



Medication Procedures

Medication may be administered at school with:

1. A parent or guardian's written request that there is a need for medication during the school day and the parent provides the medication. Any medication requested to be given more than 10 consecutive days will require a physician's signature. This includes both prescription and over-the-counter medications.
2. **No medication will be provided by the school.**
3. Medication must be kept in the school clinic and administered by the school nurse or school employee. **Please note: It is preferable that parents give medications at home whenever possible with first dose of medication given by parent or guardian to be able to monitor for adverse reactions.**
4. Over-the-counter medication must be in the original bottle or box with the label intact and not expired. Dispensing directions regarding age, dose and frequency will be strictly adhered to. Request to alter the standard dosage or frequency on over-the-counter medication must be accompanied by a physician's written note and signature.
5. Prescription medication must be in the original container and not expired. It must be properly labeled in a prescription bottle/box with the student's name, medication name, and directions for dispensing the medication. Only medications prescribed by a physician licensed to practice in Texas will be accepted. **A physician's signature is required for any dosage or medication change on prescription medication.**
6. Short-term prescription medication can be administered for up to **10** consecutive days without a physician's signature. The prescription label can be no more than 7 days old upon receipt by the school clinic. A written request/signature from a physician must be obtained if the medication needs to be administered for more than 10 consecutive days.
7. Any medications that are **considered controlled substances** under the **Controlled Substances Act (CSA)** will be counted by the school nurse upon arrival at school and documented as to the number of pills received. Medications prescribed or requested to be given three times a day or less will not be given at school unless a specific time of administration during school hours is prescribed by a physician.
8. A student may be allowed to self-administer prescribed inhaled asthma medication, Epi-pen, or diabetes treatment **ONLY** if the following conditions have been complied with:
 - Written permission from the physician allowing the student to self-medicate or treat.
 - The nurse has counseled the parent and the student on the school's inability to monitor the student's health condition during the school day while self-medicating or treating.
 - The student complies with all campus safety policies.
 - All prescription self-administered medication must comply with proper labeling instructions and not expired.
9. No district employee will administer herbal substances, essential oils, anabolic steroids or dietary supplements except as provided in PflISD Policy FFAC (local). Herbal substances or dietary supplements may be administered as prescribed by a physician if it is required by the IEP or Section 504 plan of a student with a disability. Medication must be provided by a student's parent or guardian. Reliable information must be given by the physician regarding the safe use of the product including side effects, toxicity, drug interactions and adverse effects.

In accordance with the Nurse Practice Act; Texas Administrative Code, Section 217.11, the Registered Nurse and the Licensed Vocational Nurse have the responsibility and authority to refuse to administer medications that, in the nurse's judgment, are contra-indicated for administration to the student.