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TEEN PROGRAMS

Spring Programs & Service Projects

April-May

COMMUNITY EVENTS

ASK A...MENTAL HEALTH PROFESSIONAL Grades 8th-12th (parents also invited)

Join us for a **FREE** night of information and mental health awareness as a mental health professional will answer your questions and share community resources. Hosted by Northshore's Teen Leadership Board.

Wednesday, April 24th
@ The Hanger (Otter Room)
Discussion starts at 6pm-7pm

Submit your anonymous question here:
bit.ly/NS4-24-19

SERVICE PROJECTS

UW Rotary Club: Cleaning the Interurban Trail Grades 8-12

To reserve your spot on the Y bus, please email:
astanley@seattleyymca.org
Limited spots remain!

Saturday, April 13th; 10am-2:30pm
COST: **FREE**
Service Hours: 3hrs

Quest Trip: Pike Place Service Project Grades 7-11

Tuesday, April 9th (Spring Break) 9:00am-3pm
(with 1.5 hour of Pike Place exploration)

COST: \$20
Service Hours: 4hrs
Register:

For more information contact Andrea Stanley:
astanley@seattleyymca.org
425 318 8013.

ACTIVITIES: Trips & Clubs

Quest: Spring Break Day Trips Grades 7-11.

April 8th-Rock Climbing
April 9th-Service Project & Exploring Pike Place
April 10th-GameWorks
April 11th- Paintball
April 12th- Cooking Camp!

REGISTER NOW! bit.ly/yspring19 IMPROV CLUB Grades 7th-11th

Have a flair for comedy? Want to learn the art of improvising? Join us every Monday in May for an Improv Class taught by CsZ Improv @ the Northshore Y.

Mondays, April 29th, May: 6, 13, 20,
5pm-7pm
Register: bit.ly/ImprovNS1

STUDENT INTEREST GROUP: Current Events & Social Justice Grades 8th-12th

This Northshore Teen Leadership Board led initiative and a student interest club dedicated to discussing current events and their impact on our community. Student-run and **FREE** for all. Drop in structured, regular attendance not required.

Wednesdays, 5pm-6pm, May-June
@ the Northshore YMCA
COST: **FREE**

WRITING CLUB Grades 6th-8th

Put pen to paper, express yourself creatively, and improve your writing abilities, while making fellow writer friends with this introductory writing workshop.

Mondays., May 6, 13, 20. & June 3rd
4pm-5pm
COST: **FREE**
Register: bit.ly/TWriting2



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