Pharr-San Juan-Alamo Independent School District

SCHOOL HEALTH ADVISORY COUNCIL MEETING

March 21, 2016

**MINUTES**

1. **Call to Order**

Meeting was called to order at 11:30 am by Sulema Flores, SHAC Coordinator.

1. **Welcome**

Sulema Flores, Director of Health Services, welcomed all in attendance and thanked those who were in attendance for today’s meeting. Mrs. Flores welcomed and introduced our host, Department of Counseling, Rosalinda Robles, Counseling & Guidance Director & Parental Involvement Norma Garza, and Parental Coordinator.

1. **Minutes**

The minutes from the last meeting were reviewed by the committee. Sandra Vicencio motioned to accept the minutes, Linda Mendoza second the motion. The minutes were approved.

1. **Access to health care providers**

* **PSJAISD School Based Health Center DHR**

**700 West Ridge Road, San Juan, TX 78589, 956-787-5454**

* **PSJA School Based Clinic NCDV**

**400 E. El Dora Rd., San Juan, TX 78589, 956-781-6077**

Mrs. Sulema Flores shared that these clinics are available for all the PSJA Students of the district and parents will have to see a financial counselor at either one of the clinics when they identify themselves as self-pay, if they do not have the money on hand they will be billed to their address.

1. **Immunizations: TDap/MCV4/Varicella**

Mrs. Sulema Flores shared Tdap is required for all students starting 7th grade and MCV4 is required for all students starting 7th grade and before entering college students must have a booster. Mrs. Flores shared students starting PK must have at least one dose and before starting kinder students must have two doses.

1. **Screenings: Referrals for Vision, Hearing, Scoliosis, Dental, Acanthosis Nigricans, Height & Weight**

Mrs. Sulema Flores asked the parents of the committee if they had received a notice about the above mentioned referrals and or phone calls. Parents of the committee informed Mrs. Flores that they had. Mrs. Sulema Flores encouraged parents to follow through in taking their child to the doctor and returning the referrals back to their school nurse as the referrals are state mandated and is for their child’s well-being. Mrs. Flores shared that Vision, Hearing, Dental, Height & Weight are required for all students in PK, K, 1st, 3rd, 5th, & 7th but Acanthosis Nigricans is only required for 1st, 3rd, 5th, and 7th and only height and weight for students in 9th grade. Scoliosis is only required for 5th & 8th as well as all the other screenings. Mrs. Flores shared all the above screenings are required for new students of the district except for Acanthosis Nigricans which is only required for new students 3rd-12th and Scoliosis is only required for new students 9th-12th. Mrs. Flores also shared that if parents receive a referral for Acanthosis Nigricans they should make sure that lab work up includes results for the insulin level, because that gives a better indication on how the pancreas is working and if insulin levels are high then that indicates that the student is at a higher risk of having Type II Diabetes.

1. **Suicide Prevention: Say Yes to Life-Saturday, April 30, 2016, Time: 8:00 a.m.-12p.m.**

Mrs. Flores reminded the committee about the Say Yes to life walk and encouraged all to attend and to take their children to celebrate life. Mrs. Flores shared SHAC will have a place set up at the stadium for this event.

1. **PSJA ISD Health Services Department and the University of Texas Rio Grande Valley to host a Health Fair at Southwest High School on Saturday, April 2, 2016 9:00a.m.-12:00 p.m.**

Mrs. Flores shared with the committee about this event and encouraged parents to share at their campuses and to come out and support this event, Mrs. Flores shared there would be a lot of door prizes, food, and free services and give a ways.

1. **Operation Lone Star July 25-29, 2016: Display 7 boards, SHAC representative OLS Youth Risk Behaviors Presentation Boards**
2. **Tobacco Use Alcohol and Drug Use**
3. **Poor Food Choices & Inappropriate Portion Sizes**
4. **Inadequate Physical Activity**
5. **Sexual Behaviors That Can Transmit HIV and other STD’s/Unintentional Pregnancy**
6. **Intentional and Unintentional Injuries, Often Due to Violence**

Mrs. Flores shared with the committee that SHAC will be working on these boards at the next meeting for OLS and parents of the SHAC committee will sign up for the week of OLS to present the boards on the Youth Risk Behaviors.

