Southwest Onslow High School

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Student Handbook

2023-2024

Lance Barton, Director of Bands

Jerome Gidrey, Principal

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Dear Parents and Students,

Welcome to the Southwest High School Band Program. Committing to be a member is bold and for that, we congratulate you! We are very excited that you have decided to embark on a new musical journey, and as a Stallion you will learn that “*Excellence has no Boundary”* in SWO Bands. From new members to veterans, you are immersed in a program that thrives on community engagement, artistic diversity, and performance excellence. We know everyone may not pursue a career involving music, but it can provide you with opportunities (both scholastic and academic) and valuable global learning skills.

The bands of Southwest Onslow work to ensure that all students are receiving a well-rounded education involving music. Through various ensembles, classes, and events we provide students with the tools to be "*music makers"* and "*the dreamers of dreams."* Music allows us to connect to the intangible and experience the world through a different set of eyes. Administrative support ensures that the experience of every student and parent within the program can perform at festivals, clinics, and other special events.

Being in SWO Bands means you are an ambassador of our school and its arts program. Your words, your deeds, and your character are always being watched because *you are a role model*. Your musical abilities must also be held to a higher standard. Through adjudicated performances and individual auditions, SWO Bands have produced high honors and accolades through the years (from individual students and ensembles). Each person involved with this program must do their part. Dedication and cooperation are essential from directors, staff, parents, students, and supporters to achieve success.

We have put together an inclusive guide to inform students and parents of the policies, rules, regulations, and expectations of the bands at Southwest Onslow High School. All students and parents must read through the entire handbook. Students will be responsible for all information presented in this handbook. Please keep this as a reference. The information you are about to receive serves as a helpful tool with the purpose of making your experience with SWO Bands successful. We hope that you will be more involved as the year(s) continue. You can make this program something special, meaningful, and above all else, the best years at Southwest Onslow. Go Stallions!

Sincerely,

Lance J. Barton

Band Director

**SWO Bands Philosophy and Goals**

**Southwest Onslow High School Motto**

*“Excellence has no Boundary”*

**Southwest Onslow Bands Mission Statement**

*Excellence in music through community, diversity, and performance.*

*Commitment – Focus – Consistency*

**Southwest Onslow Bands Philosophy**

Music Education allows every student to embrace culture. Music itself is a universal language that allows us to connect from one person to another. We strive for our students to be “the music makers” and “the dreamers of dreams.” Through music education at Southwest, students are provided with many opportunities including performing ensembles, clinics, concerts, and other varying activities. We do understand that every student will not pursue a career in music after high school. However, time invested in music education can bring them valuable items that are useful in future endeavors.

*"If we were a medical school, and you were here as a med student practicing appendectomies, you'd take your work very seriously because you would imagine that some night at two AM someone is going to waltz into your emergency room and you're going to have to save their life. Well, my friends, someday at 8 PM someone is going to walk into your concert hall and bring you a mind that is confused, a heart that is overwhelmed, a soul that is weary. Whether they go out whole again will depend partly on how well you do your craft.”*

* Karl Paulnack (Welcome address to the freshmen parents at Boston Conservatory)

**Southwest Onslow Bands Goals**

1. Explore concepts, fundamentals, and other musical interests using the NC Essential Standards, the National Standards for Music Education, and other guided resources.
2. Take advantage of opportunities through performance, education, and leadership for students involved with the Southwest Onslow Bands.
3. Foster a community rich with diversity, respect, innovation, and tradition.
4. Enrich the community (local, visiting, and foreign) with service, performance, and friendship.
5. Experience the aesthetics of music through education, performance, and spectating.
6. Enter the world as global learners, responsible citizens, and educated artists.
7. Support the efforts of Southwest High School and Onslow County Schools, through its motto and vision as ambassadors.

**National Standards for Music Education**

1. Students will sing, alone and with others, a varied repertoire of music.
2. Students will perform on instruments, alone and with others, a varied repertoire of music.
3. Students will improvise melodies, variations and accompaniments.
4. Students will compose and arrange music within specific guidelines.
5. Students will read and notate music.
6. Students will listen to, analyze, and describe music.
7. Students will evaluate music and music performances.
8. Students will understand relationships between music, the other arts, and disciplines outside the arts.
9. Students will understand music in relation to history and culture.

**Your Commitment to SWO Bands**

Our students participate in different opportunities through Southwest High School. In such a learning environment as this, we have students with different levels of abilities. Our school’s administration, faculty, and staff work hard to provide opportunities to students with multiple interests.

Appointments and other conflicts must not interfere with your commitment to this program. Our schedule is given out to all students and faculty before most extra-curricular activities. We are willing to work with students (sports, academic derbies, etc.), but the commitment must be fair to both.

Punctuality is essential. Students should arrive early to every rehearsal. *To be early is to be on time, to be on time is to be late!* Using every moment of our rehearsal time is important to the progress of our ensembles and more importantly our program. This can only happen when everyone is present for rehearsal. If you miss rehearsal, you miss the opportunity to get better.

Many studies show growth in academics and athletics through music education and performance. For our students to improve, there must be an opportunity for them to perform. The amount of rigor in the arts is limitless and it is a perfect environment to challenge the intellect of our youth.

Because of this, band is a multi-year commitment. It is valuable and empowering. Our curriculum and resources allow students to participate in various ensembles including marching band, concert band(s), and jazz ensemble(s). Students cannot master in these areas in one or two years. Students will see the connection between band and academics as they learn new skills each year.

A group of people holding flags

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**SWO Band Ensembles & Descriptions**

***Stallion Concert Band (Band Intermediate)***

**Prerequisite:** Middle School Band (minimum of 2 consecutive years) or private instruction (approval must come from band director).

**Meeting Time:** Every day during the fall and or spring semester (class period yet to be determined) & Rehearsal Schedule (given to students at the beginning of the semester)

**Description:** The Stallion Concert Band is for students who have played through middle school, previous years of experience, and beginning instrumentalists (primarily of freshman in the spring. Upperclassmen may take this class but ***must learn a secondary instrument***. The purpose of this ensemble is to introduce students to the techniques of SWO Bands, and to enable students who have had minimal experience on an instrument, the opportunity to improve their musicianship skills and to be a part of a performing ensemble. Throughout the course of the semester, students will focus on the development of skills and standards associated with instrumental music by repeating and expanding upon the skills learned at the middle school level. This ensemble will study and perform a diverse amount of mid-level (Grade 3-4) high school concert literature. Students are required to pay the $10.00 Onslow County Band Fee. Students will also need to purchase the warm-up book “Habits of a Successful Musician” (approximately $12.00 and can be ordered through Fuller’s Music or online).

***Stallion Winds (Band Proficient)***

**Prerequisite:** Must have had Stallion Concert Band. All students must be approved by the band director through audition or special request.

