**Eastside Mental Health Center**

625 15th St N, Pell City, AL 35125

(205) 338-7525

**Gateway**  
1401 20th Street South Birmingham AL 35205

205-510-2600  
<https://www.gway.org/>

**Jefferson/Blount/St. Clair Mental Authority (JBS MHA)**

(205) 338-5015

Mental Health Coordinator: Dionne Stevens

Email: [dstevens@jbsmha.com](mailto:dstevens@jbsmha.com)

Information: JBS is our partner in Project COPE. Contact Mrs. Gina Wilson to refer to Project COPE.

**Lakeside Hospice**

4010 Masters Rd. Pell City, AL 35128

205-884-1111

<https://www.lakesidehospice.org/>

Information: This organization has done free grief counseling in schools after traumatic events

**Oasis Counseling for Women and Children**

1900 14th Avenue South, Birmingham, AL 35205

205-933-0338

<http://www.oasiscounseling.org/>

**Pathways**

FBC Pell City – 2309 2nd Avenue Pell City AL 35125

Ashville Counseling Office – 33620 US 231 Ashville AL 35953

Offices throughout Alabama

1-866-991-6864

<https://www.pathwaysprofessional.org/>

**PIRC (Psychiatric Intake Response Center) - (Information hotline)**

Psychiatric Intake Response Center (PIRC)  
Children's of Alabama Emergency Department  
1601 5th Avenue South  
Birmingham, Al 35233

205-638-PIRC (7472)

<https://www.childrensal.org/pirc>

**Psychology Today**

<https://www.psychologytoday.com>

Information: Site has a directory with licensed therapists

**On Our Sleeves – Alabama Resources**

<https://www.onoursleeves.org/find-help/state-resources/alabama>

Information: For crisis situations that are not life-threatening, find mental and behavioral health resources and other information on this resource list.

**UTalk for teens**

3600 8th Avenue South Suite 501 Birmingham, Alabama

205-328-5464

Information: Text and phone counseling is available from 3 PM – 10 PM every single day. In the summer, they are open from 10:00 AM to 10:00 PM

<https://crisiscenterbham.org/crisis-intervention-prevention/utalk.htm/>