Pequea Valley School District

Counseling and Support Options

Below is a list of several counseling agencies, mental health treatment facilities, and supportive organizations that may be useful to you and your family. Pequea Valley School District does not explicitly endorse any one agency or program, nor can we guarantee the effectiveness or quality of the options noted below. We have developed this list of possible resources to help provide information that may be beneficial to you. *To best utilize the mental healthcare system, you are encouraged to contact your insurance provider to find out which mental health services are recommended and covered by your insurance plan.*

**Please note:** In the event of an emergency you can call Crisis Intervention in Lancaster at (717)-394-2631. Crisis Intervention is strictly for emergency situations only. Another important resource in an emergency situation is the local hospital’s emergency room.

**CRISIS RESOURCES**

**Child Abuse 24-Hour Hotline**……………………………………………………(800)-932-0313

**CONTACT Lancaster Helpline**………………………………………………….(717)-299-4855

* 24-hour helpline for individuals needing emotional support
* All calls are confidential, anonymous, and free of charge

**CONTACT Teen Line**……………………………………………………(717)-394-2000

**CONTACT for Deaf-TTY**………………………………………………..(717)-299-7184

**Crisis Intervention (FOR EMERGENCIES ONLY)**…………………………..(717)-394-2631

* Call if you are experiencing a mental health emergency that requires *immediate attention*

**Domestic Violence 24-Hour Hotline**……………………………………………..(717)-299-1249

**Health and Human Services Helpline**…………………………………………...(855)-501-6785

* Including emergency housing

**National Suicide Prevention Lifeline**……………………………………………(800)-273-8255

**YWCA 24-Hour Sexual Assault Hotline**………………………………………..(717)-392-7273

**MENTAL HEALTH: INDIVIDUAL & FAMILY**

**Advanced Counseling and Testing Solutions**…………………………………...(717)-208-6599

2121 Oregon Pike <http://www.advancedcounselingandtestingsolutions.com/>

Suite 201

Lancaster, PA 17601

* Individual Counseling
* Marriage and Couples Counseling
* Biblical Counseling
* Testing and evaluations
* Neurofeedback
* Alpha Stim

**Behavioral Health Consultants**…………………………………………………..(717)-581-5255

1755 Oregon Pike <https://www.bhclanc.com/>

Lancaster, PA 17601

* Individual Counseling
* Couples and Family Counseling
* Play Therapy
* Psychological Assessments
* Career Counseling

**COBYS Family Services**…………………………………………………………(717)-661-3548

1417 Oregon Road (717)-656-6580

Leola, PA 17540 <https://cobys.org/>

* Individual Counseling
* Family Counseling
* Marriage & Couples Counseling
* Adoption services

**closest option**

**Community Services Group (CSG)**……………………………………………...(877)-907-7970

3293 Lincoln Highway East <http://www.csgonline.org/>

Paradise, PA 17562

AND

790 New Holland Ave.

Lancaster, PA 17602

* Behavioral Health Rehabilitation Services (BHRS)
* Community Residential Rehabilitation (CRR)
* Outpatient services
* Employment Services
* Family Based mental health services
* Juvenile Firesetter Assessment Consultation Treatment Services (JFACTS)
* Mobile psychiatric rehabilitation
* Partial hospitalization
* Supported housing

**Esperanza Hope for the Future Counseling**…………………………………….(717)-390-9086

1148 Elizabeth Avenue

Lancaster, PA 17601

* Spanish-speaking therapists
* Individual and family counseling
* Medication Management

**Life Span Psychological Services**………………………………………………...(717)-464-1464

2819-0 Willow Street Pike <http://lifespanmentalhealth.com/>

Willow Street, PA

* Individual Counseling
* Marriage and Family Counseling
* Play therapy
* Psychological testing

**Mary Davis, M.D.**………………………………………..………………………(717)-392-7062

822 Marietta Avenue

Suite 31

Lancaster, PA 17603

* Specializes in adolescent psychiatry

**Michael Buonomo, MA**…………………………………………………………..(717)-798-3811

5781 Glen Oaks Dr. (717)-768-4603

Narvon, PA 17555

* Specializes in Developmental Disabilities and Behavior Disorders

**New Hope Counseling Center** ………………………………………………….. (717)-786-2802

248A Maple Ave. <https://www.newhopeministry.info/services>

Quarryville, PA 17566

* Individual counseling
* Couples counseling
* Spiritual counseling

**Providence Behavioral Health**…………………………………………………...(717)-397-1400

600 H Eden Road <http://providencebehavioral.com/>

Lancaster, PA 17601

* Individual, child, adolescent, and adult counseling
* Marriage & Family counseling
* Neuropsychological and psychological testing