**Meeting Time:** Every day during the spring semester (class period yet to be determined) & Rehearsal Schedule (given to students at the beginning of the spring semester)

**Description:** The Stallion Winds is the intermediate and upper-level ensemble that is offered in both semesters, consisting of students from grades 10-12. Freshmen that demonstrate a high level of musicianship and dedication may also be a member of this ensemble at the request of the director. The purpose of this ensemble is to raise students’ musicianship skills and standards to new levels by placing a strong emphasis on practicing proper instrument techniques and repeating and expanding upon skills learned at the middle school and Concert Band levels. As a member of this ensemble, students are expected to practice and perform at their highest ability. This ensemble will study and perform a diverse amount of upper-level (Grade 4-Masterworks) high school concert literature. Students are encouraged to audition for the North Carolina Eastern All-District Band. Students are required to pay the $10.00 Onslow County Band Fee. Students will also need to purchase the warm-up book “Habits of a Successful Musician” (approximately $12.00 and can be ordered through Fuller’s Music or online).

***“Marching Stallions” Marching Band***

**Prerequisite**: All winds and percussion students must be enrolled in a fall Concert Band course (no exceptions). Students participating in the “Marching Stallions” must pay all Summer Band Camp fees (in full) before the deadline of September 1st.

**Meeting Time:** This is credited class that meets during the fall semester with obligations prior to the start of school, after school rehearsals, and weekend rehearsals and performances. An expanded schedule is available in this handbook and on the website.

**Description:** “Marching Stallions”is one of the most visible organizations in the school and community. Our main duty is to perform at football games promoting good spirit and sportsmanship. The marching band meets during the summer to work on an intense production for the competitive marching band season that begins in late September. All competitive performances are held on Saturdays and will take most of the day. The marching band also performs at local and distant parades to develop community relations while providing quality music. Students can receive a credit for participating in this ensemble.

***“Marching Stallions” Percussion Ensemble (Music Specialization)***

**Prerequisite**: All students must attend any scheduled percussion clinics, audition in the spring semester, and receive approval from the band director. Students may audition for marching and non-marching percussion.

**Requirement:** All wind and percussion students must be enrolled in a fall band course (no exceptions). Students that participate in the “Marching Stallions” must pay all Summer Band Camp fees (in full) before September 1st.

**Meeting Time**: Fall semester class period (An extra-curricular rehearsal schedule is given to all students before the start of the season. Students in the auxiliary may also receive additional practice dates from the instructor or band director.)

**Description**: This ensemble is designed to teach and advance the percussion studies of students who are involved with the “Marching Stallions”. Students will learn about pulse, rhythm, percussion techniques, and ensemble cohesion. Students will have to pay the required fees to obtain all materials needed for the season. Students will also have to attend the required Summer Band Camps. Students can receive a credit for participating in this ensemble.

***“Marching Stallions” Auxiliary/Colorguard (Extra-Curricular)***

**Prerequisite:** Students must audition and be approved by the band director and instructor. Students that participate in the “Marching Stallions” must pay all Summer Band Camp fees (in full) before September 1st.

**Meeting Time:** After school during fall semester (An extra-curricular rehearsal schedule is given to all students before the start of the season. Students in the auxiliary may also receive additional practice dates from the instructor or band director.)

**Description**: Open to all students in grades 9-12. No prior experience is required, but highly suggested. This performance group combines the elements of dance and movement in coordinated effort with the winds and percussion. Students will learn the basics of flag, rifle, and saber work, as well as dance and body movement. The color guard will perform as part of the Marching Stallions during all practices and performances during the marching season. Members are expected to attend all rehearsals. Students will have to learn basic music concepts to understand ideas such as visual effect, general effect, and performance evaluation. Students will have to pay the required fees to obtain all materials needed for the season. Students will also have to attend the required Summer Band Camps. Auxiliary will not be required to take the fall Concert Band Class but, can receive a credit for participating in this ensemble.

***The “Outta Sight Stallions” Jazz Ensemble (Extra-Curricular)***

Prerequisites: You must play one of the following instruments: Saxophone, Trumpet, Trombone, Guitar (bass or electric), or Drum Set. Students must audition and be approved by the director.

**Meeting Time**: Mornings beginning at 6:30am until 7:15am.

**Description:** The ensemble is designed to introduce topics and elements associated with jazz. Students will learn about different styles including but not limited to jazz, swing, bebop, blues, jazz fusion, and jazz rock. Educational studies will include improvisation, theory, history, jazz techniques, and current trends and events. At the discretion of the director, the ensemble will provide a performance, participate in master classes, and participate in evaluating assessments.

**Stallion Concert Band, Stallion Winds, and Percussion Ensemble**

**Classroom Materials**

Each day, all students are expected to come prepared to class with their materials. Paper materials such as method books, written musical exercises, and music are provided for the students at the beginning of the semester (these materials are later posted online, and students will need to print them as they need them).

* All students will need to purchase a copy of *Habits of a Successful Musician* – a method book. Students may purchase a copy from *Fuller’s Music* or order online.
* Instrument & Supplies (reeds, valve oil, slide grease, mutes, mallets/sticks, etc.)
* 3-Ring Binder
* Pencil / Eraser
* Other supplies that students are recommended to purchase but not required:
  + Metronome
  + Tuner

**Reeds**

Woodwind students will need to purchase reeds as they need them. Below is the list of instruments and their prices per reed:

* Oboe / Bassoon - $5.00
* Clarinet / Alto Sax - $1.00
* Bass Clarinet/ Tenor Sax - $2.00
* Baritone Sax/Contra-Bass Clarinet - $2.50

When students decide to purchase a reed, payment is due at the time of the transaction. Students are welcome to purchase reeds on their own. It is suggested, to ask the director for recommendations on reeds before purchasing. Some brands or reeds are made for quantity instead of quality.

**Class/Rehearsal Procedures**

1. Leave bookbags and cases against the wall or in locker room.
2. Cellular devices and headphones/ear buds should be left in bookbags unless given permission (not limited to: educational or emergency use) is granted.
3. Students are seated with instrument and rehearsal materials 5 minutes after the bell rings.
4. Be prepared (this includes having all materials for rehearsal and non-rehearsal days)
5. Raise your hand and be acknowledged before speaking. All ears should be open, and students should be listening when director is speaking.
6. Gum, food, and beverages are strictly prohibited in this classroom (water in a closed container is allowed).
7. Respect the 3 P’s: People, Places, Property

When expectations are not met the following actions will occur:

|  |  |  |
| --- | --- | --- |
| 1. Verbal Warning | 1. Removal from Activity (Separate Setting) | 1. Parent Contact |
| ***Depending on the severity of the issue, actions may not follow in this order.*** | 1. Lunch Detention | 1. Office Referral |

**Attendance Policy: Absences**

According to the Onslow County Schools Attendance Policy students with more than **10 unexcused absences** will receive a failing grade of "FF." Please take the time to read and comprehend the attendance procedures provided in the Southwest High School Student Handbook.

