**Kindergarten Science Unit Organizer**

**Healthy Bodies**

**Kindergarten…..Horton, Shockley, Trout**

**Summary**

Each of us has only one body, and it is important to take care of it to live a long and healthy life. There are a variety of things people can do to take care of their bodies, such as: eating healthy foods in sensible quantities, exercising regularly, getting enough rest, and practicing basic hygiene.

**The Big Idea**

It is important to take care of our body.

**Colorado State Standards:**

**SC K.1.1 Objects can move in a variety of ways that can be described by speed and direction**

**SC K 1.1.b: Describe the motion of a child who is playing**

**Common Core Standards:**

**RLK.1** With prompting and support, ask and answer questions about key details in a text.

**RIK.2** With prompting and support, identify the main topic and retell key details of a text.

**RLK.4** Ask and answer questions about unknown words in a text.

**RLK.10** Actively engage in group reading activities with purpose and understanding.

**SLK.2** Confirm understanding of a text read aloud or information presented orally or through other media by asking and answering questions about key details and requesting clarification if something is not understood.

**WK.2** Use a combination of drawing, dictating, and writing to compose informative/explanatory texts in which they name what they are writing about and supply some information about the topic.

**WK.8** With guidance and support from adults, recall information from experiences or gather information from provided sources to answer a question.

**Core Knowledge Unit:**

**Previous Unit:**

Five Senses

**Prior Knowledge**

Pre-School

Human characteristics, needs and development

**Next Unit**

Magnetism

**What Students Will Learn in Future Grades**

**Grade 1:**

Human body

1. Body Systems
2. Germs, Diseases and Preventing Illness

**Grade 2:**

Human Body

1. Cells
2. Digestive & Excretory Systems
3. Taking Care of Your Body: A Healthy Diet

**Cross Curricular Links**

Language Arts

\*Sayings and Phrases….”Better Safe Than Sorry”, “Great Oaks from Little Acorns Grow”

Visual Arts

\**The Bath,* by Mary Cassatt

Music

\*”The Hokey Pokey”

Science

\*Farming and Planting

\*Biographies….George Washington Carver

**Additional Resources**

For Teachers:

\*Everybody Has a Body: Science from Head to Toe, by Robert E. Rockwell, Robert A. Williams, and Elizabeth A. Sherwood.

\*Janice Van Cleave’s Play and Find Out About the Human Body: Easy Experiments for Young Children, by Janice Van Cleave.

For Students:

\*Germs Make Me Sick, by Melvin Berger

\*It’s Catching: Colds, by Angela Royston

November 2015