**AGENDA**

**School Health Advisory Council**

02/23/2024

12:00 pm to 1:00 pm

Administration Building, Conference Room A/B

802 N Sam Houston

Odessa, Tx 79761

Mellessa Brenem, Co-Chairperson, called the meeting to order at 12:00 p.m.

SHAC Members Present:

* Stephanie Galindo – Parent
* Mollie Vega – Parent
* Mellessa Brenem – Community Member
* Sara Hinshaw – Community Member
* Jennifer Weston – Community Member

SHAC Members Absent:

* Tom Lechtenberg – Parent
* Amy Marquez-Pando – Parent
* Shavonica Myer – Parent
* Christina Acosta – ECISD Teacher

Others Present:

* Jumon Hailey – The Life Center
* Jieun Pando – ECISD Director of School Nutrition
* Hilberto Ochoa – ECISD Athletics Director
* Gracie Flores - Texas Tech University Health Sciences Center (TTUHSC)
* Daniel Ramirez – ECISD School Nutrition
* Molly Castillo – ECISD School Nutrition
* Crystal Day – ECISD Assistant Athletic Director and PE Coordinator
* Dareion Gooden – The Life Center
* Rose Valderaz – ECISD Teen Pregnancy Service Coordinator
* Sylvia Macias – ECISD Administrative Assistant for Director of Nursing
* Ali Hernandez – ECISD School Nurse, New Tech Odessa High School
* Taylor Roy – ECISD Director of Guidance & Counseling
* Liz Gray – ECISD SEL Coordinator
* Dr. Brown – Virtual Attendance - TTUHSC

**Review of Current Human Growth and Development Curriculum**

* Presentation: The Life Center
  + ECISD has maintained a partnership with The Life Center since 2011, enabling us to deliver comprehensive health education to students, thereby addressing the void left by health no longer being a graduation requirement. The Life Center furnishes parents and administrators with informational materials, including opt-in forms available in both English and Spanish. Additionally, TLC's lesson schedule for each campus is accessible on the physical education website. TLC's presentation outlined their curriculum beginning in 5th grade. Segregated by gender, they cover topics ranging from puberty to personal development, hygiene, online integrity, and bullying. For 6th-8th graders, their program, titled "y-wud-i," delves into values, sexual risk avoidance, abstinence education, and the impacts of pornography, aligning with TEKS standards. Crystal Day emphasized the voluntary nature of participation, while Mellessa Brenem inquired about student receptiveness, prompting discussion on feedback mechanisms. Rose Valderaz raised concerns about attendance post-COVID, and Mollie Vega sought clarification on parental support resources, which TLC provides via their website.
    - Curriculum Link: [www://www.tlcdonor.org/education](https://www.tlcdonor.org/education)
    - Parent Opt-In required
    - Parent preview and schedule is available on the [Human and Growth Development](https://tx50000506.schoolwires.net/Page/537) page
* Presentation: Texas Tech University Health Sciences Center (TTUHSC)
  + Graciela Flores presented TTUHSC's program aimed at reducing teen pregnancies. Tracing its evolution since 2011, she highlighted collaboration with TLC and ECISD to tailor the curriculum effectively. Emphasizing a scientific approach, TTUHSC focuses on five key areas: evidence-informed education, clinical linkages, community support, peer leadership, and parental involvement. Their curriculum for middle schools spans three weekly sessions covering anatomy, abstinence, contraception, and sexually transmitted diseases, with a comprehensive review in 10th grade. Dr. Brown underscored the concerning trend of earlier puberty onset and exposure to pornography, advocating for a grounded scientific education to counteract misconceptions.
    - Curriculum Link: [www.bigdecisions.live](https://www.bigdecisions.live/)
    - Texas Teen Pregnancy rates: 2010 = 50.2% and now it’s 20.4%
    - Ector County rates: 2010 = 87.4% and now it’s 43.15%
    - Average age of puberty has gone from 11.75 years to 11.25 years
    - Puberty can happen anytime between age 8 and 15 for girls and boys
    - Average age that children are exposed to porn is 7 years old
    - Children can be scared to talk about reproduction, but by the 3rd lesson, they are more confident and ask more questions
    - Trauma-Informed Care training is provided for all TTUHSC lesson facilitators, they understand when to report, as needed

**Prevention Resource Center**

* Presentation: Fentanyl Prevention Curriculum
* Needs to be moved to next month
  + Motioned by Taylor Roy
  + Seconded by Mollie Vega

**Updates on Texas School Survey**

* Ali Hernandez outlined progress on the initiative to draft a letter advocating for campus principals to administer this survey on their campuses to help inform prevention tactics related to substance use and abuse. This proposal, to be presented to Ms. Syverson and the Cabinet on March 18th, aims to reinforce substance abuse prevention efforts with data-driven support.
  + Becky Rhodes authored a letter asking that all Secondary Principals have their campuses participate.
    - Then info will go to EDLs for communication to campuses
  + Suggested dates will be forthcoming
  + G&C department will support Nursing Services
    - Counselors can help get this facilitated
  + Ector wasn’t selected as a campus, but if we join as a district, they will give the survey to Ector
    - OCA , NTO, and OCTechs would also join
  + Info will be Region-wide, district-wide, and campus-wide
  + The hope is that students take the survey every other year
  + This survey will provide data to show the progress of any drug and alcohol prevention education that is put in place
  + PBRCADA is holding more Fetal alcohol syndrome presentations
    - This and fentanyl presentations are the ones that are most requested
  + Mushrooms are becoming more of a concern
  + All Middle Schools have had presentations, but not all students
    - Nimitz and Bonham went through the AVID classes

Concluding Remarks: The meeting concluded with plans to develop a presentation supporting SHAC's recommendations, underscoring the importance of evidence-based strategies in addressing pressing health concerns among students.

Next Meeting – April 19th

Motion to close – Taylor Roy

Seconded - Mollie Vega

The meeting was adjourned at 12:58 p.m.