**Attendance Policy: Tardiness**

Students are considered tardy when they are not in the classroom when the bell rings to begin the class period. Students are expected to review the schedules used on our campus. Disciplinary action will be taken according to classroom procedures and the Southwest High School Handbook (such as SWEEP).

**Performances and Concert Attire**

Students will be involved in performing opportunities provided by our school, community, and region. SWO Concert Bands will participate in the following activities this upcoming year:

|  |  |
| --- | --- |
| **Fall** | **Spring** |
| Fall Concert – November 2nd | Pre-MPA Concert – March 7th |
| Winter Portraits Concert – December 14th | Spring Concert – May 23rd |

Attendance for these events and performances are mandatory and count for 40% of the grade. Students are required to stay for the full duration of the event. Concerts are the result of weeks of hard work and gained musical knowledge. Should there be an emergency that prevents the student from performing, a notification must be given by the parent/guardian to the band director by email or phone (word of mouth and written notes will not be accepted). An alternative assignment must be completed to receive a grade for the missed performance. It is the student’s responsibility to turn in the assignment.

Concert Attire for all students, unless specified by the director, is as follows:

|  |  |
| --- | --- |
| ***Concert Attire (Males)***   * White, long sleeve, button down shirt with collar * Black bowtie * Black dress pants * Black Belt * Black socks * Black dress shoes | ***Concert Attire (Females)***   * Black floor length dress or pants suit * Black tops must have sleeves and cover chest * Black dress heels or flats * No gaudy jewelry |

**Band Fee**

All band students enrolled in this course are expected to pay a $10.00 Band Instructional Fee **per semester**. This fee is paid to the school and the money is used to purchase equipment and supplies needed for the band program. To pay for this fee and other school fees you may visit: or consult the school treasurer.

**School Instruments**

The band issues the following instruments free of charge for use in the band classes: bass clarinets, bassoons, tenor saxophones, baritone saxophones, French horns, baritones, tubas, and many percussion instruments. These instruments are assigned by the director based on needed instrumentation. Students who are assigned school instruments must fill out a county instrument contract, which states instrument type, model, and the condition of the instrument. Students who damage school-owned instruments in any way will be required to pay for the damages. Students who lose a school instrument will be required to replace the instrument.

**Grading Procedures for SWO Bands**

**Performances (assessment of music literacy, music response, and contextual relevancy) 40%**

All students in the ensemble must be present for scheduled rehearsals and performances. Should there be an occasion where a conflict prevents a student from rehearsing or performing, ***the parent must provide an Absence Request Form TWO WEEKS PRIOR.*** Student will be given an alternative assignment to complete.

It is highly recommended that students work around the schedule because the performance is the assessment and application of their skills. All students receive a schedule before the beginning of each semester. Please keep in mind that some dates could change depending on the arrangement of certain activities and weather. If illness occurs, parents should contact the director through email. Word of mouth excuses will not be accepted.

**Pass-Off Etudes/Excerpts (assessment of music literacy and music response) 30%**

Students will receive etudes (study pieces) or excerpts from the music (their literature each grading period. These assess their music fundamentals (rhythm, intonation, articulation, dynamics, etc.). Students must submit the recordings before the end of each grading period to receive credit.

**Scales – 10% (assessment of music literacy and music response) 10%**

All students are required to learn the 12 Major Scales. During the semester students will be tested on these and must complete them according to the level they have signed up for. Students will be asked to perform these scales in class while peers are among them. This helps build confidence for performances, auditions, and personal growth. Students will not be able to move to the next level unless these requirements are met.

|  |  |  |
| --- | --- | --- |
| **Level** | **Scales** | **Pass Off Criteria** |
| Band Intermediate | All 12 Major Scales/Arpeggios  Chromatic | Quarter Note = 72  All District Format  Tongued/Slurred |
| Band Proficient | All 12 Major Scales/Arpeggios  Chromatic | Quarter Note = 80  All District Format  Tongued/Slurred |
| Band Advanced | All 12 Major Scales/Arpeggios  Chromatic | Quarter Note = 92  All District Format  Tongued/Slurred |
| \* Indicates Honors Level – Students must complete to receive Honors Credit | | |

**Writing Assignments/Evaluations (10%) (assessment of contextual relevancy and musical literacy)**

All written assignments and written evaluations will be graded using the Southwest High School Writing Rubric. This rubric is used throughout our school to promote excellent writing habits for all students. This rubric can be found in the appendix section on the next page.

**Ensemble Etiquette 10% (assessment of music literacy, musical response, and contextual relevancy)**

Students are expected to practice and model rehearsal strategies that are beneficial to the entire ensemble.

* Brings all materials and is prepared each day to class
* Demonstrating good posture
* Measure of growth (comes prepared to perform their part better)
* Engagement (participates in discussion, asking questions, listening, performing)

A group of people on a stage

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**Final Exam**

The final exam in each course will count as 25% of the final grade.

|  |  |  |
| --- | --- | --- |
| **Level** | **Playing Exam (50% of final exam grade)** | **Written Exam (50% of final exam grade)** |
| Beginning &  Intermediate | 9/10 All District Scales (including chromatic)  Semester Etude | Multiple Choice Music Literacy Exam |
| Proficient | 11/12 All District Scales (including chromatic)  Semester Etude | Multiple Choice Music Literacy Exam |
| Advanced | 11/12 All District Scales (including chromatic)  Semester Etude | Multiple Choice Music Literacy Exam |

Students will be able to perform scales and etudes beginning the final 3 weeks of each semester (before school, during their PH Block, and after school). Students will be given the etude during the final grading period. They must prepare this on their own time (class time will be designated for this only at the discretion of the director).

**\*Alternative Writing Assignment (For students who miss Performance Assessments)**

If a student misses a performance, they are required to submit a written assignment as an equivalent. All written assignments must be submitted through email and meet the following requirements.

* 12pt font
* Times New Roman
* Double Spaced
* Header
  + Name
  + Date
  + Band + Level
  + Teacher’s Name
* Works cited or bibliography.
* Length of paper is determined by the number of weeks spending to prepare for the concert. (If we prepared a concert in 6 weeks, the length of the paper is a **minimum of 6 pages (excluding title pages and bibliography/works cited page).**
* Paper is due by the end of the 6-week period the concert falls in.
* **Topics may include:**
* Research papers based on a composer or period of music
* Research papers based on famous classical works in music history.
* Research paper based on female composers (any period).
* History of musical theatre, jazz, or rock & roll, or other valid music genre.
* All other topics must be presented with a thesis and approved by Mr. Barton

**Late Assignments**

Any late assignment will be deducted 10 points from the grade received after being completed and checked. Assignments will not be made up from previous grading periods unless the teacher has given special instruction.

**A group of people lined up in a row

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**Marching Stallions**

**Summer Band Camp**

Before the start of the school year, all students participating in this ensemble ***must attend*** the Summer Band Camp. Each day of Summer Band Camp is the equivalent of one week of practice during the school year. This time of the year is vital for the ensemble. Since everyone has their own part and spot in the show, missing one day of camp effects every person. The ensemble cannot improve if students are absent for even a day. Should a student be absent, an *Absence Request Form* must be filled out in advanced (these are located using this link as well as the marching band page). Written documentation is important.

