MINUTES

School Health Advisory Council

Date | time 02/20/2019 12:00 pm | Meeting called to order by Rhiannon Settles, BSN, RN-BC

# In Attendance:

Parents/Families and students: Melissa Wray-co-chair; Lee Allen; Christy Perkins; Yasmine Cruz, UHS; Marlen Delarosa, WHS; Greyseli Trejo, WHS

Guests & Support Staff: Rachel Gillespie, The Cove; Joyce Hartford, WISD; Ashley Williams, Waco Health District; Melissa Avants, WISD; Pam Fischer; WISD; Tiffany Sommerfeld, WISD; Christine Holecek, WISD; Hayden Evans, WISD; Sydnee Corey, WISD; Maria Solano, BCBS; Rhiannon Settles, WISD

# Approval of Minutes:

Motion to approve January 2019 minutes by Rhiannon Settles; second by Sydnee Corey.

# Wellness Information

Meal provided.

**Presentation by Family Abuse Center Teen Dating Violence Prevention-** Berkeley Anderson from Family Abuse Center presented on Teen Dating Violence. Provided statistics, information on policies and how to report. Introduced how we could implement a safety plan within the school setting. Question was asked if the presentation could be tailored to a specific grade level or school district. Answered yes. Berkeley will be presenting this information at an upcoming counselors meeting. WISD students in attendance stated they would like this information presented on campus and feel it would be helpful.

**Health Services Update-** Final hearing and vision screenings complete. There have been increases in flu-like illnesses, and the custodians on campuses taking measures to sanitize-deep cleaning specific rooms and common areas as needed. Vision Fest planning is underway. Beginning to plan end of year immunization clinics.

**Vision Update**-Sydnee Corey-provided number of students seen so far, update on Vision Fest to take place March 29; around 400 students to be served at the Vision Fest. Permission forms have been sent home to the students identified as having vision needs, will collect forms until 3/8/19.

**Child Nutrition**- No update

**Physical Education**- Pam Fischer and Melissa Avants- Puberty curriculum to begin February 25, PE will teach lessons 1-5 and 7, Counselors will teach 6. Pam Fischer expressed concerns over time of implementation and expressed desire for each campus to have the freedom to implement as works best for the individual needs. Rhiannon Settles states she will follow up on this concern with district leadership. Pam Fischer expresses concerns about number of minutes in PE and recess on each campus. SHAC discusses unstructured time vs structured time and the need for all schools to adhere to state guidelines for physical activity time. Pam Fischer suggested the SHAC make a recommendation to the school board about ensuring the 135 minutes per week are met. Tiffany Sommerfeld to look into this further. Lee Allen asked if students’ curriculum will be made up if a student is absent during implementation. Hayden Evans states no.

**Sex Education-** Hayden Evans- Both Puberty the Wonder Years and Big Decisions will be implemented this semester. District is working in an implementation plan that will work best for all campuses involved. Melissa Wray states that Atlas students will be off campus during the week of May 20th. Christy Perkins asks about specifics of role playing. Hayden Evans explains and encourages to review the curriculum at the Health Services office.

**Counseling**- Tiffany Sommerfeld – Counselors went to Big Decisions training this month. Counselors will be receiving training from Family Abuse Center in the future in order to provide this information in their guidance lessons. Counselors are also preparing master schedules for next school year.

# Parent & Public comment

# Next Meeting: Wednesday, March 20th at 12pm at the WISD Administration Building

Meeting adjourned at 1:05 pm

Approved Minutes on: \_\_ \_\_\_

Signature of Co-Chair: \_\_\_\_\_\_