**Hockey Unit Organizer**

**4th Grade Wilcox/Reeves**

**Previous Unit Next Unit Continuous Unit**

Track and Field Olympic Day Preparation Passing, shooting,

dribbling, moving &

defensive, & goalie

cues and strategy.

**Summary**

In this unit students will review and build upon skills learned in previous years. They will use some of the mechanics and skills practiced with pillow-polo skills in K-3rd grade.

**The Big Idea**

Students will learn new skills with a hockey stick, practice skills correctly, play some lead-up activities and then play a tournament.

**Colorado Physical Education State Standards  
Standard: 1. Movement Competence and Understanding in Physical Education**

1A. Demonstrate competency in motor skills and movement patterns needed to perform a variety of physical activity.

1B. Demonstrate understanding of movement concepts, principles, strategies, and tactics as they apply to learning and performing physical activities.

**Standard: 2. Physical and Personal Wellness in Physical Education**

2A. Participate regularly in physical activity.

2B. Achieve and maintain a health-enhancing level of physical fitness.

**Standard: 3. Emotional and Social Wellness in Physical Education**

3B. Exhibits responsible personal and social behavior that respects self and others in physical activity settings.

3A. Utilize knowledge and skills to enhance mental, emotional, and social well-being.

**Standard: 4. Prevention and Risk Management in Physical Education**

4B. Apply knowledge and skills that promote healthy, violence-free

Relationships.

4C. Apply personal safety knowledge and skills to prevent and treat

intentional or unintentional injury

**Integrated Units/Activities – Similar ideas**

**Puck/Ball Control –** Soccer, Field Hockey,

**Passing –** Soccer, Field Hockey, Lacrosse,

**Shooting –** Soccer, Field Hockey, Lacrosse,

**Defense –** Soccer, Field Hockey, Lacrosse, Basketball,

**Goal tending –** Soccer, Field Hockey, Lacrosse,

**Core Knowledge Language Arts - NA**

**Prior Knowledge**

Kindergarten – 3rd grade

K – Students learn how to hold their pillow polo stick. We discuss the proper ready position to receive a pass from a teammate. They learn and practice stick/puck handling and passing and trapping with their partner.

1st- 2nd – Students review how to hold their pillow polo stick. We discuss the proper ready position to receive a pass from a teammate. They learn and practice stick/puck handling and passing and trapping with their partner. We also talk about and practice goalie skills. We learn about what a crease is as well as the proper ready position for a goalie. We conclude our hockey unit with 5v5 games.

3rd – Students review how to hold their pillow polo stick. We discuss the proper ready position to receive a pass from a teammate. They learn and practice stick/puck handling and passing and trapping with their partner. We also talk about and practice goalie skills. We learn about what a crease is as well as the proper ready position for a goalie. We conclude our hockey unit with 5v5 games

**What they will learn in future grades?**

5th-6th – Students will go through a similar unit with more emphasis put on doing all the

skills correctly and following the rules of the game.

7th-8th – Students currently will not do hockey in 7th & 8th grade core

classes due to the limited space. Core class focus is on the sports, skill cues, game rules

and history of the activity. Students do have the option of taking an elective class in

which they will play hockey. Electives class is smaller in numbers and the focus is

on fitness and weights so the hockey unit is more for fun and competition than for

refining skills. We review/learn basic stick skills, passing, shooting and goaltending tips

and practice for a short time each day as part of warm-up before we play the game. We

also cover safety and rules in depth as these are still very important to having a safe and

fun hockey week.

9th-12th – Students may take PE as an elective class in which they will also play some

hockey. The high school elective class runs hockey in the same fashion it is run in junior

high. In high school they also have the option of playing in a hockey tournament on the

day of Eagle Games.

**Core Knowledge Links – Connections to Core Knowledge in other classrooms**

In general, our hockey unit follows the basic core knowledge principles. Students learn the basics which build upon each other year after year. We make sure to overlap/practice what was learned the year before and build upon their current skill set. Each year K-6th grade the sport of hockey is talked about more in depth, more technical terms are added in, and strategies are developed further. Many of the skills are the same skills practiced each year but presented in different ways before games are played.

**Additional Resources**

G.A.S.P poster in gym. You tube video to show some professionals practicing skills at the highest level.

**Standards for Achievement**

**Student’s will-**

\*Learn if they are a right or left handed hockey player.

\*Know proper grip of their hockey stick.

\*Know how much a blade can be curved, and the correct direction of curve on the

blade.

\*Know the skill cues for the wrist, slap, and backhand shot.

\*Know when to use each shot in a game.

\*Students will understand basic strategies for playing defense.

\*Students will understand the basic fundamentals for goaltending.

\*Know and get a basic understanding of specific hockey rule violations.

\*Know and follow the rules for hockey.

\*Display appropriate safety for themselves and their peers throughout the unit.

\*Display good sportsmanship and display integrity throughout the lesson.

**Types of Assessments**

\*A visual assessment will be used by the teacher to determine if students are ready to move from skills practice to lead-up games to game play.

\*Students will be quizzed orally regarding skill cues, rules and safety daily.

\*Students will display their knowledge of the individual skills, rules, and strategy, in tournament play.