**Summer Band Camp Dates 2023:** *Leadership Training July 24th and 25th; Colorguard and Percussion Prep – July 27th and 28th; Band Camp Week One (required for all) – July 31st thru August 4th; Band Camp Week Two (required for all) – August 7th thru August 11th*

**Post Band Camp Rehearsals**: August 15th, August 17th

**Post Band Camp Performance:** August 18th (Football game)

**Marching Stallions Policies**

1. The Marching Stallions is an extracurricular activity offered at Southwest High School with rehearsal and performance obligations after school and weekends throughout the fall semester.
2. All Marching Stallions members are to adhere to the Student Code of conduct. Violation of any policies set forth by Southwest High School or SWO Bands will result in removal from the activity.
3. Students are expected to attend all after school rehearsals, sectionals, performances, and other mandatory events.
4. Rehearsals are Tuesday and Thursdays after school from 3:00pm until 6:00pm unless stated otherwise by the band director.
5. Students are expected to be early to all rehearsals. (If you are on time, you are late. If you are early, you’re on time.)
6. Students need to wear appropriate attire when practicing (P.E. dress out clothes). Tennis shoes and socks must always be worn. Bringing extra clothes, socks, and shoes is recommended in case of weather or spills.
7. Each student has their own spot in the show. Missing rehearsal will affect everyone around that student’s dot/spot and more importantly, the entire ensemble. If a student is sick and cannot make a practice or performance, that student or their parent should contact the band director (not an instructor or another student).
8. Absent requests should be filled out **2 weeks prior to the date expected to be absent.** **Students that are in athletics should communicate the director and coach.**  Work, and extra-extra-curricular activities are not excused.
9. Students will not perform at football games or competitions if they have failed to be at both rehearsals during the week. If you do not perform Friday and or Saturday, you are required to attend the event, play in stands/sidelines, and help with equipment.
10. During rehearsal, **NO** students are not allowed to have phones on the field. Students will be asked to put phones on the sideline once. Failure to comply will result in dismissal from rehearsal and a referral will be written to administration.
11. Students are responsible for their own assigned uniforms, instruments, and equipment.
12. Students are to respect the three P’s: People, Places, and Property.

**Uniform Attire for Performances**

**Summer Uniform**

Summer uniform attire is used for Parent Preview Night, summer parades, football games, and other designated events. Students are responsible for obtaining the items below ***before Parent Preview Night***. Shirts will be given to students during the second week of full camp.

* Black show shirt – *do not cut the sleeves of your show shirt* (See Student Handbook)
* Tennis shoes or Marching shoes (this includes front ensemble)
* Khaki shorts/pants (Jeans will be allowed once the weather cools down)
* Socks (plain black, white, or gray only)
* Clothes are to not be tight fitting (See Student Handbook)

**Full Uniform Attire**

During the middle of September (when the temperature is cooler) we will switch to our marching band uniforms. The uniform consists of black bibs, uniform jacket, gauntlets, plume, and hat. Students must obtain the following before the first football game in uniform:

* Black marching shoes
* Black gloves
* Black socks (must go up to calf)
* Gym shorts (to go on underneath bibs)
* Temporary hair dye should not be used when wearing the shako.

All students must follow these rules for Full Uniform

1. No jewelry is to be worn in uniform. This includes earrings.
2. All long hair must be put up under aussie/shako.
3. Temporary hair dye is strictly prohibited in uniform. This could ruin the shako and will result in a replacement fee.
4. All band members must wear their show shirt under their uniform. A regular black T-shirt (no writing) is acceptable.
5. Uniforms must be checked back in at the end of events. Uniforms will not go home with a student or parent unless authorized by the director.
6. The band director is the only one who will decide on the alterations of attire at any time.
7. If items of the uniform damaged or misplaced in the students’ possession, the parent/guardian will assume responsibility for its replacement at the value the uniforms were purchased.

**Uniform Replacement Costs**

|  |  |
| --- | --- |
| Coat / Jacket | $213.00 |
| Trousers / Pants | $86.00 |
| Coat Drape | $49.00 |
| Shako / Hat | $48.00 |
| Plumes | $30.00 |
| Gauntlet Cuffs | $38.00 |

**Football Games and Performances**

1. ALL MUSIC MUST BE MEMORIZED UNLESS STATED BY THE DIRECTOR.
2. **We are the 12th man on the field**. This means we are always paying attention to the entire game. All band members sit together in the stands. Nobody other than marching band members, staff/volunteers, parents, or directors are allowed in the band section.
3. Students will sit in their assigned sections during games.
4. The band director is the only one who will instruct students to take jackets off during the game.
5. We play together or we do not play at all. Game spectators are not to be disturbed with unstructured/unorganized instrument noise. Drum Majors and directors will be using a system to let you know what will be played. If given time, they will call you to attention, give horns up, and then count off. All students must stand and play when the band is playing.
6. Everyone claps during the fight song if you are not playing an instrument. We must show pride in our school and community. This is not optional.
7. No food or refreshments, except for water, will be allowed in the stands unless we are on a break.
8. Students are dismissed for the break after we have cleared the field after our halftime performance. Students are to be back and ready to play “Final Countdown” with 3:00 left in the 3rd Quarter. This does not mean come back and finish eating in the stands.
9. On 3rd Quarter break, you are still a representative of SWO Bands. Your uniform is on always even when you are out of it. Jackets may stay off to prevent spills. Please follow proper folding procedures.
10. Do not allow any person to play or handle your instrument/equipment.
11. After the end of the football game, we will either 1) perform a post-game performance or 2) line up on the track and head for the dismissal spot.
12. All uniforms are to be stored properly in the uniform storage room. No student will be allowed to take the uniform home.
13. Only Southwest High School apparel may be worn in our section. Again, we are the 12th man, and we must show our school spirit.

**Traveling Procedures**

1. Attendance is checked before we leave for any destination
2. Students must be seated on the bus while it is in motion
3. No student can sit with a student of the opposite gender
4. No food or drink is allowed on Activity Buses
5. Students are reminded that the bus driver needs to concentrate on the road. All conversations must refrain from disrupting the bus driver(s).
   1. There is no talking at a train crossing
6. No body sprays, perfumes, colognes are to be sprayed on the bus. This applies to deodorizers as well.
7. Adhere to all policies dealing with travel and representation of Onslow County Schools and Southwest High School.

**Competition Procedures**

1. All buses are silent once we reach the entrance of the school.
2. All students will sit together during the competitions as one section.
3. While groups are performing
   1. No talking in the stands
   2. Negative comments are to be kept to yourself
   3. Applaud when appropriate
4. Make sure you have all your performance materials (uniform, instrument, equipment, etc.)
5. Respect the three P’s! (People, Place, and Property)
6. Adhere to all policies dealing with travel and representation of Onslow County Schools and Southwest High School.

