

Oct. 23-27

Week A Oct 2-5

Monday

Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Celery/Carrot Sticks
Fresh Fruit

Tuesday

Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Corn
Fresh Fruit

Wednesday

Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Steamed Broccoli
Fresh Fruit

Thursday

Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Roasted Garbanzo Beans
Fresh Fruit

Friday

Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Veggie Fries
Fresh Fruit

**DPS Menus 2017
Dalton High School**

Monday

Spaghetti
Garlic Toast
Corn
Leafy Green Salad
Fresh Fruit

Tuesday

Asian Chicken
Rice
Egg Roll
Oriental Veggies
Fresh Fruit

Wednesday

Lasagna
Garlic Toast
Leafy Green Salad
Roasted Garbanzo Beans
Fresh Fruit

Thursday

Philly Beef Sub
Sautéed Peppers/Onions
Potato Fries
Steamed Broccoli
Fresh Fruit

Friday

Chicken Tenders
Garlic Toast
Rosemary Diced Potatoes
Black Eyed Peas
Fresh Fruit

Monday

Spaghetti
Garlic Toast
Corn
Leafy Green Salad
Fresh Fruit

Tuesday

Chicken Nuggets
Garlic Toast
Baked Sweet Potato
Steamed Broccoli
Fresh Fruit

Wednesday

Chicken Patty w/Gravy
Garlic Toast
Green Beans
Zucchini/Squash Medley
Fresh Fruit

Thursday

Meatloaf
Cornbread
Mashed Potatoes
Pinto Beans
Fresh Fruit

Friday

Chicken Tenders
Garlic Toast
Rosemary Diced Potatoes
Green Peas
Fresh Fruit

Monday

Steak Nachos
Sautéed Peppers/Onion
Salsa
Corn
Fresh Fruits

Tuesday

Pork Carnitas
Brown Rice
Lime,Cilantro,Onion
Black Bean Salad
Fresh Fruit

Wednesday

Chicken Fajita Nachos
Sautéed Peppers/Onions
Brown Rice
Fresh Pico
Fresh Fruit

Thursday

Street Tacos
Lime,Cilantro,Onion
Fresh Pico
Refried Beans
Fresh Fruit

Friday

Beef Nachos
Shredded Lettuce/Cheese
Fresh Pico
Pinto Beans
Fresh Fruit

Monday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Potato Fries
Fresh Fruit

Tuesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Potato Fries
Fresh Fruit

Wednesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Potato Fries
Fresh Fruit

Thursday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Potato Fries
Fresh Fruit

Friday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Potato Fries
Fresh Fruit

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If you believe you have been discriminated against, write immediately to School and Community Nutrition, 1654 Twin Towers East, Atlanta GA.30334*

Oct. 30-31
Week B Oct 10-13

DPS 2017
Dalton High School

Monday
Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Corn
Fresh Fruit

Tuesday
Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Celery/ Carrot Sticks
Fresh Fruit

Wednesday
Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Broccoli Salad
Fresh Fruit

Thursday
Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Black Bean Salad
Fresh Fruit

Friday
Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Veggie Fries
Fresh Fruit

Monday
Boneless Hot Wings
Celery and Carrot Sticks
Steamed Broccoli
Garlic Toast
Fresh Fruit

Tuesday
Hot Ham and Cheese Sub
Chips
Lettuce,Tomato,Onion
Glazed Carrots
Fresh Fruit

Wednesday
BBQ Sandwich
Potato Fries
Baked Beans
Slaw
Pasta Salad
Fresh Fruit

Thursday
Hawaiin Chicken
Egg Roll
Vegetable Blend
Egg Roll
Fresh Fruit

Friday
Chicken Tenders w/ sauces
Garlic Toast
Steamed Broccoli
Carrot Raisin Salad
Fresh Fruit

Monday
Sloppy Joe
Potato Fries
Slaw
Baked Beans
Fresh Fruit

Tuesday
Hamburger Steak w/Gravy
Biscuit
Creamed Potatoes
Steamed Squash/Zuchinni
Fresh Fruit

