**Counseling/Therapy Resources**

**Ascension Counseling**

3440 Martin Street South, Suite 17 Cropwell, AL 35054

paula@ascension-counseling.com

205-623-5130

<https://www.ascension-counseling.com/>

Information: Provides for individual, couples, family, substance abuse, and front line worker counseling.

**Captial Care South Accepts Medicaid**

2619 Commerce Boulevard Irondale, AL 35210

205.956.2000

[info@capitolcaresouth.com](mailto:info@capitolcaresouth.com)

<https://www.capitol-care.org/south>

Information: Provides Rehabilitation Day Treatment and General Outpatient Services, including therapy. They have therapists and psychiatrists on staff.

**Eastside Mental Health Center Accepts Medicaid**

625 15th St N, Pell City, AL 35125

(205) 338-7525

Information: Adult Intensive Day Treatment, Adult Outpatient, Adult Rehabilitative Day Program, Assertive Community Treatment, Child/Adolescent Day Treatment, Child/Adolescent Outpatient, Consultation & Education, DMHF – Outpatient, Emergency Services

**Gateway**  
1401 20th Street South Birmingham AL 35205

205-510-2600  
<https://www.gway.org/>

Information: Provides Family/Individual Counseling, Financial Counseling, Foster Care

**Impact Family Counseling Accepts Medicaid**

Vestavia Hills  
701 Montgomery Highway, Suite 202 Birmingham, AL 35216 (above Dollar General)   
South Side  
1000 24th Street South Birmingham, AL 35205 \*Programs: Cribs for Kids, Family Strengthening, U-Turn  
205-916-0123  
Fax: 205-916-0878

<https://impactal.org/>

Information: Provides outpatient counseling and a variety of other services such as mentoring, relationship education, family strengthening and anger management to all people, regardless of religion, sex, race, ethnicity, age, or disability.

**Jefferson/Blount/St. Clair Mental Authority (JBS MHA)**

(205) 338-5015

Mental Health Coordinator: Dionne Stevens

Email: [dstevens@jbsmha.com](mailto:dstevens@jbsmha.com)

Information: The St. Clair County School Mental Health Collaborative is with JBS and is called Project C.O.P.E. Contact your St. Clair County School Counselor to discuss a referral to Project C.O.P.E.

**Lakeside Hospice**

4010 Masters Rd. Pell City, AL 35128

205-884-1111

<https://www.lakesidehospice.org/>

Information: Provides (1) medical care to enable the patient to remain alert, comfortable and capable of participating in life as fully as possible for as long as possible, (2) psychological, emotional, social and spiritual for families and patients, and (3) community involvement and awareness. This organization has done free grief counseling in schools after traumatic events.

**Leeds Counseling**

1200 6th St. Leeds, AL 35094

205-558-8026

[julie@leedscounseling.com](mailto:julie@leedscounseling.com)

<https://www.leedscounseling.com/>

Information: Types of therapy provided are Attachment-based Christian Counseling, Cognitive Behavioral (CBT), Expressive Arts, Integrative, Interpersonal, Parent-Child Interaction (PCIT), Person-Centered, Play Therapy, Relational, Sandplay, Solution Focused Brief (SFBT), Trauma Focused.

**Links 2 Learning Consulting Accepts Medicaid**

1 Perimeter Park South, STE 100N Birmingham, AL 35243  
205-861-0594  
Fax: 205-623-0266  
E-mail: [fhouston1023@gmail.com](mailto:fhouston1023@gmail.com)

<http://links2learningconsulting.com/>

Information: Provides classroom consultation, teacher training, family education/family training, diagnostic testing, and counseling.

**LOL Counseling and Consulting Accepts Medicaid**

Address: 2100 Southbridge Parkway, Suite 650 Birmingham, AL 35209

Phone Number: 205-775-6037

Email: [slett@lolcounselingservices.com](mailto:slett@lolcounselingservices.com)

**L. Williams Associates Accepts Medicaid**

404 15th St N, Birmingham, AL 35203

(205) 777-4022

**New Day Counseling Services, Llc**

1317 Wilmer Ave Ste 102, Anniston Alabama, 36201-4600

256-676-2323

<https://www.facebook.com/newdaycounselingservices/>

Information: St. Clair office located in downtown Pell City.

