An observation about your notes: action verbs

As far as the “Action*”* section is concerned – you cannot make someone *feel guilty*. You cannot make someone feel anything. Only we have control over our feelings. You can, however, use tactics to help achieve your objective.

Below are some “action” verbs to aid you in your crafting. Look them over and see if any of them relate to your present work. (Hint: Yes, some of them will) .

**Sample actions**

adapt, advise, aid, amend, approve, bargain, bolster, coach, collaborate, comfort, connect, control, convince, counsel, critique, deceive, direct, dominate, educate, elicit, eliminate, empathize, encourage, enforce, enhance, enlighten, enlist, enrich, evaluate, extrapolate, fabricate, facilitate, familiarize, finalize, flirt, focus, fortify, foster, gauge, govern, greet, guide, help, humiliate, illustrate, implement, improvise, influence, initiate, inspire, intervene, introduce, intimidate,

judge, justify, learn, listen, manipulate, mediate, mentor, minimize, mobilize, moderate, monitor, navigate, negotiate, nurse, nurture, observe, obtain, orchestrate, organize, persuade, plan, prepare, prevent, promote, propose, provide, qualify, raise, reason, reconcile, recruit, rectify, reduce, refine, rehabilitate, reinforce, relate, release, render, renew, repair, replace, resolve, respond, restore, restrict, reveal, revitalize, save, screen, scrutinize, secure, seduce, serve, set goals, settle, share, simplify, solicit, stimulate, strengthen, strategize, submit, substantiate, support, surpass, survey, sustained, teach, tease, terminate, test, transform, tutor, uncover, unify, unveil, validate, value, verify, withdraw, uncover, unify.