MINUTES

School Health Advisory Council

Date | time 01/09/2019 12:00 pm | Meeting called to order by Rhiannon Settles, BSN, RN-BC

# In Attendance

Parents/Families: Melissa Wray-co-chair; Holly Dyer; Lee Allen; Christy Perkins;

Guests & Support Staff: Rachel Gillespie, The Cove; Julia Pennington, WISD; Joyce Hartford, WISD; Ashley Williams, Waco Health District; Khirstian Howard, Texas Hunger Initiative; Melissa Avants, WISD; Pam Fischer; WISD; Tiffany Sommerfeld, WISD; Craig Nash, Texas Hunger Initiative; Nancy Goodnight, Miracle Match Kids; Students: Yasmine Cruz, UHS; Marlen Delarosa, WHS; Greyseli Trejo, WHS; Christine Holecek, WISD; Jessica Sykora and guest, Unbound.

# Approval of Minutes

Motion to approve October 2018 minutes by Rhiannon Settles; second by Sydnee Corey.

# Wellness Information

Meal provided.

**Presentation by Unbound-** Jessica from Unbound: Powerpoint presentation – what they do for the community, who they are, and what they can do for our students. Focus on three areas: prevention, professional training, and survivor advocacy. Not every kid will be trafficked, but every kid will be exposed to the tactics that traffickers use to lure kids in. Also empower students to keep themselves and their communities safe. There is more people living as slaves today that ever in the history. Texas is second in trafficking – big state, close to the border. Houston, Dallas and San Antonio make up the triangle. Less than 1% of victims are recovered once they are in the lifestyle. Social media and online gaming are the two main ways to lure kids.

Youth prevention (presentation) covers: tactics, grooming, vulnerabilities, what to do, and available resources.

Three part: Family night, Staff education, Student presentations (6-8 and 9-12). Gender specific assemblies (45-60 minutes). Average age of violent pornography in USA is 9. Average age to begin groom is 12-14.

Melissa asked how organization defines trafficking – Jessica answers –

Little Red video – youth prevention resource packet

Tiffany will get with Jessica get presentations.

**Health Services-** Final hearing and vision screenings complete. There have been increases in flu-like illnesses, and the custodians on campuses taking measures to sanitize-deep cleaning specific rooms and common areas as needed.

**Vision**-Sydnee Corey-provided number of students seen so far, update on Vision Fest to take place March 29; around 400 students to be served at the Vision Fest.

**Child Nutrition**- Julia Pennington-- Future chefs – March 1st – healthy fiesta - deadline Jan 31. Valentine’s lunch. Annual audit – every 3 years. Will not be present at SHAC meeting next month.

**Physical Education**- Pam Fischer and Melissa Avants- 7 teachers attended PE convention. Puberty the Wonder Years Curriculum - Most elementary schools do it the week before Spring Break.

**Sex Education-** Hayden Evans- Both Puberty the Wonder Years and Big Decisions will be implemented this semester. Explained implementation changes – teachers vs. counselors. Role playing question – Christy asked if parents will be aware of the changes? Hayden answered – contact answered. Seventh grade does not get role playing portion of the curriculum.

**Counseling**- Tiffany Sommerfeld- counselors attended Puberty the Wonder Years training this past Monday and will have secondary training in February. Choice sheets for next year. Making sure our kids are safe.

# Parent & Public comment

# Lee Allen - What is the transformation zone? Tiffany explained. Sydnee interjected.

# Presentation – unbound – during the school day? Parent events? Parent events are in the evenings. Student presentations during the school day? During testing, last week of the school, spring break etc. WISD small groups – during lunch – Higher risk pullouts – 8-10 weeks.

# Christy – community gardens - $50,000 grant - $10,000 per campus – Amy Summerfield – coordinator hopefully. After school at Brook two days a week. Look at other areas that may be interested and long term ideas about talking to Dr. Nelson about how to get more opportunities. World Hunger Relief grant. Farm to School – produce to campuses – cooking demonstrations. Potential full time position is the key to get this going and sustainable. Any leverage SHAC has would be great.

# AG starting at UHS – utilizing the greenhouse. If numbers meet then maybe ½ time teacher ½ time garden coordinator. It is a lot of after school involvement.

# Next Meeting

at Noon at the Administration Building

Meeting adjourned at 1:03 pm

Approved Minutes on: \_\_ \_\_\_

Signature of Co-Chair: \_\_\_\_\_\_