



These activities are not sponsored nor endorsed by the Northshore School District or any of its schools. The district assumes no responsibility for the conduct during or the safety of the activities. Northshore School District shall be held harmless from any cause of action, claim, or petition filed in any court or administrative tribunal arising out of the distribution of these materials including attorney's fees and judgment or awards.

CARNATION FARMS

SUMMER CAMPS

We empower kids to make better food choices for life-long good health through hands-on farm and cooking experiences. Join us for three unique camp experiences in 2019.

Visit www.carnationfarms.org/events-calendar to learn more and register today!



FARM CAMP

BECOME A FARMER FOR A WEEK!

- + Farm campers will spend most of their time on the education part of our farm, interacting with our Camp Counselors and Agricultural Education teams.
- + Campers will have hands on afternoon cooking sessions with one of our professional chefs. They will use our outdoor kitchen space to learn how to use food that they harvest to make tasty and healthy treats.
- + One afternoon of each camp week is reserved for campers to experience our outdoor pool and our zipline! This camp afternoon promises to be a highlight of each camp week!
- + Friday afternoon is reserved for a show back for parents/guests. The campers will present a Farmers Market for their guests and share their newfound love of farm and food.



FARM TO TABLE CAMP

BECOME A FARM TO TABLE CHEF FOR A WEEK!

- + Farm to Table Chef campers will spend most of their time in one of our commercial kitchens learning from experienced chef educators.
- + Campers will learn essential nutrition and cooking skills while preparing meals that they eat.
- + Curriculum includes: Kitchen Safety, Essential Cooking Skills, Breakfast, Lunch, Snack, and Dinner Lessons Pacific NW and Global Cuisine lessons
- + Campers will also spend a part of most afternoons in our educational garden with our Farm educators. During this period they will learn about sustainable food sources while harvesting some of the food to be used in the following day's class.
- + One afternoon of each camp week is reserved for campers to experience our outdoor pool and our zipline! This camp afternoon promises to be a highlight of each camp week!
- + Friday afternoon is reserved for a show back for parents/guests. The campers will present a Farm to Table meal for their guests and share their newfound love of farm and food.



BAKING CAMP

BECOME A BAKER FOR A WEEK!

- + Baking campers will spend most of their time in one of our commercial kitchens learning from experienced chef educators.
- + Campers will learn essential nutrition and baking skills while preparing meals that they eat.
- + Curriculum includes: Kitchen Safety, Essential Baking Skills, Breads, Baked Goods, Pastries, and Desserts, American and Global Baking Lessons
- + Campers will also spend a part of most afternoons in our educational garden with our Farm educators. During this period they will learn about sustainable food sources while harvesting some of the food to be used in the following day's class.
- + One afternoon of each camp week is reserved for campers to experience our outdoor pool and our zipline! This camp afternoon promises to be a highlight of each camp week!
- + Friday afternoon is reserved for a show back for parents/guests. The campers will present a Farm to Table Bakery for their guests and share their newfound love of farm and baking.