Mt. Zion Physical Education Grading Rubric

Uniform: 5 points daily

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| **Shirt** | **Shorts/Pants** | **Footwear** |
| Proper uniform top is worn.Athletic crew neck t-shirt, long sleeve shirt, sweatshirt.Red, black, white, or grey in color.Mt. Zion design, Mt. Zion emblem, or plain on all apparel.No holes, rips, sleeves cut off, or sleeveless shirts.No V-neck shirts.**2 points** | Proper uniform bottoms are worn.Shorts are in accordance to the school dress code in length.Red, black, white, or grey in color.Long sweat pants-same color scheme.No holes or rips.NO YOGA PANTS, TIGHTS, OR LEGGINGS!! **2 points** | Approved Gym shoes are worn.Soft sole, laced tennis shoes ONLY!       **1 point** |
| Uniform top is not in compliance with the above description. Different color is worn, Mt. Zion design is not on the shirt, or it is not plain. **1 point** | Uniform bottoms are not in compliance with the above description.Different color is worn.  **1 point** |   |
| Student chose not to wear the proper uniform top.    **0 points** | Student chose not to wear the proper uniform bottoms.If yoga pants, tights, or leggings are worn, student will not be allowed to participate for the day.**0 points** | Appropriate footwear is not worn.Boots of any kind, Sperry Top Siders, Toms, hard soled shoes, flip flops, slip ons.Students not wearing the proper footwear will not be allowed to participate for the day. (Safety issue) **0 points** |

Participation: 10 points daily

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| Points | Requirements |
| **10** | \*Performs in **ALL** activities for the day for the **ENTIRE** class time to the **BEST** of his/her ability and puts forth effort.\*Demonstrates abilities to lead or to follow in structured and free time activities.\*Listens and follows directions accurately and quickly.\*Demonstrates self-control during all activities and exhibits a sense of fair play and sportsmanship in dealing with peers.\*Demonstrates dignity and respect for authority and fellow students.\*Follows the rules for safety and efficient class management.\*Shows respect and responsibility in the handling and care of equipment. |
| **9** | \*Performs in **ALL** activities for the day for **MOST** of class time to the **BEST** of his/her ability and puts forth effort.\*Demonstrates abilities to lead or to follow in structured and free time activities.\*Listens and follows directions accurately and quickly.\*Demonstrates self-control during all activities and exhibits a sense of fair play and sportsmanship in dealing with peers.\*Demonstrates dignity and respect for authority and fellow students.\*Follows the rules for safety and efficient class management.\*Shows respect and responsibility in the handling and care of equipment. |
| **8** | \*Performs in **MOST** activities for **MOST** of class time to the best of his/her ability and puts forth effort.\*Demonstrates abilities to lead or follow in structured and free time activities.\*Listens and follows all directions.\*Demonstrates self-control during **MOST** activities and exhibits a sense of fair play and sportsmanship in dealing with peers.\*Demonstrates respect for authority and fellow students.\*Follows the rules for safety and efficient class management.\*Shows respect and responsibility in handling and care of equipment. |
| **7** | \*Performs in activities and puts forth effort **WITH ENCOURAGEMENT**.\*Demonstrates abilities to lead or to follow in structured and free time activities **WITH ENCOURAGEMENT**.\*Requires extra directions.\*Lacks self-control during some activities and demonstrates difficulty in cooperating with others occasionally.\*Shows lack of respect for authority and fellow students.\*Demonstrates a need to be reminded often of the rules for safety and efficient class management.\*Shows lack of responsibility in the handling and care of equipment. |
| **6** | \*Lacks self-motivation and performance is below grade level expectations.\*Does not demonstrate abilities to lead or follow.\*Does not listen or follow directions.\*Does not cooperate or demonstrate fair play and lacks self-control on a daily basis.\*Does not show respect for authority or fellow students.\*Does not follow the rules for safety or efficient class management.\*Demonstrates abusive behavior in the handling and care of equipment. |
| **5 or below** | \*Student is non-compliant with the daily task. |