1. **Counseling Presentation-Transforming a High School Counselor to a College Advisor**

Ms. Rosalinda Robles, Counseling & Guidance Director began her presentation with videos on graduation from high school to continuing education and how parents can be of support to their children in continuing their education beyond high school. Ms. Robles presented to the committee how High School Counselors began with an initial cohort of counselors becoming college advisors in August 2014 and a 2nd cohort began in February 2015. Currently all counselors at all high schools know what is needed to graduate with a high school diploma and an associate degree and/or a certificate. Ms. Rosalinda Robles shared with the committee South Texas College (STC) has training twice a year for the college advisors so they are able to advise high school students on all the information that they need to know, the first training for this year will take place on April 27, 2016 from 8:30-12 p.m. so that students will know what they need for next school year. Ms. Robles shared how this process begins for the student. She shared the process begins in the middle school so that once student’s begin high school they are on track to take courses at the college level to be able to graduate with a high school diploma and an associate degree and/or certificate from college. In middle school students begin with two classes: college success and career portals. These courses show students different career pathways and universities they may be interested in. All 8th grade students apply to college so that in 9th grade they may begin to take college courses with the parent’s consent to the career pathway that their child has chosen. In 9th grade students have tutoring prior to taking the ACT so that they are able to have success in passing and being able to begin taking college courses. Students are also given one to one advising. The students one to one advising makes sure that student is having success in their courses by maintaining a 2.0 GPA. By 12th grade students are transitioned from community college to university. Students in 12th grade are on the Fast Track, which means they are taken to STC and also continue with an advisor after they have graduated from high school to prepare them to have college orientation so that by the time they start college in August they are ready, and the students are set up with an advisor in college so they do not get lost in the process of college once they are at that level. Students also have a Cap and Gown event where they are bused for the ceremony for their graduation at college and then they participate in their high school graduation. Mrs. Sulema Flores thanked Ms. Robles for sharing and said that she not only assists the high school counselors but also helps in many other areas in the district.

1. **Parental Engagement Program Presentation**

Mrs. Norma Garza, Parental Coordinator presented to the committee on behalf of the Director of Parental Engagement Olivia Benford. Mrs. Garza began by sharing that college is very important to PSJA and the parental engagement program is here to assist parents in understanding this process. Juan Garcia from ACT had come to visit Bowie Parent Center and wanted to know what else could be done or how they could be of help to the parents. He along with others came together to put a Parent Academy together for the parents on March 29, 2016 from 6-8 p.m. at the PSJA Auditorium. Mrs. Garza shared there will be 15 agencies UTRGV Financial Aid, Texas A&M Engineering Department, Project Lupe, and many more. Mrs. Norma Garza shared 500 parents are expected as Univison will have an interactive presentation with games on the subject of college as well as prizes and there will be prizes for the first 100 persons.

Mrs. Norma Garza shared parental engagement covers all three cites of the PSJA District. Mrs. Garza shared many parents are not able to work due to not being citizens of the United States. Mrs. Norma Garza shared that Ms. Olivia Benford, Director of parental involvement was recently invited to Washington, DC to see how they were helping the community. The parental engagement program works to have parents as role models regardless of citizenship and educate parents in different trades as well as well as reduce the dropout rate and improving the amount of students going to college and having parents involved in the process of education. Mrs. Garza shared that presently there are 3,800 parents going to the schools and before the year ends the goal is to have 5,000 parents involved. Mrs. Garza shared that the program initially began with only about 500 parents and Ms. Benford began to write grants with the help of Region One and was able to get instructors from STC to have certified instructors to teach parents different trades. Other programs under parental engagement include: Early Learning, Early College, College Access, Dual Language Enrichment, Million Father March, and Moving Forward Initiative. Mrs. Norma Garza shared the Moving Forward Initiative is for present employees that are interested in learning or improving their English or Computer Skills through this program. Mrs. Garza shared that the parental program is big with six schools where parents can learn cake decorating, become a security guard, welding which presently has a waiting list. The schools are as follows: Bowie, San Juan Middle, Napper, Cesar Chavez, Garcia, Carnahan, and will soon have a bus in Lopezville. Mrs. Garza shared that anyone is welcomed at the school that is at Carnahan Elementary from any city. The number to the Parental Involvement Office is 956-354-2216.

1. **Next Meeting: April 18, 2016, 11:30 a.m., Room 292, Host: Safety & Security**
2. **Question & Committee Comments**

Mrs. Flores shared for staff to go on to the PSJA Website as well to find more information on the Parental Engagement Program.

1. **Adjournment**

Mrs. Flores thanked everyone for coming and the meeting was adjourned at 12:44 p.m.