**Philip Taylor, Ph.D.**…………………….…..…………………………………….(717)-397-2707

28 N. Lime Street <http://www.realdrphil.com/>

Lancaster, PA 17603

* Individual Counseling
* Marriage and Family Counseling
* Testing and Evaluation

**Samaritan Counseling Center**…………………………………………………...(717)-560-9969

1803 Oregon Pike <http://scclanc.org/>

Lancaster, PA 17601

* Individual Counseling
* Family Counseling
* Spiritual Counseling
* Testing, Evaluation, and Assessment

**T.W. Ponessa & Associates**………………………………………………………(717)-560-7917

410 N. Prince Street <http://www.twponessa.com/>

Lancaster, PA 17603

* Individual counseling
* Drug & alcohol counseling
* Psychiatric medical services
* Behavioral Health Rehabilitative Services (BHRS)
* Children’s Partial Hospital Program

**Wellspan Philhaven**………………………………………………………………(717)-273-8871

*Various locations in Lancaster County*  <http://www.wellspanphilhaven.org/>

* Outpatient counseling
* Psychological testing
* Therapeutic after school programs
* Inpatient day hospitalization
* Mobile family based teams
* Center for Autism and Developmental Disabilities

**DRUG AND ALCOHOL**

**Al-Anon/Alateen**………………………………………………………………….(877)-298-5027

 <https://lanclebalanon.org/>

**Alcoholics Anonymous of Lancaster County**…………………………………...(717)-394-3238

 <http://www.lancasteraa.org/>

**Drug & Alcohol Commission**…………………………………………………….(717)-299-8023

150 N. Queen Street <http://www.co.lancaster.pa.us/140/Drug-Alcohol-Commission>

Lancaster, PA 17602

* Treatment, prevention, and education

**H.S.A. Counseling, Inc**…………………………………………………………...(717)-394-5334

321 N. Market Street <http://www.hsa-pa.com/>

Lancaster, PA 17601

**Lancaster Freedom Center**………………………………………………………(717)-397-9118

436 N. Lime Street <http://www.lancasterfreedomcenter.com/>

Lancaster, PA 17602

**Retreat Premier Addiction Treatment Center**………………………………….(866) 937-2215

1170 South State Street  <http://www.retreat-lc.com/>

Ephrata, PA 17522

**GRIEF AND LOSS**

**Hospice of Lancaster County**…………………………………………………….(717)-295-3900

685 Good Drive <http://www.hospiceoflancaster.org/>

P.O. Box 4125 <http://www.pathwaysthroughgrief.org/>

Lancaster, PA 17604-4125

**ADDITIONAL SUPPORT**

**Community Action Partnership of Lancaster**…………………………………..(717)-299-7301

601 South Queen Street <http://www.caplanc.org/>

Lancaster, PA 17601

* Education and Childhood Development programs
* Health and nutrition Programs
* Household stability programs
* Safety and empowerment programs

**Lancaster County Council of Churches**………………………………………...(717)-291-2261

812 North Queen Street <https://www.lcchurches.org/>

Lancaster, PA 17603

* Food Bank
* Clothing bank
* Wheels to Work
* Winter shelter

**The Factory Ministries**…………………………………………………………...(717)-687-9594

Together Community Center <http://thefactoryministries.com/>
3293 Lincoln Highway East
Paradise, PA 17562

*OR*

The Factory House
3098 Lincoln Highway East
Paradise, PA 17562

* Support and education for financial-related struggles
* Food pantry
* Educational resource workshops
* Youth center
* Community training

**Mental Health America of Lancaster County**…………………………………..(717)-397-7461

630 Janet Avenue <http://www.mhalancaster.org/>

Lancaster, PA 17601

* Mental health advocacy services
* Compeer Friendship Program – mentor program for individuals overcoming mental illness
* Mental health education
* Mental health support for incarcerated individuals
* Suicide Prevention Coalition
* Support groups
* Veteran support

**No Longer Alone Ministries** ……………………………………………………..(717)-390-4891

630 Janet Avenue [www.nlam.org](http://www.nlam.org)

Suite A107

Lancaster, PA 17601

* Professional services to build hope and empower individuals and families experiencing mental illness

**YWCA Lancaster**………………………………………………………………...(717)-393-1735

110 N. Lime Street [www.ywcalancaster.org](http://www.ywcalancaster.org)

Lancaster, PA 17602

* Emergency shelter
* Rapid rehousing
* Child development programs
* Parent education programs
* Sexual assault counseling