**Absences and Attendance Policies**

Students that are in the Marching Stallions must adhere to the mandated attendance policy set forth by Onslow County Schools. (Please see Onslow County Schools Code of Conduct)

1. Each student has their own spot in the show. Missing rehearsal will affect everyone around that student’s dot/spot and more importantly, the entire ensemble. If a student is sick and cannot make a practice or performance, that student or their parent should contact the band director (not an instructor or another student).
2. Absent requests should be filled out **2 weeks prior to the date expected to be absent.** Work, and other non-school related activities are considered unexcused.
3. Students who miss a combination of 2 or more rehearsals within 1 week will not perform. Even if the student is not performing, they are required to be at the event and sit with the band in the stands for the entire game or competition. The band director is the only person to tell a student they will not perform.

**Fees**

All students participating in the Marching Stallions must pay the following fees:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Category** | **Fee** | **Deposit Payment for June 1st** | **Recommended Payment for August 1st** | **Recommended Payment for September 1st** |
| Winds | $200 | $75 | $75 | $50 |
| Colorguard and Percussion | $275 | $100 | $100 | $75 |

These fees are used to purchase music and drill written for the show, bring in specialized instructors, equipment for the season, transportation, and other needed items. T-shirts, marching shoes, and marching gloves are not included in this fee. For those who would like to make additional payments or may be facing financial difficulties, additional payment installments can be arranged through contact with one of the SWHS Band Boosters Officers. All fees must be paid in full before September 1st. (*Students will not be able to waive the Marching Band Fee through student services. Students will be able to waive the $10 instrumental fee for the credited class through Student Services*.)

**A picture containing person

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**Prepare for Band Camp 2023**

Here are tips that will help you prepare for Band Camp 2023.

1. **Practice, Practice, PRACTICE!!!**

Practicing over the summer will help improve individual contribution to the music that we perform for the show. Certain music selections will be available during the summer so that you can already start practicing. Even when you don’t have access to the music you can be working on long tones, scales, rhythmic exercises, and lots more. Even playing your instrument just for fun should be included (maybe your favorite pep tune or etude). We recommend that you play or practice at least 30 minutes to an hour a day. Standing while playing will be beneficial for all marching winds, especially brass (you must hold your instrument up A LOT!!!).

1. **Be Active**

It is very easy for us to just sit around because our brains and bodies are exhausted from school. However, we recommend that you have *active* fun. Active fun includes playing sports, going swimming, hiking, and anything that will get you moving. *Non active* fun*,* such as playing video games, watching movies/television,is recommended but you should consider keeping this minimal or lessen the amount. Try 1-2 hours of active fun and 30 minutes of non-active fun. If you sit around and do nothing during the summer, you will have negative energy and a negative attitude during outside and inside rehearsals. Avoid extreme heat!

Example exercises to consider for shaping up for the marching band season. (You will see these at camp.)

|  |  |
| --- | --- |
| **Core (Abdominals)** | **Cardio** |
| Sit-ups / Crunches | Jumping Jacks |
| Leg Lifts | Running / Jogging |
| Mountain Climbers | Burpees (also for Core) |
| Planks | Riding your bike |
| **Arms (Brass Players…hint hint)** | **Legs** |
| Pushups | Squats |
| Pull Ups | Calf Raises |

1. **Eat Healthy**

Make sure you are eating right! Consider your intake of sugars, carbohydrates, fats, and other food that may be considered junk (notice how I didn’t say don’t eat junk food). Remember, ***you will not*** be able to go out during band camp to places like *Cookout, Burger King*, and *Bojangles*. I guarantee you, if you eat junk food all summer when you are out in the sun, you will get sick. Be conscious about what you are putting into your body. Drink plenty of water and healthy liquids as well. Eating breakfast in the morning is a must because we are outside and active in the mornings.

**2023 Marching Stallions Band Camp Guide**

Band camp is not the worst thing in the world. The worst thing in the world is to come to band camp unprepared. The following guide should help you arrive at band camp prepared, and more importantly, survive.

1. What do I need to bring?
2. Why do I need all these things?
3. What should I expect?
4. What can I do at camp to make it a better experience?
5. What are the main things to remember from these FAQ?
6. **What do I need to bring?**

Listed below are the **mandatory items** for band camp this year:

* Your Instrument (yes, there have been a few that have forgotten this before...)
* Drill Book
* Black Coleman Water Bottle/Cooler (**mandatory for all Marching Stallions)**
* Lunch (in a cooler, will discuss more below)
* Pencils/Highlighter (sharpened, with erasers)
* T-shirt (light colored, tank tops and sleeveless shirts are ok)
* Gym shorts, khaki shorts, comfortable board shorts (Long pants and jeans are not allowed)
* Socks and Tennis Shoes (NO SANDALS, FLIP-FLOPS, CHUCKS/CONVERSES, or other shoes are not allowed to be worn during band camp. This applies to front ensemble as well.)
* Sunglasses and Hat
* Sunscreen/Bug Repellent (lots)
* Lip Balm / Carmex
* Black towel
* Lyre and Flip Folder

1. **Why do I need all these things?**

**Sunscreen/Bug Repellent**: Sunburn is a given at band camp. Even if you never wear sunscreen, you need it at band camp because you will get tan, and possibly burnt. We are outside at the time where the bugs are active, please make sure you take measures to prevent itching, bites, stings, and severe reactions (allergies should be reported on the medical form).

**Breakfast**: We have seen far too many students get sick and must sit out the first day of band camp because they did not eat breakfast. You must eat a good breakfast. (Donuts are not a good breakfast) It will not sit like a lump in your stomach or make you feel sick while you are marching.

**Water**: This one is obvious. You will sweat a lot at band camp. During breaks, you will need to fill up with water. ***Important note***: Do not bring water bottles filled with carbonated sodas or sugar drinks (Kool-Aid, juicy juice), it will just make things worse. Water is best.

**Clothes**: Wear shorts every day to band camp. There is no big explanation. Be comfortable and take care of yourself! Socks and Tennis Shoes are always to be worn. ***You are not allowed to walk around in socks or barefoot.*** Students may be asked to wear certain items during camp for drill/unification purposes.

**Lip Balm/Carmex/DCT**: Brass players…are you listening? This will help keep your lips from cracking and drying out.

**Sunglasses**: These keep the UV light from your eyes and make the glare bearable, since you must look up sometimes towards the sun.

**Hat**: It will keep the sun out of your eyes and face (Lets you avoid "Raccoon Eyes" from sunglasses, which look silly in your school pictures).

