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# DiscNW Free Youth Clinic



## PLAY ULTIMATE FRISBEE

Elementary and Middle school age players are welcome at this FREE one-day clinic. Coached by local area coaches. Come for a day of learning, making new connections, and having fun playing Ultimate. Players will work on individual skills while also getting plenty of game speed experience.

FEBRUARY 8, 2020  
9 AM - 12 PM  
HIDDEN VALLEY FIELD #1,  
BELLEVUE WA

[www.DiscNW.org](http://www.DiscNW.org)