Pharr-San Juan-Alamo Independent School District

SCHOOL HEALTH ADVISORY COUNCIL MEETING

March 21, 2018

**MINUTES**

1. **Call to Order/Welcome**

Meeting was called to order at 11:43 am by Sulema Solis, SHAC Coordinator.

Sulema Solis, Director of Health Services, welcomed and thanked those that were in attendance for the last meeting for this school year. Ms. Solis suggested for this coming school year for the Physical Education Department to come up with a health report card of the district that will show percentages of students in 3-5 that are tested using the Fitness Gram how many students from each campus are obese and come up with a report card to promote a healthy competition that will motivate students to become the healthiest campus in the district and amongst grade levels within the campus. This report card can be generated for every campus every 3 months or create a healthy competition through SHAC. Also, include a percentage of how many students are getting vegetables and are actually eating the veggies and not throwing them. Another idea that was shared was having a field day for parents. The report card can then contain information for parents and students to motivate parents about eating healthy and the coaches would model the exercises for the students and the parents. The report card would then show which school is the healthiest. Ms. Corina Gonzalez shared that schools are only allowed 6 days out of the year to sell food of minimal nutritional value and the other days should be approved by child nutrition for schools to be selling during the day. Ms. Solis asked for the report card to include 4 different components: results of Fitness Gram that the Department of Physical Education will provide through Coach Chavana, height and weight that will be provided by the Department of Health Services and obtained by the school nurses, 3 lessons that parents can go through regarding physical education and nutrition, provided by parental involvement, and child nutrition. Ms. Solis asked for all to go through the minutes and reminded the committee about Operation Lone Star that will take place at PSJA High School from July 23-27 and in Summer 2019 it will take place at PSJA Southwest High School. Ms. Solis then introduced the next presenter on the agenda.

1. **Minutes**

The minutes from the last meeting were reviewed by the committee. Norma Garza motioned to accept the minutes; Laura Cazares second the motion. The minutes were approved.

1. **BCFS-Heather Chavez**

Jessica and colleague from BCFS shared that all services provided are free and currently they are partnered with 4 schools in the district that they are teaching abstinence classes to students. Currently there are 1,800 students enrolled. The classes are very interactive with games and activities and the students are kept engaged and are enjoying the class. When students have the 3rd class they are taught about HIV and other STDs and prevention through games like Jeopardy. Students become peer educators and serve as helpers. This is the 2nd year of the program and there are lots of changes and some students have come back and shared with their peers what they have learned and what they have put into practice and students are focusing on their goals and students are doing well. Hopefully new programs will be implemented regarding positive and negative relationships, teen violence in relationships, and bullying. This year presentations have been provided for parents to learn about the program that will be taught, and parents are not going. Phone calls are being declined. The permission slip for parents to sign to have student participate in the class are still not being signed by parents during registration. There were 500 parents that still declined. Students are saying they want to be part of the course and parents are then giving consent and are being allowed to join. Prizes are being given to students in the class as well. Parents are more than welcome to be given the videos to teach it to their children if they provide their address. BCFS answered questions of parents that said they were not aware and never received the permission slips for their child to participate and told them they are more than welcome to have their child join if they sign the permission slip. There are also videos on cyberbullying and bullying available. Children with disabilities are taken into consideration and there are 10-50 children in each class. Mrs. Garza encouraged parents to share this information with other parents and the importance of having their children participate in these courses. In conclusion, BCFS shared that they will be having a Family Fun day on Saturday, April 21, 2018 from 9 a.m.-1p.m. at the Alamo Bowie Parent/Community Education Center. The other event BCFS will have is the 4th Annual M.O.V.E. (Missions and Obstacles Vary in Everyone) Conference which is a youth leadership conference with interactive workshops, activities, and skill-building sessions on learning how to overcome obstacles and how to become an effective leader. This event will take place Tuesday, May 1, 2018 from 8:30 a.m.-2:00 p.m. at the Pharr Event Center.

1. **Safety & Security-Ramiro Martinez, Supervisor**

Mr. Martinez began with sharing some changes that have taken place, which includes an officer at every elementary and at all schools not always because there are not enough officers, so little by little. Also, every campus will have only one entrance and observing who comes in and out to be able to minimize situations. There are 3 phases of lockdown: Phase 1: Secure gates/ doors leading into campus, and classes operate normally; Phase 2: Secure all doors, additional security will assist; no one allowed out of classroom; Phase 3: FULL Lockdown. Mr. Martinez said if there is something suspicious on campus, then the parent is informed. The consequences that are carried out are what is allowed by the law. Students are moved to an alternative campus as part of the consequence if necessitated. Incidents that occur through social media parents are notified and the post is removed immediately. The student is removed from the campus to make students feels safe. The Director of Security and Safety, Mr. Palacios goes to the home and sees what the environment is like and the district is doing all the law permits for disciplinary actions. Parents can utilize the application Safe 2 Speak with their concerns and it is monitored. Will metal detectors keep a gun off campus, another question that needs to be asked is if it is necessary. Mr. Martinez provided the Security Office phone number 956-354-2033. Mr. Martinez reiterated the application Safe 2 Speak where parents can address cyberbullying, shooting, and possible suicides. Mr. Martinez shared since last time he spoke to the committee the K-9 randomly goes to every campus and there are less drugs at the schools. Mr. Martinez said the Security and Safety Office is located across the street from T-Stem.

1. **Question & Committee Comments**

Mrs. Garza shared that the next DAC meeting is this Friday at Bowie at 9 a.m. and Ms. Mari Saenz who will be the principal of the Collegiate School that will be opening in PSJA will be speaking. The Collegiate School will be having 225 students enrolled. Mrs. Garza said that in May the district policy revision will be addressed. Mrs. Garza also shared that Ms. Benford was a community Finalist and a documentary will be done. Ms. Benford and Mrs. Garza will be going to Bermuda to find out who won. Ms. Benford has already won 2,500 for the Parental Involvement Department and she has also won 2,500 for herself. If she wins she will win 5,000 for the Parental Involvement Department and 5,000 for herself. Mrs. Garza concluded with encouraging parents to attend the meeting on Friday.

1. **Adjournment**

Ms. Solis thanked everyone for coming and the meeting was adjourned at 1:09 p.m.