Drug Testing for Students in Extracurricular Activities

1. Need for Random Testing.

The Board of Education is responsible for maintaining discipline, health and safety. The Board recognizes that student substance abuse presents a continuing challenge and a danger to the student population as a whole. The Board is committed to maintaining school sponsored activity programs in a safe, healthy and secure environment. The Board is further committed to being proactive in ensuring that students who participate in extracurricular activities represent the District in a positive manner.

1. Eligibility for Random Testing.

Students who participate in school sponsored competitive extracurricular activities at the high school (Grades 7-12) level are eligible for random testing. School sponsored competitive extracurricular activities are activities which are sponsored or approved by the Board, but are not offered for credit towards graduation, and which involve competition, comparison, or judging of the individuals or groups with other individuals or groups as part of selection or participation. Applicable school sponsored competitive extracurricular activities include, but are not limited to, athletic programs, spirit squad (cheer and dance), student council, National Honor Society, academic teams that do not include performances required to receive credit in a course, and one-act.

A completed Consent to Test Form must be submitted prior to participating in school-sponsored extracurricular activities. The form must be signed by the student and the student’s parent or guardian.

Failure to submit a completed Consent to Test Form will result in ineligibility for participation in school sponsored competitive extracurricular activities until the form is submitted.

Students remain eligible for testing from the date the Consent to Test Form is turned in until a Drop Form is completed, or until the student graduates or is otherwise no longer enrolled in the District. A student for whom a Drop Form has been submitted shall be ineligible for participation in school sponsored competitive extracurricular activities for twelve months from the date the Drop Form is submitted. Students have a fifteen (15) day grace period for reconsideration of a Drop Form.

Students who are not participants in a school sponsored competitive extracurricular activity may volunteer for participation in the testing program by submitting a completed Consent to Test Form.

1. Testing Procedure.
   1. Random Testing.

A confidential testing schedule will be created by the Superintendent or designee to ensure that the testing of eligible students is conducted in a manner that is random. To maintain confidentiality and to maintain the integrity of the randomness of this program, the students eligible for testing will be identified by a unique personal identifier that does not make the student known to persons other than the school officials who are directly involved in the testing program.

No less than twenty percent (20%) of the pool of eligible students will be tested each school year. The Superintendent shall have the authority to determine the percentage to test, subject to the minimum 20% level, dependent on the nature and extent of the prevailing problem with drug usage in the school community from time to time. Testing will take place throughout the school year.

* 1. Collection.

The testing collection process will be conducted in a manner that protects student privacy and guards against tampered specimens and ensuring an accurate chain of custody of the specimen. To the extent the testing involves the collection of urine, an adult monitor is to wait outside a closed restroom stall and listen for the normal sounds of urination.

The specific testing procedures and mechanisms are to be created by the Superintendent or designee. The tests are to be designed to detect the use of alcohol, tobacco, and illegal drugs identified in Policies 5103 and 5104, including but not limited to amphetamines, marijuana, cocaine, steroids, opiates, and barbiturates, not medical conditions or the presence of authorized prescription medications.

In the discretion of the Superintendent or designee, two specimens may be required to be collected, one of which is to be securely retained by the District. If collected, the second specimen will be available for testing in the event of an appeal.

1. Confidentiality.

All activities related to the testing policy will be carried out in accordance with the requirements of the Family Educational Rights and Privacy Act (FERPA), the Protection of Pupil Rights Amendment (PPRA), and any other applicable confidentiality laws.

Test results will be shared only with staff members that have a legitimate educational interest in having access to the information, on a “need to know” basis. Test results will not be turned over to any law enforcement authority in the absence of a court order, subpoena, or other legal process requiring such.

Test results will be kept in confidential files separate from the students’ other records. The test results will be destroyed when no longer needed for individual student situations or for the overall testing program.

1. Consequences for Positive Tests.

Any of the following shall be considered to be a positive test result:

* A confirmed positive alcohol or drug test;
* Refusal to participate in testing when selected, including the submission of a Drop Form upon being requested to be tested; and/or
* Tampering with the specimen collection process.

The following shall result from a positive test result:

* The student’s parents or guardians will be contacted and a meeting will be held to discuss the positive test result, with the objective of collaborating on a plan to assist the student in avoiding future substance abuse.
* The student’s privilege of participating in extracurricular activities will be restricted in the same manner and to the same extent as though the student had committed a violation of the drug and alcohol provisions of Policy 5103 Extracurricular Activity Grounds for Suspension. Provided, however, that a student shall not receive a reduction for self-reporting if the student had, prior to the self-report, been selected for a drug or alcohol test pursuant to this Policy.

The parents or guardians are responsible for the costs of the rehabilitation program, which includes the substance abuse counseling and follow-up testing described above.

Positive results will not lead to the imposition of any academic consequence or disciplinary action, other than the above-described limitations on the privilege to participate in extracurricular activities.

1. Appeal Procedures.

A student or the student’s parents or guardians may request a retest of his/her specimen, and/or an initial test of the second specimen retained at the same lab that completed the test of the original sample, if such exists, at their own expense. Requests must be made within twenty-four (24) hours of receiving the results of their drug test.

Results of the re-test, and/or initial test of the second specimen, will be provided to the Superintendent or designee by the approved laboratory. During the appeal period, the student may not participate in school sponsored competitive extracurricular activities.

In the event a student or the student’s parents or guardians wish to challenge a positive test result on a basis other than the veracity of the test result, an appeal may be made in accordance with the policy on extracurricular activity discipline.

Adopted: July 14, 2014

Reviewed: Apr. 13, 2015, Apr. 11, 2016, Apr. 10, 2017, Apr. 9, 2018

Revised: Dec. 10, 2018

Revised: June 10, 2019

Reviewed: August 10, 2020, May 10, 2021, May 9, 2022, May 8, 2023, May 13, 2024, May 12, 2025

**Consent to Test Form**

I understand fully that my performance as a student and the reputation of my school are dependent, in part, on my conduct as an individual. I hereby agree to accept and abide by the standards, rules and regulations set forth by the Board of Education of Plattsmouth Community Schools, the administration, and the coaches and sponsors for the activities in which I participate.

I consent to and authorize Plattsmouth Community Schools to conduct a drug and alcohol test if my number is drawn from the random pool. I also authorize the release of information concerning the results of such tests to designated District personnel.

I understand that this form remains in effect until the submission of an Activity Drop Form or graduation and/or withdrawal from the District.

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I plan to participate in one or more of the following school sponsored competitive extracurricular activities:

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\_\_\_\_\_\_\_\_\_\_ I am volunteering to be placed in the testing pool.

**Activity Drop Form**

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_wish to withdraw from

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I will submit this form to the Activities Director. My name will be withdrawn from the testing pool on the date this is received by the Activities Director.

Completing this form will pertain to all school sponsored competitive extracurricular competitive extracurricular activities. I understand, by withdrawing, I can no longer participate in any school sponsored competitive extracurricular activities, and I may not receive recognition as a member of these activities or athletic programs. I may re-enter the testing pool after a period of one (1) calendar year by filling out a new Consent to Test form.

I UNDERSTAND THAT I HAVE 15 DAYS TO RECONSIDER THE DECISION AND RE-ENTER THE POOL.

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| \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Student Name (print)  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Student Signature  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Date | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Parent or Guardian Name (print)  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Parent or Guardian Signature  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Date |

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Activities Director Date of Receipt