MINUTES

School Health Advisory Council

Date | time 09/18/2019 12:00 PM | Meeting called to order by Rhiannon Settles, RN-BC

# In Attendance

**Parents/Families:** Kelly Lawson, Meredith Williams

**Guests & Support Staff:** Ashley Williams (Health District), Daniela Todd (MSW intern), Dina Hoffman (WISD), Cindy Cates (WISD), Stephanie Isbell (WISD), Sydnee Corey (Transformation Waco), Hayden Evans (WISD), Stanton Bain (Transformation Waco), Joyce Hartford (WISD), Kim Ellis (WISD), Susanne Hamilton (WISD), David Williams (WISD), Valeria Guerrero (WISD), Pam Fischer (WISD), Abby Zuniga (community member).

**Students**: Marlen Delarosa, Abigail Zimmerman, Greysli Trejo, Morgan Wray, Christine Holecek, Yasmine Cruz

# Approval of Minutes

Motion to approve April meeting minutes made by Ashley Williams; Second by Kim Ellis.

# Wellness Information

Meal provided.

Rhiannon introduces SHAC and role.

Introductions made by attendees.

**Health Services**- Nurses working on immunization records. Drop date regarding immunizations is 9/18. Working with families with special circumstances and who have appointments. Nurses collecting individualized health plans. Custodial has electric sprayers to sanitize rooms and are working to get one on each campus. Hand washing demos by Biscuit the hand washing dog in November. Next week dental clinic from Family Health center begins and will reach every elementary campus throughout the year. Lions club has started doing spot screenings for pre-K and special Ed on each campus.

**Vision Services**- GWAHCA clinic is almost up and running. WISD students who have failed vision test or spot screening will be referred to the clinic. Clinic should be functional by October.

**Physical Education-** Pam Fischer; trying to get funds to go t the PE convention. Fitness test occurred last year. PE time study also occurred last year: scores on test were observed to be related to the amount of time students got in PR. Will continue to investigate PE minutes required by state.

**Health Education**-Hayden Evans: This year continuing with Big Decisions (7th and 9th grades) and Puberty: The Wonder Years (5th grade). Implemented: May 15-21 for 7th grade; 9th grade May 14-20. Science/biology classes for 7th and 9th grades. Feb 25-end of the semester for Puberty: the Wonder Years for 5th grade, which allows campuses to determine the specific time period to implement. This year, working to adapt Big Decisions program for Functional Academic students. Trainings this year for nurses: October 14th; and for new teachers and other trainings are going on next semester. Parent night will be set up for Big Decisions parents where they can learn and ask questions about the curriculum and address questions that students may be asking. Surveys for 5th, 7th, and 9th grade students for evaluation regarding the curricula.

Question: Kim Ellis-can we do a refresher before winter break?

Hayden: We can definitely look into doing that.

**Counseling-** School safety-how campuses can report to counseling and care-in the process of streamlining a way to get the information and work on after-care for the student plan is in place.

Suicide prevention week just happened.

October has Red Ribbon Week.

Waco High: Alternate lunches on Fridays meeting with students. Student council and interact club made board of celebrities and mental health to break stigma. Video will be shown in 4th period regarding suicide will be sent out next week.

**School Safety:** Working on safety audits this year. Doing vulnerability assessments. Reminder to make sure to check to see if people are wearing Waco ISD badges or visitor passes. October 1st from 6-8pm on 2015 Alexander Ave. National night out-meet the community and build relationships. There will be many vendors present.

**Child Nutrition-** not present-no update.

Rhiannon introduced SHAC subcommittees will be formed this year.

**School Safety Subcommittee**: This committee will address the needs of Safety on WISD campuses. We will discuss the District Threat Assessment, HB 496, SB11 and any other current concerns.

**Health Education Subcommittee:** This committee will address SB 435 and HB18 health education instruction – Number of minutes required for health education in grades K-8 and for high school graduation requirements and an Opioid Addiction curriculum. If time allows, we can also begin conversation about the sex education curriculum.

**PE/Recess Subcommittee:** This committee will address HB 455: recommending a recess policy. We will also discuss the state required PE minutes in this group.

Members instructed to choose a subcommittee they are interested in.

# Parent & Public comment

# None

# Next Meeting

November 13 at Noon at the Administration Building

Meeting was adjourned at 12:34pm

Approved Minutes on: \_\_\_\_\_\_\_\_\_\_\_

Signature of Co-Chair: \_\_\_\_\_\_\_\_\_