MINUTES

School Health Advisory Council

Date | time 04/17/2019 12:00 pm | Meeting called to order by Rhiannon Settles, BSN, RN-BC

# In Attendance

Parents/Families: Melissa Wray

Guests & Support Staff: Rhiannon Settles, WISD; Sydnee Corey, WISD; Linda King, WISD; Tiffany Sommerfeld, WISD; Pam Fischer, WISD; Joyce Hartford, WISD; Kim Ellis, WISD; Ashley Williams, Health District; Emilie Cunningham, FHC; Students: Greyseli Trejo, WHS; Marlen Delarosa, WHS

# Approval of Minutes

Motion to approve February minutes by Rhiannon Settles; second by Tiffany Sommerfeld.

# Wellness Information

Meal provided.

Welcome by Rhiannon Settles.

Update on PE minutes: Pam Fischer- provided handouts of PE time comparison and recess times for the district and TEA code regarding required amount of time in physical activity. Pam reviewed the chart with the SHAC. LAMM and Hillcrest have the largest average PE time per week per student. Crestview has the lowest. The required 135 minutes of physical activity can include recess. Recess can be taken away for disciplinary reasons or if a student is acting in a dangerous manner. Tiffany Sommerfeld reported minutes in terms of how many minutes of PE a teacher teaches per day. SHAC agreed that principals need to see this chart.

Health Services- Rhiannon Settles - Not as many flu/cold-like symptoms are being seen. The immunization clinic is May 20-24 for 6th graders to get immunizations from the Health Department to avoid being delinquent in immunizations required to attend 7th grade.

Vision Services- Sydnee Corey- update on Vision Project. 97 students have received vision exams so far. The vision fest is reschedule to May 6 and 7, with 200 students to be seen each day.

Child Nutrition- Linda King - Fine dining is going on; Alta Vista boys had their fine dining event recently-girls had theirs earlier this year where they are learning etiquette. Indian spring is 4/18, and CCMS, Tennyson, and Carver are coming up. A to Z bars will be implemented in May. Summer feeding program welcomes all children ages 1-18. There will be between 20 and 30 summer meal sites. Food truck and buses will help pass out summer meals as well. When this information is finalized, Linda will send to Rhiannon to send out.

Physical Education- Pam Fischer- fitness testing is going on; they need to have all their information in by May 6.

Counseling- Tiffany Sommerfeld-Counseling is getting ready for graduation; April 27 is pre-K round up fun fest. Next week counseling staff is having a training from a representative from the Family Abuse Center. Youth Connection was last Friday, they had a talk on “From GED to PhD.”

Sex Education: Rhiannon mentioned elementary campuses have freedom to implement puberty curriculum throughout this semester. Big Decisions will occur at middle schools from May 20-23, and high school 9th graders will have Big Decisions curriculum May 10-17 in biology class and counselors will help teach some of the lessons.

Students- Our students think it would be nice to have a Remind system set up for SHAC for parents and students; translation for meetings; Kim Ellis discussed adding human trafficking training to the SHAC meeting perhaps as a subcommittee; students feel there is a lack of knowledge regarding trafficking at the high school level. Maybe add a parent presentation on trafficking to a SHAC meeting. Nurses and some other staff have attended UnBound’s presentations.

Rhiannon Settles: thanked group for being part of the SHAC, will follow up with email about next meeting and about being part of the SHAC next school year.

# Parent & Public comment

See above- group discussion

# Next Meeting

TBD at Noon at the Administration Building

Meeting adjourned at 12:35 pm

Approved Minutes on: \_\_ \_\_\_

Signature of Co-Chair: \_\_\_\_\_\_