SAVE THE DATE

**Parent Workshops**

**In conjunction with our neighboring school districts, several workshops are planned for special education parents throughout the 2020-2021 school year. Please join us for these interesting and informative evenings.**

**March 3, 2021**

**“Teaching Children How to Stay Engaged and On-task”**

We will discuss the challenges students face with attention and engagement, including unique challenges that have arisen during the pandemic and what has helped children overcome those obstacles. The neurological basis of attention, engagement, and persistence will be covered. In addition, we will discuss tools for identifying your child’s strengths and weaknesses, using these to target areas for improvement, and strategies for teaching children the skills they need to stay engaged and on-task.

**Presented by Mr. Chuck Emig, South Middleton School District Psychology Intern**

**South Middleton School District**

**Location: Zoom (**<https://zoom.us/j/95002400507?pwd=bXZ6aDdNczdGcDl3Sm05U0tKY2pSZz09>)

**6:00 – 7:00 pm**

**March 29, 2021**

**“Social Skills and Frustration Management”**

Come and learn about ways to teach and reinforce social skills. We will talk about how to turn moments of frustration into teachable moments in real-life ways to teach and model appropriate behaviors both in the home and out in public. We will also work though a coping skills toolbox—strategies you can use with your child when they are in the throes of frustration. Simple, practical, and manageable tips will be provided to help you support your child in their social emotional development.

**Presented by Karen Schmick (BCBA) and Linnet Myers, Elementary Itinerant Autism/Emotional Support Teachers**

**Northern York School District**

**Location: Zoom (**https://northernyork-org.zoom.us/j/91330768143)

**6:30-7:30 pm**

**April 20, 2021**

**“Improving Student Resiliency”**

The Improving Student Resiliency workshop will explore the importance of resiliency in children and adolescents both with and without disabilities. Adults will learn strategies to use to improve the resilience and increase a student’s ability to manage stress and challenge. This workshop will include strategies based on student data collected through the Terrace Metrics Risk and Resiliency indicators.

**Presented by Ms. Jocelyn Kraus, High School Counselor**

**Big Spring School District**

**Location: Virtual**

**6:00 pm**

**TBD**

**“Challenging Behavior Tool Kit: Managing the Behaviors of Children with Autism Spectrum Disorder in the Home Environment”**

Topics covered include:

* Why is ASD associated with challenging behaviors?
* Why is it important to do something about challenging behaviors?
* Who can I ask for help?
* What are positive strategies for supporting behavior improvement?
* What do I need to know about managing a crisis situation?

**Presented by Denise Hocker**

**Mechanicsburg Area School District**

**Location: Virtual**