**SHAC Meeting**

**November 15, 2023**

**Administration Building**

**Conference Room A/B**

**12:00 pm to 1:00 pm**

**Meeting Called to Order:**

Tom Lecthenberg, 22-23 Chair, called the meeting to order at 12:04 p.m.

SHAC Members Present:

* Stephanie Galindo – Parent
* Tom Lechtenberg – Parent
* Amy Marquez-Pando – Parent
* Shavonica Myer – Parent
* Mollie Vega – Parent
* Mellessa Brenem – Community Member
* Jennifer Weston – Community Member
* Christina Acosta – ECISD Teacher

SHAC Members Absent:

* Sara Hinshaw – Community Member

Others Present:

* Letty Bernal – ECISD Lead Social Worker
* Amanda Castellanos – ESICD School Nurse, Reagan & Ross Elementary
* Crystal Day – ECISD Assistant Athletic Director & PE Coordinator
* Daniel Ramirez – ECISD School Nutrition, Dietician
* Jieun Pando – ECISD Director of School Nutrition
* Taylor Roy – ECISD Director of Guidance & Counseling
* Jan Tinney – ECISD School Nurse, Sam Houston Elementary
* Liz Gray – ECISD SEL Coordinator
* Lt Upchurch – ECISD Police Department
* Rebecca Rhodes – Director of Nursing and Health Services
* Ali Hernandez – ECISD School Nurse, New Tech Odessa High School
* Alejandra Ramirez – Crisis Center Prevention Education Director

**Introductions:**

Attendees made introductions.

**Presentation:**

Crisis Center, new curriculum,

* Alejandra Ramirez, Prevention Services Representative
* Explained how SHAC influences curriculum around prevention of domestic violence
* Non-profit organization that provides services for those suffering from domestic violence
* Services provided include shelter, counseling, legal services, and prevention education. All services provided are free
* Curriculum:
  + Prevention Education Services are utilized to promote greater understanding of domestic violence and sexual assault.
  + The curriculum is currently being used at Pecos High School, Compass and Walker Middle School.
  + The previous Health Relationships program has been divided into two different curriculums to accommodate the specific needs of middle school and high school students.
  + Healthy Relationships Plus Program (Middle School Program)
    - Development and evaluation from the Public Health Agency of Canada
    - It is an evidenced based curriculum that includes 14 lessons to promote healthy relationships and positive mental health for middle school students.
    - Curriculum can be completed over 1 semester or entire school year.
    - Lessons are aligned with TEKS requirements.
    - Before starting the program, a parent letter is sent out with information, and is opt in per Senate Bill 9.
    - Parents who wish to look at the curriculum and clarify questions/concerns by going to the Crisis Center Office
  + In Touch with Teens (High School Program)
    - The curriculum includes 11 lessons with heavier content that includes education regarding empathy, impulse control, effective communication, problem solving skills and bystander accountability
    - In previous years, OHS held the classes each week on Thursdays
    - Lessons are aligned with TEKS requirements.
    - Before starting the program, a parent letter is sent out with information, and is opt in per Senate Bill 9.
    - Parents who wish to look at the curriculum and clarify questions/concerns by going to the Crisis Center Office
* The new curriculum has demonstrated positive results. During the course of presenting this curriculum to other schools, 4 outcries were made and followed-up on during the 1st lesson.
* Questions:
  + Mollie Vega asked about the outside availability of this program for students outside of the school
    - Teen Leadership Council is offered as an option for students outside of the school
    - Amanda Castellanos states that her student is on Teen Leadership Council and has reported a positive experience.
    - Taylor Roy asked if teens can still join the Teen Leadership Council now.
      * Enrollment for Teen Leadership Council is held in August. Teens can join biweekly from 5-7 pm at the Crisis Center office.
      * During the spring semester an event surrounding teen dating violence will be implemented.
  + Stephaine Galindo asked if the Teen Leadership Council program can be implemented at a campus level.
    - At this time the program is only implemented at the Crisis Center, and discussed option of after school programs or one-time programs that can be brought to the campus
  + Christina Acosta asked about voting on possible recommending the possible implementation of the curriculum.
  + Tom Lechtenberg requested the lessons and TEKS for review by SHAC members and will vote on it during the next meeting
  + Mellessa Brenem asked if there were any barriers or challenges with implementing curriculum in 14 weeks.
    - The Crisis Center has not experienced any problems. They work with a campus contact person to accommodate their timelines. The only request is that lessons are not be spaced too far apart.

**Officer Selection:**

* Chairperson – Tom Lechtenberg
  + Tom Lechtenberg nominated by Christina Acosta, seconded by Mellessa Brenem.
  + Committee approved unanimously.
* Co-Chairperson – Mellessa Brenem
  + Mellessa Brenem nominated by Christina Acosta, seconded by Jennifer Weston.
  + Committee approved unanimously.
* Recording Secretary – Taylor Roy
  + Taylor Roy volunteered, Christina Acosta nominated, seconded by Mellessa Brenem.
  + Committee approved unanimously.

**Approve Spring Meetings:**

Tom opened the floor to discuss the meeting dates for Spring 2024.

Friday, 1/12/2024, 12:00 p.m. to 1:00 p.m.

Friday, 2/23/2024, 12:00 p.m. to 1:00 p.m.

Friday, 4/19/2024, 12:00 p.m. to 1:00 p.m.

* Jan Tinney made the motion to accept scheduled meeting dates, seconded by Letty Bernal
* Committee approved unanimously.

**Focus on Drug Abuse & Prevention:**

Rebecca Rhodes discussed focusing on the drug crisis of our school community. Stated that she would like SHAC members to help with solutions for prevention.

Mellessa Brenem stated that MISD is focusing on training for students, intensive train the trainer for every counselor and police officer to include recognition and treatment. PBRCADA can help find solutions.

**Meeting Adjourned**

Meeting adjourned at 1:00 p.m.

Meeting minutes submitted by Rebecca Rhodes and Ali Hernandez