

APPROVED HEALTH AIDE ACTIVITIES

Activities of Daily Living (ADL’s)

Identification and descriptions of specific health related need(s) in the area(s) of Activities of Daily Living are included in the IEP Present Levels of Performance and student evaluations. Contact the students teacher/case manager for specific IEP information regarding ADL's and minutes.

 **Eating/Feeding (E):** Any assistance provided to help a student consume a meal or a snack. Food preparation, setting up food, spoon feeding, food choices, washing hands and face, cleaning up after oneself, trip to and from the cafeteria. **Does not include tube feeding.**

 **Grooming (G):** Combing/brushing hair, blowing nose, insertion and removal of contact lenses, or hearing aids, glasses care, keeping hands clean, and teaching how to brush teeth, etc.

 **Dressing (D):** Assistance with buttoning and using a zipper, belts, putting on or taking off a sweater or jacket, discussing appropriate clothing for weather, tying/Velcro shoes.

 **Use of Assistive Devices (A):** Communication devices (high and low tech) that may include setup/takedown, transporting the devices between locations, use of picture systems and use **to communicate personal wants and needs** (not the time using for academics). Other assistive devices would include standers, lifters, braces, pencil grips etc.

 **Mobility (M):** Accompanying a student (outside the classroom) to class, assisting, and accompanying between locations on campus, assisting with wheelchair or walker.

 **Toileting (T):** Any assistance provided to assist a student in the completion of their toileting routine.Queuing/use of a toileting schedule, use of toilet/sink, ensuring cleanliness following elimination, feminine hygiene, diapering, draining/emptying a bag, washing up after elimination, trip to and from the restroom. **Does not include catherization.**

 **Transfers (F):** Assisting with moving in and out of a chair/wheelchair, moving from a piece of equipment to another, may require use of equipment, e.g. Hoyer lift, sliding board, etc.

 **Positioning (P):** Turning a student from back to side, using a wedge to keep student on their side, using a bolster to relieve pressure points, elevating the leg rests on a wheelchair, putting a pillow behind the head of a student in a wheelchair, providing necessary care and comfort.

 \_\_ **Safety Monitoring (SM):** (inside and outside the classroom) assistance with students with behavioral health issues, such as flight risk or actions that harm themselves or others, and/or assistance with students that have serious and/or chronic physical medical needs, such as seizure monitoring and/or monitoring students using medical equipment such as a respirator. **Does not include medical treatment.**

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