MIDDLE COUNTRY CENTRAL SCHOOL DISTRICT

PARENT RESOURCE GUIDE

**HOTLINES**

Child Abuse Hotline (anonymous) …………………………………….… 1-800-342-3720

Dept. of Social Services Emergency (after 4pm)………………… 631 854-9100

Emergencies..........................................................................................................911

L.I. Council on Alcoholism & Drug Dependence & Suffolk County Hotline

[www.licadd.org](http://www.licadd.org) ……………………………………………….631 979-1700 & 516 747-2606

Long Island Crisis Center ………………………………………………………..…..516 679-1111

[www.longislandcrisiscenter.org](http://www.longislandcrisiscenter.org) - 24 hour crisis intervention, rape, self-injury, runaway & crisis intervention

National Council on Alcoholism & Drug Dependence, Inc.

[www.ncadd.org](http://www.ncadd.org) ………….……………………………………..1-800-NCA-CALL (622-2255)

National Suicide Prevention Lifeline

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org) ………………………….1-800-273-TALK(8255)

Poison Control……………………………………………………………………………1-800-222-1222

Response (24 hour crisis intervention)…………………………………….631 751-7500

[www.responsehotline.org](http://www.responsehotline.org)

Runaway Emergency Hotline………………………………1-800-Runaway (786-2929)

Suicide & Veterans Hotline……………….…………………………….…….1-800-273-8255

Victim’s Information Bureau (VIBS)………………………………..…….631 360-3606

Domestic Violence, Rape & Incest Crisis……………………………………www.vibs.org

**SERVICES**

Adelante Counseling Center Spanish speaking community……631 234-1049

Adult/Child Bereavement Program of…………………..…………………631 666-6863

Hospice Care Network [www.hospicecarenetwork.org](http://www.hospicecarenetwork.org)

Alternatives For Youth ……………………………………….……………………..631 439-0480

Al-Anon/Al-Ateen ……………………………………………………………………….631 669-2827

[www.al-anon-suffolk-ny.org](http://www.al-anon-suffolk-ny.org)

Alcoholics Anonymous…………………………………………………….…………… 631 669-1124

[www.suffolkny-aa.org](http://www.suffolkny-aa.org)

Association for Mental Health & Wellness…………………………… 631 226-3900

[www.mhasuffolk.org](http://www.mhasuffolk.org)

Bias Help, Inc.……………………………..………………………………………… 1-877-363-2427

[www.biashelp.org](http://www.biashelp.org)

Brookhaven Youth Bureau ……………………………………………………………631 451-8011

Sanctuary for Runaway & Homeless Youth

[www.brookhavenny.gov](http://www.brookhavenny.gov)

Catholic Charities Chemical Dependence Service………………...631 543-6200

Eating Disorders Associates ……………………………………………..……. 631 724-7152

Eating Disorders Council (NEDA) ...........................................1-800-931-2237

[www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)

[www.foodpantries.org](http://www.foodpantries.org)

Horizons, Smithtown Counseling Center……………………………......631 360-7578

Islip Town Youth & Family Counseling Center ……………………… 631 231-4333

LI Gay & Lesbian Youth (LIGALY)……………………………….…………..631 665-2300

Middle Country Public Library ……………………………………….…………631 585-9393

Narcotics Anonymous…………………………………………………..……………..631 689-6262

Nassau & Suffolk Health Council………………………………………………631 656-9783

(insurance assistance & information)

NYS Office for People

with Developmental Disabilities (OPWDD)……………………………631 434-6000

Parents, Families & Friends of Lesbians & Gays ………………….. [www.pflag.org](http://www.pflag.org)

Parents for Megan’s Law…………………………………………………………… 631 689-2672

[www.parentsformeganslaw.org](http://www.parentsformeganslaw.org)

Social Media Awareness…………………….…………………….…… [www.stopbullying.org](http://www.stopbullying.org)

Sunshine Prevention Counseling Center……………………………...…631 476-3099

**Please refer to the school website under department tab and click on social workers if you require more assistance.**