**Noah’s Ark Treatment Center Accepts Medicaid**

1728 5th Ave N, Birmingham, AL 35203

Phone: 1-205-502-7278

Fax Number:1-205-502-7779

E-mail: [noahsarkcftc@gmail.com](mailto:noahsarkcftc@gmail.com)

Information: Provides Diagnostic Assessment/Referral, Parenting Skills/Training, Life Skills Development, Individual Counseling, Family Counseling, Psychiatric Services, Group Counseling, In-Home Counseling, 24 Hour Crisis Intervention, Anger Management Skills, Psychological Evaluations/Testing.

**On Our Sleeves – Alabama Resources**

<https://www.onoursleeves.org/find-help/state-resources/alabama>

Information: For crisis situations that are not life-threatening, find mental and behavioral health resources and other information on this resource list.

**Oasis Counseling for Women and Children Accepts Medicaid**

1900 14th Avenue South, Birmingham, AL 35205

205-933-0338

<http://www.oasiscounseling.org/>

Information: Individual Counseling for Women, Play therapy for boys and girls ages 3-12, Counseling for adolescent girls, Couples and family counseling, Child-parent relationship therapy, Groups, Outreach and education

**Pathways**

FBC Pell City – 2309 2nd Avenue Pell City AL 35125

Ashville Counseling Office – 33620 US 231 Ashville AL 35953

Offices throughout Alabama

1-866-991-6864

<https://www.pathwaysprofessional.org/>

Information: Pathways Professional Counseling offers Christ-centered counseling for children, youth, unmarried adults, married adults individually, married adults as couples, and families (Services include counseling for individuals and groups, creative techniques for counseling children, premarital counseling, marriage enrichment seminars, assistance to individuals and couples to strengthen parenting skills, divorce recovery, and adoption/foster care issues.)

**PIRC (Psychiatric Intake Response Center) - (Information hotline)**

Psychiatric Intake Response Center (PIRC)

Children's of Alabama Emergency Department

1601 5th Avenue South

Birmingham, Al 35233

205-638-PIRC (7472)

<https://www.childrensal.org/pirc>

Information: PIRC is an informational hotline. Any adult with a mental health question or concern regarding a child or adolescent is encouraged to contact the PIRC. PIRC is open seven days a week, year-round from 8 a.m. to 11 p.m.

**Psychology Today**

<https://www.psychologytoday.com>

Information: Site has a directory with licensed therapists

**Trussville Family Counseling**

128 N Chalkville Rd Trussville, AL 35173 US

Terry Mashburn: 205-276-2419

Brenda Mashburn: 205-422-4697

Stephen Long: 205-800-8381

Nikki O'Dell: 618-406-6640

Donna Marsh: 205-253-5055

[info@trussvillecounseling.com](mailto:info@trussvillecounseling.com)

<https://www.trussvillecounseling.com/>

Information: Trussville Family Counseling exists as an extension of First Baptist Church Trussville, offering help in marital counseling, grief counseling, play therapy (for children), and general mental health.

**UTalk for teens**

3600 8th Avenue South Suite 501 Birmingham, Alabama

205-328-5464

<https://crisiscenterbham.org/crisis-intervention-prevention/utalk.htm/>

Information: Text and phone counseling is available from 3 PM – 10 PM every single day. In the summer, they are open from 10:00 AM to 10:00 PM

**Yellow Brick Road Counseling – Pell City Accepts Medicaid**

P.O. Box 1324 Cullman, AL 35056

Phone: 888-355-7080

Fax: 256-615-8632

<https://ybrcounseling.com/>

Information: “At Yellow Brick Road Counseling, LLC we strive to provide quality care for our clients and their families. We have counselors that have a variety of specialties and are dedicated to helping their clients and families find healing! We take Medicaid for children and up to age 20. We also accept BCBS and other insurances.”