Pharr-San Juan-Alamo Independent School District

SCHOOL HEALTH ADVISORY COUNCIL MEETING

January 31, 2019

**MINUTES**

1. **Call to Order/Welcome**

Meeting was called to order at 11:15 am by Sulema Solis, SHAC Coordinator.

Sulema Solis, Director of Health Services, welcomed and thanked the SHAC Leadership Team that were in attendance.

1. **Minutes**

The minutes from the last meeting were reviewed by the committee. motioned to accept the minutes; second the motion. The minutes were approved.

1. **SHAC**

Ms. Sulema Solis explained the reason for the leadership meeting was to explain the focus of SHAC and the 8 components and finding a location to hold SHAC meetings for this school year as well as the possibility of a change in time to the meetings if necessary.

The leadership team decided that the dates for the meetings for this school year will be as follows: February 20th, March 27th, April 10th, and May 2nd at 11:30 a.m. and the meetings will take place at the PSJA Bowie Community/Parent Center. The hosts will be: February 20th Physical Education-Jaime Chavana, March 27th Safety & Security-Joe Palacios, April 10th Child Nutrition-Corina Gonzalez/Health Services-Sulema Solis, and May 2nd Counseling-Gina Saenz/Family and Community Engagement-Norma Garza. The goal is for each host to have 3 topics for each meeting and suggestions from the committee to see what the community can do to make effective changes in meeting the duties of SHAC recommendations. Some suggested topics for Safety & Security included social media, the information of a guard being at every campus and a police officer being available, as well as asking what the community can do to decrease the use of drugs among students and possibly gain suggestions for topics from the committee for the future. The goal is to gain topics, see how the committee then can implement those changes, and make an effect on the number of hours of instruction provided in health education and find curriculum appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, and Type 2 diabetes. To also make an effect on the instruction to prevent the use of tobacco, and appropriate grade levels and methods of instruction for human sexuality instruction. Integrating the curriculum components mentioned above with the following elements in a coordinated school health program for the district: school health services, counseling and guidance services, safe and healthy school environment, and school employee wellness.

1. **Adjournment**

Ms. Solis thanked everyone for coming and the meeting was adjourned at 11:24 p.m.