Wednesday
Shrimp w/ Hushpuppy
Corn on the Cob
Green Beans
Slaw
Fresh Fruit

Thursday
Cheesesticks
Marinara Sauce
Corn
Cucumber Salad
Fresh Fruit

Friday
Chicken Tenders w/ sauces
Garlic Toast
Steamed Broccoli
Carrot Raisin Salad
Fresh Fruit

Monday
Boneless Hot Wings
Celery and Carrot Sticks
Steamed Broccoli
Garlic Toast
Fresh Fruit

Tuesday
Crunchy Beef Taco
Lime/Cilantro/Onion
Salsa/ Shredded Lettuce
Black Beans
Fresh Fruit

Wednesday
Cheese Nachos
Pinto Beans
Fresh Pico/ Guacamole
Shredded Lettuce
Fresh Fruits

Thursday
Chili Fries
Garlic Toast/ Crackers
Shredded Cheddar
Fresh Pico
Glazed Carrots
Fresh Fruit

Friday
Beef Nachos
Shredded Lettuce/Cheese
Fresh Pico
Corn
Fresh Fruit

Monday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Corn
Fresh Fruit

Tuesday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Steamed Broccoli
Fresh Fruit

Wednesday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Baked Beans
Fresh Fruit

Thursday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Sweet Potato Fries
Fresh Fruit

Friday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Potato Fries
Fresh Fruit

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Week C Oct 16-20

**DPS 2017
Dalton High School**

Monday
Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Celery/Carrot Sticks
Fresh Fruit

Tuesday
Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Corn
Fresh Fruit

Wednesday
Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Broccoli Salad
Fresh Fruit

Thursday
Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Black Bean Salad
Fresh Fruit

Friday
Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Veggie Fries
Fresh Fruit

Monday
Quesadilla
Spanish Rice
Black Bean Salad
Pico de Gallo
Corn
Fresh Fruit

Tuesday
Chicken Lo Mein
Oriental Vegetables
Egg Rolls
Carrot Sticks
Fresh Fruit

Wednesday
Country Fried Steak w/
Biscuits & Gravy
Mashed Potato
Green Beans
Fresh Fruit

Thursday
Cheeseburger
Lettuce, Tomato, Onion
Pickle
Sweet Potato Fries
Apple Crisp
Fresh Fruit

Friday
Chicken Tenders w/Sauces
Cornbread
Pinto Beans
Breaded Squash
Fresh Fruit

Monday
Loaded Chili/BBQ Stuffed
Potato
Garlic Toast
Slaw/Pico de Gallo
Squash Casserole
Fresh Fruit

Tuesday
Chicken Casserole
Garlic Toast
Glazed Carrots
Green Peas
Fresh Fruit

Wednesday
Country Fried Steak w/
Biscuits & Gravy
Mashed Potato
Green Beans
Fresh Fruit

Thursday
Hot Dog
Baked Beans
Slaw
Sweet Potato Fries
Apple Crisp
Fresh Fruit

Friday
Chicken Tenders w/Sauces
Cornbread
Pinto Beans
Breaded Squash
Fresh Fruit

Monday
Quesadilla
Spanish Rice
Black Bean Salad
Pico de Gallo
Corn
Fresh Fruit

Tuesday
Cheese Nachos
Pinto Beans
Pico de Gallo
Shredded Lettuce
Fresh Fruit

Wednesday
Chicken Fajita Nachos
Rice
Sauteed Peppers/Onions
Salsa
Fresh Fruit

Thursday
BBQ Nachos
Pico de Gallo
Slaw
Corn
Fresh Fruit

Friday
Beef Nachos
Refried Beans
Shredded Lettuce
Salsa
Fresh Fruit

Monday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Baked Beans
Slaw
Fresh Fruit

Tuesday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Sweet Potato Fries
Fresh Fruit

Wednesday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Potato Fries
Fresh Fruit

Thursday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Steamed Broccoli
Fresh Fruit

Friday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Potato Fries
Fresh Fruit

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