**Lunch:** Lunch is the relaxation time of the day. Bring a cooler with your favorite food or ask your parents to drop you off a sub or some other tasty food during the designated lunch period. Make sure you pack a good healthy meal. It's always better to have more food than to be hungry and trust me; you will be hungry after a block of work. A typical meal includes (1) a sandwich, (2) some fruit, (3) chips, (4) water, and (5) a small desert. Avoid carbonated soda, greasy foods, or eating a lot of candy or sweets. Depending on the hours of the rehearsal day, make sure you have the appropriate meals planned, whether it is just lunch, just dinner, or both! ***Students will be allowed to go to the store next to campus with adult supervision only.* *(Effective 2015-2016)***

**Drill Book**: Your drill book is used to hold all your warm-ups, music, and drill. Insert 40-50 clear page covers to hold all papers you will be given during rehearsals. Make sure you have pencils and a highlighter accessible to make corrections in your music and to highlight your position on your drill.

**Black Towel:** This is to lay your instrument on when it is not in use during rehearsal. This will prevent it from being dirty, wet, and being exposed to other materials that could damage the instrument.

**\*Lyre and Flip Folder:** The lyre is the metal clip that allows the student to clip the flip folder to the instrument. Lyres can be purchased from *Fuller’s Music* or *The Musicians Toy Store*. Check with these places well ahead of time (there are over 500 students between Craven and Onslow County alone that will need one before band camp!). We do have flip folders and pages, but it is best to purchase a flip folder if you desire a different form of lyre.

1. **What should I expect?**

Expect to work hard. Expect to have fun. Expect a suntan or sunburn, with tan lines from your shirt and socks. Expect to take directions and advice from people your own age. Expect the unexpected - every previous year's band camp holds several stories and activities. Expect to learn majority of this year's show and expect to be proud of the hard work you will put into making the Marching Stallions one of the best bands around! There is nothing to fear about the camp experience. Returning members look forward to camp as one of the highlights of their summer. The staff and upperclassmen work hard to provide a nurturing environment for new members of the marching band. I am excited about this year's marching season and I look forward to getting to know all our new members.

1. **What can I do at camp to make it a better experience?**

**Show Up**: There have been a few cases of people who completely messed up and didn't realize that there was a band camp, or that band camp was required. The 80+ hours of rehearsals that take place during this two-week span will give us an upper hand during the season. It is imperative that members attend ALL rehearsals with no interruptions. Difficulties with families, vacations, doctor visits, and jobs should be avoided during the camp period. If this cannot be avoided, please talk with the director prior to July 1. Should one member of this fine ensemble miss one hour of rehearsal, it means we ALL must go back and the learn the same material again....a loss of one hour multiplied by 60 members equals 60 hours of lost rehearsal time. The staff and director want to put the best possible musical product on the field at every performance. Clearly, this is a monumental task. It becomes next to impossible to achieve if members must attend to other business during rehearsal time.

**Be on time**: If you are early, you are on time. If you are on time, you are LATE. If you are LATE, then you’re running laps. (Wow! That’s harsh) **You** are responsible for being on time. You cannot blame this on traffic, on car trouble, or on your parents. You take full responsibility for it. The only exception is if you call BEFORE the time you are supposed to arrive and explain the situation (i.e., car trouble, parents overslept, etc). The band room phone number is 910-455-4888 Ext. 50104.

**Behave**: Do whatever is asked of you. The instructors are here because you desire to work hard and get better. I trust the instructors and you are to treat them with respect. When you work hard, they will take note - as well as the other members around you. Behaving also tends to get things done a lot quicker (nothing is worse than resetting over and over again because the band isn't behaving or listening to instructions!)

**Keep cool**: Both mentally and physically. First make sure you are not overheating (the intent is not to make anyone sick), but also keep a calm mind. So you can't hit the line the first time you try it? If you give 100% each time, and listen graciously to advice, you WILL eventually get it. Our staff and upper classmen are here to help you, so let them.

1. **What are the main things to remember from this FAQ?**

* Respect the directors, staff, upper classmen, and fellow new members. They have done this before and know what they are talking about.
* Eat breakfast EVERY DAY.
* Water, Water, WATER, WATER! Hydration is key!
* Wear shorts and tennis shoes.
* Bring your INSTRUMENT & TOWEL. ALWAYS HAVE A PENCIL, and DRILL BOOK.
* Wear sunscreen and sunglasses.
* Get to know people. Go out of your way to meet upper classmen, it'll be worth it, I promise. And upperclassmen, new members are people too, treat them as such.

**Band camp is hard work, but you will find that there is something fun about working hard and seeing the result of that hard work - and being very proud of your accomplishments.**

A group of people in clothing

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**2023 Marching Stallions Calendar – Update July 20th**

|  |  |
| --- | --- |
| July 24th & 25th | Leadership Training 9am – 2pm  ***Required for all Leadership*** |
| July 27th – 28th | Guard and Percussion Begins 8am – 3pm |
| July 31st – Aug. 4th | Band Camp Week 1 (8am – 5pm) |
| August 7th – 11th | Band Camp Week 2 (8am – 5pm) |
| *August 15th* | *Rehearsal 8am – 11:30am* |
| *August 16th* | *Rehearsal 8am – 11:30am* |
| *August 17th* | *Rehearsal 8am – 11:30am* |
| August 18th | **Football Home vs. Jacksonville** |
| August 22nd | Rehearsal 3pm – 6pm |
| August 24th | Rehearsal 3pm – 6pm |
| August 25th | **Football Home vs. Richlands** |
| August 29th | Rehearsal 3pm – 6pm |
| August 31st | Rehearsal 3pm – 6pm |
|  |  |
| September 1st | **Football Away @ White Oak** |
| September 5th | Rehearsal 3pm – 6pm |
| September 7th | Rehearsal 3pm – 6pm |
| September 12th | Rehearsal 3pm – 6pm |
| September 14th | Rehearsal 3pm – 6pm |
| September 15th | **Home vs. Wallace - Rose Hill** |
| **September 16th** | **Onslow County Marching Band Showcase**  **Jacksonville HS**  **All Day Event** |
| September 19th | Rehearsal 3pm – 6pm |
| September 21st | Rehearsal 3pm – 6pm |
| September 26th | Rehearsal 3pm – 6pm |
| September 28th | Rehearsal 3pm – 6pm |
| September 29th | **HOMECOMING: Home vs. Kinston** |
| October 3rd | Rehearsal 3pm – 5pm |
| October 5th | Rehearsal 3pm – 5pm |
| October 7th | **Monarch Invitational**  **Northside High School (Jacksonville, NC)**  **All Day Event** |
| October 10th | Rehearsal 3pm – 5pm |
| October 12th | Rehearsal 3pm – 5pm |
| **October 14th** | **White Oak Band Classic**  **White Oak High School**  **All Day Event** |
| October 17th | Rehearsal 3pm – 5pm |
| October 19th | Rehearsal 3pm – 5pm |
| October 20th | **SENIOR NIGHT: Home vs. James Kenan** |
| **October 21st** | **11th Annual Pirate Classic**  **Topsail High School (Hampstead, NC)**  **All Day Event** |
| October 24th | Rehearsal 3pm – 5pm |
| October 26th | Rehearsal 3pm – 5pm |
| October 28th | **Viking Band Classic**  **Union Pines High School (Cameron, NC)**  **All Day Event** |
| October 31st | Veteran’s Day Parade Rehearsal 3:00 – 4:30 |
| **November 2nd** | **Fall Ensembles Concert**  **Call Time for Marching Band Members: 6:15pm**  **Concert Time: 7:00pm** |
| **November 4th** | **Rolling Thunder Veteran’s Parade**  **Coastal Carolina Community College (Jacksonville, NC)**  **Morning Event** |
| **November 18th** | **Jacksonville Holiday Parade**  **Coastal Carolina Community College (Jacksonville, NC)**  **Morning Event** |
| **December 9th** | **Richlands Illuminated Holiday Parade**  **Richlands High School/Primary School (Richlands, NC)**  **Afternoon/Evening Event** |
| **December 12th** | **Winter Ensembles Concert**  **Call Time: 6:15pm - Concert 7:00pm** |

