**Name:**

**Endocrine and Reproductive Systems Notebook**

**Key Terms**

1. **Sexuality-**
2. **Intimacy-**
3. **Sexual Health-**
4. **Gender-**
5. **Hormone-**
6. **Endocrine System-**
7. **Estrogen-**
8. **Progesterone** –
9. **Testosterone-**
10. **Secondary Sex Characteristics-**
11. **Ovum-**
12. **Sperm** –

**Male and Female Reproductive Systems (See Handouts)**

**Human Sexuality**

1. Along with our biological maleness or femaleness, what three factors play an integral part in our sexuality?

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**Sexuality and the Dimensions of Health**

1. How can each dimension of health, enhance our sexuality?

**Physical-**

**Emotional-**

**Social-**

**Intellectual-**

**Spiritual-**

**Environmental-**

**Becoming Male or Female**

1. Your biological sex is indicated by what three factors?

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**2.** What is the difference between sexual identity and gender identity?

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**Are You an X or a Y?**

1. Which chromosome determines if someone develops into a male?

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**How Hormones Work**

1. What are four things hormones influence in our body?

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**Sexual and Gender Identity**

1. What does the term intersexual mean?

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**The Menstrual Cycle**

1. What does the hormone GnRH do?

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**2.** How can one reduce premenstrual problems?

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**Male Sexual Anatomy**

1. What are some health benefits of circumcision?

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