NREHG Wellness Committee MINUTES

February 24, 2020

2:30 pm

New Richland Board Room

Committee Goal: Discuss the development, implementation, and periodic review and update of the wellness policy (533: Wellness).

Committee Members: Members: Carrie Petsinger, Beth Schoenrock, John Schultz, Lonna Broitzman, Ginger Raimann, Brooke Krohn, Dave Bunn, Doug Anderson, Karen Flatness, Megan Kirby, Mary Urch

Members Attending: David Bunn, Virginia Raimann, Lonna Broitzman, Mary Urch, Carrie Petsinger, and guest: Kacee – Waseca County Community Health Intern

1. Minute review from Nov 25,2019 Meeting – these were reviewed and approved by all members present.
2. Old business
   1. Vaping – Steele County Safe and Drug-Free Coalition. Carrie Petsinger has contacted Steele County Safe and Drug-Free Coalition and they will be coming to present to teachers on March 11, 2020. They will present to staff first and then we will determine a plan for students
   2. Ditch Walk - This was an activity that was previously led by Deb Bently. Due to some miscommunication this lapsed and the state essentially removed the group from performing this. Carrie Petsinger will reach out to the REACH program to see if that is something they might be interested in participating in.
   3. Student members - Carrie will approach Peyton Bunn, Kiera Lenort, and Kyiah Mikesell to see if they might be interested. Emailed 2/26/20.
3. New Business
   1. Wellness added to website
      1. Information regarding future meetings
      2. Minutes
      3. Triennial assessment needs to be posted on website Completed 2/25/20.
   2. Heimlich Heroes – This was discussed and determined to be something to add to the policy as well.
   3. Revision to policy – Draft Approved, no further concerns other than adding student members
4. Roundtable/concerns/questions – no questions or concerns were addressed.
5. Next meeting date (must meet 4 times annually)

* May 4th 2020 @ 2:30 NRHEG Board Room

1. Meeting Adjourned