MINUTES

School Health Advisory Council

*Date | time* 1/22/2020 12:00 PM | *Meeting called to order by* Rhiannon Settles, RN-BC

# In Attendance

**Parents/Families:** Jonathan Grant, Christy Perkins

**Guests & Support Staff:** Harvey Spark (community member), Dina Hoffman (WISD), Stephanie Isbell (WISD), Courtney Copas (WISD), Hayden Evans (WISD), Susanne Hamilton (WISD), David Williams (WISD), Sandy Wachsmann (WISD), Lou Arterburn (WISD), Rhiannon Settles (WISD), Iliana Neumann (community member), Emilie Cunningham (community member), Josh Wucher (WISD), Kyle Debeer (WISD), Ashley Williams (Health District), Emily Green (Health District), Saira Coronado (community member)

**Students**: Marlen Delarosa, Abigail Zimmerman, Greyseli Trejo, Morgan Wray, Yasmine Cruz, Valeria Guerrero

# Approval of Minutes

Motion to approve November meeting minutes made by Rhiannon Settles, second by Suzanne Hamilton

# Wellness Information

Meal provided.

Introductions made by attendees.

**Health Services**- Decrease in number of sick students noted the first two weeks back from Christmas break. We are beginning to see an increase again. Deep cleans are being done per nurse/principal/teacher request. Special attention is paid to common areas and good hand hygiene is being stressed. Vision/Hearing/Scoliosis screenings are complete. Nurses are now focusing up on follow-ups from these screenings.

**Vision Services**- GWAHCA clinic is open and functioning well. We have seen students 58 so far with 36 scheduled now. Ribbon cutting is scheduled for January 24. All are invited.

**Physical Education-** Not present – Lake Air starts hands only CPR next week and is utilizing all three district CPR kits.

**Health Education**- Puberty: The Wonder Years will be implemented this semester, as will Big Decisions. Puberty is given in the 5th grade and Big Decisions in 7th and 9th grades. We are currently working to plan a parent information night. Both curriculums are currently being evaluated for adaptations for functionally academic students.

**Counseling-** Elementary: Fifth graders are making trips to the middle schools to prepare for next year. Middle: Tennyson hosted a Health Fair and other campuses may be hosting UnBound presentations. High School: Vaping prevention education will take place after EOC. Suicide awareness, self-care and grief counseling is ongoing. UHS has focused on grief counseling and crisis management heavily this year due to unexpected deaths.

**School Safety:** Office Wachsmann presents the GREAT (Gang Resistance Education and Training) to three campuses this year. This program has been in the district for seven years and she usually presents at about four schools per year. Officer Wachsmann and Brown are being trained in LEAD (Law Enforcement Against Drugs) and will bring this program to secondary campuses. Chief Williams gave a presentation on vaping. This presentation included what vaping is, health risks, why it is appealing to kids, what devices to look for, consequences, signs of vaping, how to quit. The SHAC had an open discussion about this topic. A parent and a student shared personal experiences. Questions were asked and answered on restriction of sales, where kids can buy. A parent recommended using “shock tactics” when educating students on the dangers, such as pictures of diseased lungs.

**Child Nutrition-** not present- no update.

We were unable to get to subcommittee discussions as previously planned. We will pick up on subcommittee work at the next meeting.

# Parent & Public comment

# None

# Next Meeting

February 18 at 12:00 at the Administration Building – This meeting has been rescheduled to Wednesday, March 25 at 12:00.

Meeting adjourned at 1:00pm

Approved Minutes on: \_\_\_\_\_\_\_\_\_\_\_

Signature of Co-Chair: \_\_\_\_\_\_\_\_\_