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| C:\Users\mcfaddens\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\Q1I0CEQQ\MC900296308[1].wmfFEB.gif  **Take time in February to remember your loved ones**  **and how special they are to you**.  Here are fun and simple activities to do with the family. They will help you expose your child to appropriate vocabulary and concepts every day of the month. The activities require very little planning and can be easily completed in and around the home. Please take time to enjoy these fun activities with your child!  *For additional information, please visit the Speech Therapy web site at* [*www.brds.org*](http://www.brds.org) *under Elementary School-classrooms-Specialist Sadie McFadden, Speech Therapist* | | | | | | |
| FEBRUARY | | | | | | |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| Talk about the important dates in February (holidays, birthdays, etc.) | Read a book about groundhogs. | Find things in the house that feel furry. | Make pancakes and put fruit on top. Describe the fruit. | Recite a simple poem like *Humpty Dumpty* or *Little Jack Horner*. | Make pudding and talk about the thin milk and the thick pudding. | Fill the kitchen sink with water. Play in the water with a variety of containers. |
| Take giant steps down the hall or on the sidewalk. Count your steps. | Sort the knives, spoons, and forks in the kitchen silverware drawer. | Count while you make big and little circles with your arms. | Draw a big heart on paper. Color it red. | Talk about all the people you love. | Look for all the red things in a room. | Bake cookies and put cinnamon hearts on them. |
| Place your hand under running water. Talk about the splashes it makes and the water being warm, hot, or cold. | Make shapes, letters, and numbers with your fingers. | Fold and tear papers napkins into different shapes. | Make a picture with lots of lines and hang it on a bedroom door. | Take turns standing on a scale and talk about who is heavier and who is lighter. | Locate small and large chairs in the house. | Look for things in the house that have stripes. |
| Draw thick lines and thin lines on paper and hang the paper in the window so that the sun shines through it. | Cut an apple into quarters. Count all the seeds. | From a magazine cut out pictures of people in action (e.g., eating, running swimming, driving a car.) | Wear red clothes today. Talk about light and dark shades of red. | Put all the gloves and mittens in pairs. | Talk about what makes you laugh. | Practice whispering. Talk about when it’s appropriate to whisper. |
| Take the lamp shade off a lamp and turn on the light. Make shadows on the wall with your fingers. | Look at the moon. Talk about its shape, color, and size. | Jump around the living room. Count the number of jumps. | Put all the shoes, slippers, and boots in pairs. | Talk about what makes you feel happy. | Look at a photo of relatives. Talk about who they are and where they live. | Look back at this month’s calendar. Talk about the important things that happened. |