**Thompson Integrated Early Childhood**

**Families Partnering in Education (“Family PIE”) Minutes**

**March 7th, 2023 Meeting**

Meeting called to order at: 5:06 pm

**Members present**: Steven Richey, Erin Richey, Jaycie Eberling, Joe Goldman, Jennifer Goldman

**Members absent**: Amy Gerhard, Caitlin Johnson, Debra Walk, Megan Dunn, Mikki Gonzalez, Muna MCaughan, Natalie Ortega, and Shirley Fickle

**Staff/Guests present**: Barb Kruse (virtual), Lamb Caro, Julie Lindsay, Christiana Shorten, Mary Bowman, Heather Owen (INEP) and Abby Smith (INEP)

**Quorum met**: No

**Introductions and Roll Call**: by Steven Richey

**Vision and Mission statement read by:** Julie Lindsay

**Training:** Health/Nutrition

* Christiana Shorten, Health Coordinator presented information about “Re-Think Your Drink” promoting drinks without sugar and demonstrated recommended healthy portion sizes.
* Heather Owen and Abby Smith with the Integrated Nutrition Education Program presented information about family engagement opportunities with the INEP program including: Text2LiveHealthy (text messages with healthy tips,) and parent letters with recipes and activities. They demonstrated fun ways for kids and families to engage in more physical activity at home. It is recommended that adults engage in physical activity for 20 minutes per day, 4 times per week and an hour per day for kids. They showed how to make healthy fruit water with oranges and cucumbers as an alternative to sugary drinks.

**ACTION ITEMS**

**1. Approval of agenda:**

Discussion: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Motion to approve:** First: Joe Goldman Second: Jennifer Goldman

**Approved?** Yes

**2. Approval of Minutes from Prior Meeting:** Discussion: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Motion to approve:** First: Jaycie Eberling Second: Erin Richey

**Approved?** Yes

**3. Approval of Budget:**

 Discussion: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Motion to approve:** First: Jaycie Eberling Second: Joe Goldman

**Approved?** Yes

**4. Approval of New Hires/Resignations: read by Lamb Caro**

Discussion: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Motion to approve:** First: Joe Goldman Second: Erin Richey

**Approved?** Yes

**5. Approval of Program Self Assessment:**

 Discussion: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Motion to approve:** First: Jennifer Goldman Second: Erin Richey

**Approved?** Yes

**DISCUSSION ITEMS**:

* Approval of Program Self-Assessment
* Week of the Young Child April 1 - 7

**Center Updates/Q&A Time**

* Parent-Teacher conferences went well according to Jennifer Goldman
* Door Prize: Joe Goldman

**Meeting Adjourned at:** 5:53 pm

Minutes taken by: Julie Lindsay

**Next Meeting: April 11th, 2023 at 5:00 pm**