* Schedule does not reflect events of Band Booster Meetings or Indoor Ensembles. Events may change before August 1st due to football and competition schedules.
* **All dates and events are tentative. Students who participate in Marching Stallions are required to attend Band Camp (July 31st thru August 4th and August 7th thru 11th).** We encourage all parties involved to plan around these dates to make sure students maximize all opportunities to learn the show and its components before their semester advances.
* Rehearsal Time after camp will decrease depending on the everyone knowing their parts and movements for the show.
* Student must fill out an absence request form if they are going to be absent. Emergencies should be emailed or delivered by voicemail (910-455-4888 Ext. 34014) to the director. Word of mouth by other students ***will not*** be accepted. Absentee Documentation can be found in the Marching Stallions TEAMS or online.
* If student misses both rehearsals in the same week, they will not perform in ANY event that week.
  + THIS INCLUDES COMEPETITIONS,
  + STUDENT IS STILL REQUIRED TO BE AT EVENT and will help with equipment.
* All playoff games depend on the success of our team. Parents, Boosters, Chaperones, and other guests must pay entry for any playoff game ticket ($8.00). \*A playoff game does happen the day after Thanksgiving. Traveling is tentative. \*

A picture containing person, clothing, outdoor, text

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Logo, icon

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1420 Burgaw Hwy Jacksonville NC 28540

**Ph: 910-455-4888 Fax: 910-455-3949**

**Lance Barton, Director of Bands Jennifer Walton, President**



**Band Boosters Welcome!**

The Southwest High School Band Boosters would like to welcome you and your child to SWHS Marching Stallions Band! Music provides students with great opportunities to advance their education and involvement in High School activities. We would like to invite you, the parents, to be involved in the High School Band experience through the SWHS Band Boosters.

The SWHS Band Boosters is a nonprofit organization that provides support of the band program through fundraisers meant to reduce student expenses, provide expenditures for additional items needed, create an avenue of communication between the school and parents, and to volunteer for band functions. All parents are welcome – all skills and time given is greatly appreciated.

We need volunteers for many different activities throughout the year. Possible activities include chaperoning, raising funds, holding an office on the booster board, moving equipment, and altering uniforms are just a few examples. The amount of time varies from a few hours to a few days, or even year-round. Volunteers are not limited to parents – friends of the community, teachers, and instructors are all welcome!

Being a booster member also allows a great advantage in receiving communication from the Band Program. We hold a meeting each month to prepare for upcoming events, fundraising for the band, and opportunities that bring our students success. There is a fee to be a voting member of the Band Boosters. Again, all band parents and supporters are invited to attend. Additionally, you can visit Southwest High School website at <http://www.onslow.k12.nc.us/southwesths> for even more information.

A special Thank You goes to all who have helped in the past! Many thanks in advance to all those who will help in the future! We look forward to providing our children with opportunities in music they would not otherwise have.

Sincerely,

The SWHS Band Boosters

**SWHS Band Boosters Executive Board & Important Contact Information**

**2023-2024**

**President**

Jennifer Walton

910-915-3038

jenniferawalton@aol.com

**Vice President**

Cristal Romeo

910-554-0805

[cristalromeo@live.com](mailto:cristalromeo@live.com)

**Secretary**

Melissa Carter

910-554-7659

[Sacmac06@gmail.com](mailto:Sacmac06@gmail.com)

**Treasurer**

Destiny Edwards

910-459-9022

Marinewife52704@gmail.com

**Band Director**

Lance Barton

910-455-4888 (Ext. 50104)

[lance.barton@onslow.k12.nc.us](mailto:lance.barton@onslow.k12.nc.us)

**New Band Email Address**

[swobands@gmail.com](mailto:swobands@gmail.com)

**School Address**

Southwest High School

1420 Burgaw Highway

Jacksonville, NC 28540

School Phone Number – 910-455-4888

School Fax Number – 910-455-3949

**Remind – Text @swobands21 to “81010” for Student Remind**

**Remind – Text @swoboost21 to “81010” for Boosters Remind**

**Additional Opportunities**

**Private Lessons**

Students can take individual lessons with a private teacher. Working with a private teacher will result in a noticeable growth in music. Ensembles can read and perform more challenging literature when students take private lessons. Therefore, it is recommended that students find a private teacher to help them master their talents. Private lesson teachers are willing to work with parents, guardians, and students on prices and schedules. It is highly recommended that all students who audition for All-District have at least one lesson. Please see the band director for recommendations of private lesson instructors.

**Summer Music Camps**

Different universities offer a music camp during the months of June and July for students to improve their skills and showcase what they have learned in an all-inclusive performance. Each camp has a different cost and plan for students. Most costs cover items such as room and board, meals, recreational activities, and instruction. These are great opportunities for students to meet other students across the region and advance as musicians and leaders in their band program. Below are a few examples of camps in our state. More information can be found on their university’s website or from the band director.

* ECU Summer Music Camp – East Carolina University
* UNCG Summer Music Camp – University of North Carolina at Greensboro
* Canon Music Camp – Appalachian State University
* Summer Symposium for the Marching Arts – Western Carolina University

**All-County, All-District, All-State and Other Honors Bands**

Students can participate in different ensembles throughout our state, and region. All students who are interested must be prepared to play the following: selected scales (tongued and slurred), instrumental prepared piece (given by the director), and sight-reading. Auditions allow students to grow and become more comfortable with playing in front of others. Whether they make the band or not, each student grows from this experience and should be proud of what they have accomplished. Students who seek Proficient and Advanced studies are required to audition for All-District. To audition or be selected for these groups, approval will be given by the director based on the following met criteria:

**All County**

* Senior High School All District Scale Sheet
* Student must sight-read
* Student must be able to make the sectional and the clinic (you cannot miss parts for other commitments)

**All District / Other Honors Bands**

* Student must have one private lesson
* Student must be able to play all scales in less than 3 minutes (including chromatic)
* Student must sight-read
* Student must be able to make the event (you cannot miss parts for other commitments)
  + Parent or Guardian must make sure travel and transportation for the student is taken care of.

