccoli Salad
Fresh Fruit

Wednesday
Chicken Sandwich
Turkey or Ham W/Cheese
Lettuce/Tomato/Pickles
Sweet PotFries
Fresh Fruit

Wednesday
Loaded Baked Potato
W/Chili
Shredded Cheese
Lima Beans
Fresh Fruit

Wednesday
Queso & Pork Carnita Nachos
Rice
Fresh Pico/Salsa Verde
Shredded Lettuce
Fresh Fruit

Wednesday
Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

Thursday
Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Black Bean Salad
Fresh Fruit

Thursday
Chicken Sandwich
Philly Beef Sub
Sauteed onions & Peppers
Sweet Potato Fries
Fresh Fruit

Thursday
Turkey Pot Pie
Broccolie Casserole
Glazes Carrots
Fresh Fruit

Thursday
Crunch Tacos W/Beef
Pico de Gallo/Salsa Verde
Shredded Cheese/Lettuce
Parmessan Corn
Fresh Fruit

Thursday
Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

Friday
Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Veggie Fries
Fresh Fruit

Friday
ChickenTenders w/Sauces
Hot Dog W/Chips
Mashed Potatoes
Garlic Toast
Fresh Fruit

Friday
ChickenTenders w/Sauces
Shrimp Hushpuppies
Mashed Potatoes
Garlic Toast
Fresh Fruit

Friday
Beef & Cheese Nachos
Pinto Beans
Shredded Lettuce
Fresh Pico/Salsa Verde
Fresh Fuit

Friday
Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

Week C Oct 16-20

Monday
Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Celery/Carrot Sticks
Fresh Fruit

Monday
Chicken Sandwich
BBQ Sandwich
Baked Beans
Cole Slaw
Fresh Fruit

Monday
Boneless Buffalo Chicken
Garlic Toast
Sweet Potato
Leafy Green Salad
Fresh Fruit

Monday
Chicken Fajita Nachos
Black Beans
Fresh Pico/Salsa Verde
Shredded Lettuce
Fresh Fruits

Monday
Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

Tuesday
Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Corn
Fresh Fruit

Tuesday
Chicken Sandwich
Cheesebuger
VeggieFries
Lettuce/Tomato/Pickle
Fresh Fruit

Tuesday
Lasagna W/
Garlic Toast
Steamed Broccoli
Green Leafy Salad
Fresh Fruit

Tuesday
Chili Cheese Fries
Fresh pico
Sour cream
Mexicorn
Fresh Fruit

Tuesday
Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

Wednesday
Pizza or Calzone
Marinara Sauce

Wednesday
Chicken Sandwich
Turkey Or Ham Sub W/Cheese

Wednesday
Breakfast For Lunch:
Biscuits

Wednesday
Queso& Pork Carnitas Nachos
Rice

Wednesday
Chicken Sandwich
Pizza

Leafy Green Salad
Steamed Broccoli
Fresh Fruit

Lettuce/Tomato/Pickles
Veggie Fries
Fresh Fruit

Colby Cheese Omelet
Steak/ChickenOrSausage patty
Leafy Green salad

Fresh Pico
Shredded Lettuce
Fresh Fruit

Or
Yogurt Box
Fresh Fruit

Thursday

Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Roasted Garbanzo Beans
Fresh Fruit

Thursday

Chicken Sandwich
Philly Beef Sub
Sauteedbonios & Peppers
Green Beans
Fresh Fruit

Thursday

BBQ Plate W/ Chips
Cole Slw
Garlic Toast
Baked Beans
Fresh Fruit

Thursday

Crunchy Tacos W/Beef
Fresh Pico
Shredded Cheese/Lettuce
Corn
Fresh Fruit

Thursday

Chicken Sandwich
Pizza
Or
yogurt Box
Fresh Fruit

Friday

Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Veggie Fries
Fresh Fruit

Friday

Chicken Tenders
Garlic Toast
Breaded Squash
Hot Dog W/Chips
Fresh Fruit

Friday

Chicken Tenders
Garlic Toast
Breaded Squash
Shrimp W/Hushpuppy
Fresh Fruit

Friday

Beef & Cheese Nachos
Shredded Lettuce/Cheese
Fresh Pico?salsa Verde
Pinto Beans
Fresh Fruit