**Solo and Ensemble Music Performance Adjudication (SEMPA)**

Students are encouraged to perform musical literature independently and collaboratively. Each year our district provides an assessment festival designed for solo musicians and small groups or “ensembles”. Students interested in SEMPA should form a timeline to prepare for the performance. All soloists and groups that show interest, follow through with learning the materials, and perform for a select audience, can be selected to perform at SEMPA representing Southwest High School.

**Onslow Winds Community Band**

A group of people in a ring

Description automatically generated with low confidenceThe Onslow Winds is a concert band open to those in the communities of Onslow County. The ensemble meets on Monday evenings at Southwest High School from 7:00pm until 8:50pm. The Onslow Winds provides performances to the community during the fall, winter, and spring months. Participation in this group is strictly recreational and the student is held to the same standards as a community musician.

**Local Resources**

***Musicraft***

Musical Instrument Repair Shop (Used by Onslow County Schools)

1212 Gum Branch Rd, Jacksonville, NC 28540

[(910) 545-4770](javascript:void(0))

***Fuller’s Music***

Music Vendor (Used by Onslow County Schools)

2310 Trent Rd, New Bern, NC 28562

[(252) 638-2811](javascript:void(0)) - https://www.fullersmusic.com/c-864-southwest-high.aspx

***Musician’s Toy Store***

375 Western Blvd, Jacksonville, NC 28546

[(910) 577-6700](javascript:void(0))

**National (Mail or Internet)**

|  |  |
| --- | --- |
| ***Woodwind and Brasswind***  800-348-5003  www.wwbw.com | ***Steve Weiss Music (percussion)***  215-659-1170  www.steveweissmusic.com |

**Local Universities with Music Programs**

East Carolina University – Greenville, NC

University of North Carolina at Wilmington – Wilmington, NC

University of North Carolina at Pembroke – Pembroke, NC

**SWO BANDS STUDENT CONSENT FORM**

*This form must be signed by all students and parents involved with the bands of Southwest Onslow High School. Students will not be able to travel or participate in activities if we do not have this form.*

***Student Consent***

I have read, understood, and will comply to all policies according to SWO Bands Handbook, Southwest High School Student Handbook, and the OCS Student Code of Conduct. I understand all expectations for each ensemble. I believe that we are all responsible for making sure rehearsals run smoothly and every person involved is respected. I am willing to do my part! I understand that immediate disciplinary action will take place should I willfully violate the policies and expectations of SWO Bands or Southwest High School.

Student Printed Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Student Uniform Consent***

I understand that I am personally responsible for the uniform items assigned to me. I also agree to take care of the uniform as directed. At the end of each game or competition I will see that I have all uniform parts assigned to me properly stored in the garment bag. I will personally get the bag checked off and will not assume responsibility for another band member’s uniform. I will report any missing or damaged items immediately. I understand that failure to follow these rules will result in immediate disciplinary action. I also understand that will be charged for any parts that are lost or damaged due to neglect or abuse.

Student Printed Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**SWO BANDS PARENT CONSENT FORM**

***Parent Consent***

I, the undersigned parent, or guardian, grant full permission for my child to be an active member of the Southwest Onslow High School Band. Signing this consent includes the following:

1. My child and I have read through the entire manual and understand all items set forth by SWO Bands (grading procedures, policies for ensembles, materials needed for classes/ensembles, etc.).
2. I **give my student permission to travel with SWO Bands on any designated field trip that requires any mode of transportation.** I understand that my child must adhere to all rules and policies regarding behavior, use and/or possession of alcohol, use and/or possession of illegal drugs as set forth by Southwest High School and Onslow County Schools.
3. I understand and approve that my child may be included in promotional photography and videos throughout the band season.
4. I understand that I and my child(ren) must meet all financial obligations by September 1st.

Should my child willfully violate any of these rules, I understand that my child will receive administrative consequences up to being removed from all activities at my expense.

Parent Printed Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# SOUTHWEST HIGH SCHOOL MARCHING STALLIONS

# 2023 MEDICAL FORM

**This form must be filled out and turned in before any student can travel.**

# GENERAL INFORMATION

Students Full Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City \_\_\_\_\_\_\_\_\_\_\_\_ State: NC Zip:

Birthdate: / / Present Age: \_\_\_\_ Grade: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Father’s Name (or Male Guardian): \_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_

Mother’s Name (or Female Guardian): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_

Home Phone: (\_\_\_\_\_) - \_\_\_\_\_- \_\_\_\_\_ Mobile Phone: (\_\_\_\_\_) - \_\_\_\_\_- \_\_\_\_\_

Family Practice/Physician: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone: ( ) - -

\*Emergency Contact Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Relationship to Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Emergency Contact Phone: (\_\_\_\_\_) - \_\_\_\_\_- \_\_\_\_\_

School Insurance? YES or NO (circle one)

Family Insurance Company: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Policy #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***If a student is unable to participate due to any medical condition. A doctor’s note must be provided. Please fill our medical history and sign on the next page.***

# SOUTHWEST HIGH SCHOOL MARCHING STALLIONS

# 2023 MEDICAL FORM

**This form must be filled out and turned in before any student can travel.**

# Medical Information

Known Drug Allergies: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

General Anesthesia Allergies:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Other Known Allergies (food, grass, pollen, etc.):

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Medical condition(s) currently under treatment:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Medication(s) currently in use:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Physical disabilities (i.e. asthma, diabetes, etc.):

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Recent surgery: (When and what?)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Last Tetanus shot/booster date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\* Special health problems:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**2023 Marching Stallions Uniform Fitting Form**

**First Name**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Last Name**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Section:** DRUM MAJOR WINDS PERCUSSION GUARD

**Sex:** Male or Female

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **DRUM MAJOR – WINDS – PERCUSSION MEASUREMENTS** | | | | | |
| Height | Weight | Head | Chest | Arm | Seat |
|  |  |  |  |  |  |

|  |  |
| --- | --- |
| **D-W-P Assigned Uniform Components** | |
| Shako # |  |
| Jacket # |  |
| Bibs # |  |
| Gauntlet # |  |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **COLORGUARD MEASURMENTS** | | | | | | |
| Height | Weight | Head | Chest | Arm | Seat | Inseam |
|  |  |  |  |  |  |  |
| Additional Information for Costume/Design | | | | | | |

***\*DON’T FORGET TO PURCHASE A LYRE AND FLIP FOLDER FOR YOUR INSTRUMENT BEFOR BAND CAMP!***

* Reeds
* Valve oil / Cork grease
* Instrument lyre
* Instrument flip folder
* Other music and instrument related needs.
* Can be purchased from Fuller’s Music online!
  + We recommend going to fullersmusic.com to shop for any instrument specific needs

FEET – TOGETHER

STOMACH – IN

CHEST – OUT

SHOULDERS – BACK

CHIN – UP

EYES – WITH PRIDE

EYES – WITH PRIDE

**EYES – WITH PRIDE**