Friday

Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

Week A OCT. 23-27

Monday

Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Corn
Fresh Fruit

Monday

Chicken Sandwich
BBQ Sandwich
Veggie Fries
Coleslaw
Fresh Fruit

Monday

Country Fried Steak W/Gravy
Mashed Potatoes
Green Beans
Leafy Green Salad
Fresh Fruit

Monday

Fajita Nachos
Black Beans
Fresh Pico/salsa Verde
Shredded Lettuce/Tomato
Fresh Fruit

Monday

Chicken Sandwich
pizza
Or
Yogurt Box
Fresh Fruit

Tuesday

Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Celery/ Carrot Sticks
Fresh Fruit

Tuesday

Chicken Sandwich
Cheesesburger
Lettuce,Tomato,Onion
Veggie Fries
Fresh Fruit

Tuesday

Spaghetti
W/ Garlic Toast
steamed Broccoli
Green Leafy Salad
Fresh Fruit

Tuesday

Chili Cheese Fries
Fresh pico
Shredded Cheese
Mexicorn
Fresh Fruit

Tuesday

Chicken Sandwich
Pizza
Or
Yoqurt Box
Fresh Fruit

Wednesday

Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Broccoli Salad
Fresh Fruit

Wednesday

Chicken Sandwich
Turkey or Ham Sub
Lettuce,Tomato
Sweet Potato Fries
Fresh Fruit

Wednesday

Meatball Sub
Sweet Potato Fries
Shredded Mozzarella
Dk Lfy Grn Salad
Fresh Fruit

Wednesday

Queso & Pork Carnitas nachos
Spanish Rice
Fresh Pico/ Guacamole
Shredded Lettuce
Fresh Fruits

Wednesday

Chicken Sandwich
Pizza
Or
Yoqurt Box
Fresh Fruit

Thursday

Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Black Bean Salad
Fresh Fruit

Thursday

Chicken Sandwich
Philly Beef Sub
Sauteed Onions & Peppers
Chips
Fresh Fruit

Thursday

Mozarella Cheese Sticks
W/ Marinara Sauce
Lima Beans
Leafy Green Salad
Fresh Fruit

Thursday

Crunchy Tacos W/Beef
Fresh Pico
Shredded Cheese
Shredded Lettuce
Corn

Thursday

Chicken Sandwich
Pizza
Or
Yoqurt Box
Fresh Fruit

Fresh Fruit

Friday

Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Veggie Fries
Fresh Fruit

Friday

Chicken Tenders w/ sauces
Garlic Toast
French Fries
Hot Dog W/Chips
Fresh Fruit

Friday

Chicken Tenders w/ sauces
Garlic Toast
French Fries
Shrimp W/ Hushpuppies
Fresh Fruit

Friday

Beef & Cheese Nachos
Shredded Lettuce/Cheese
Fresh Pico
Corn
Fresh Fruit

Friday

Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

Week B Oct 30-31

Monday

Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Veggie Fries
Fresh Fruit

Monday

Chicken Sandwich
BBQ Sandwich
Baked Beans
Coleslaw
Fresh Fruit

Monday

Grilled Cheese W/ Chili
Chips
Leafy Green Slad
Fresh Fruit

Monday

Chicken Fajita Nachos
Black Beans
Fresh pico
Shredded Lettuce/Cheese
Fruit

Monday

Chicken Sandwich
Pizza
Or
Yogurt Box
Fruit

Tuesday

Pizza Or Calzone
Marinara sauce
Leafy Green Salad
Veggie Fries
Fresh Fruit

Tuesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Pickle
Veggie Fries
Fresh Fruit

Tuesday

Sweet Sour Chicken
Rice
Egg Rolls
Oriental Vegetables
Fresh Fruit

Tuesday

Chili Cheese Fries
Fresh Pico
Sour cream
Mexicorn
Fresh Fruit

Tuesday

Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit