**Tennis Unit Organizer**

**6th Grade Wilcox/Reeves**

**Previous Unit Next Unit Continuous Unit**

Track and Field Cup Stacking Badminton, Pickle ball and moving &

defensive ideas

**Summary**

In this unit students will review and build upon skills learned in previous years. They will practice Tennis skills and then use those skills/rules learned and apply them in a game setting.

**The Big Idea**

Students will practice skills correctly and play a Tennis game within the rules.

**Colorado Physical Education State Standards  
Standard: 1. Movement Competence and Understanding in Physical Education**

1A. Demonstrate competency in motor skills and movement patterns needed to perform a variety of physical activity.

1B. Demonstrate understanding of movement concepts, principles, strategies, and tactics as they apply to learning and performing physical activities.

**Standard: 2. Physical and Personal Wellness in Physical Education**

2A. Participate regularly in physical activity.

2B. Achieve and maintain a health-enhancing level of physical fitness.

**Standard: 3. Emotional and Social Wellness in Physical Education**

3B. Exhibits responsible personal and social behavior that respects self and others in physical activity settings.

**Standard: 4. Prevention and Risk Management in Physical Education**

4C. Apply personal safety knowledge and skills to prevent and treat intentional or unintentional injury.

**Integrated Units/Activities – Similar ideas**

**Forehand –** Pickle ball, Badminton

**Backhand –** Pickle Ball, Badminton

**Serve-** Pickle Ball, Badminton, Volleyball

**Core Knowledge Language Arts - NA**

**Prior Knowledge**

Kindergarten – 5th grade

K – 1st- Exploration with forehand and backhand skills practiced. Other skills include:

Controlling the ball and racket, Sending and receiving with the racket and Rally

skills.

2nd- 3rd – Students practice racket control, forehand and backhand rallying, serving

and volleying.

4th - Students practice rally skills, serve and return, volleying, approaching the net and

singles and doubles play.

5th – Students practice rally skills, serve and return, volleying, approaching the net,

single and doubles play as well as a tournament.

**What they will learn in future grades?**

7th-8th – Students will practice Rally skills for forehand and backhand, serve and return,

volleys, overheads and lobs, approaching the net as well as singles and double

play. Students will have an extra day or two devoted to practicing skills.

Students will also learn more in regards to the history and strategy behind the

sport. Students will play a longer tournament and will have a written test at

the end of the unit. Students have options outside of class to work on their

game. There are junior high teams throughout the city they can join.

9th-12th – Students may take PE as an elective class in which some tennis is taught

and played. Tennis is not covered in depth like it is in the younger grades.

Fitness and fun is more of the focus with the high school team sports.

**Core Knowledge Links – Connections to Core Knowledge in other classrooms**

In general, our tennis unit follows the basic core knowledge principles. Students learn the basics which build upon each other year after year. PE teachers make sure to overlap/practice what was learned the year before and build upon their skill and knowledge of the game. Each year a little more time is spent on the sport and is taught more in depth.

**Additional Resources**

G.A.S.P poster in gym, score cards used at some stations, posted records for different station competitions.

**Standards for Achievement**

**Student’s will-**

\*Know the skill cues for forehand, backhand, serve, and volley.

\*Practice the forehand, backhand, serve and volley the proper way.

\*Be able to serve, perform the proper form for a forehand, backhand and volley.

\*Understand how to score a tennis match and play within the game rules. Including

knowing: Rally, forehand and backhand ground stroke, follow through, serve, return

and volley.

\*Understand the concept of spacing and movement on the court while playing doubles,

in order to be an effective teammate.

\*Display appropriate safety for themselves and their peers throughout the unit.

\*Display good sportsmanship throughout the lesson.

**Types of Assessments**

\*A visual assessment will be used by the teacher to determine if students are ready to move from skills practice to stations and again to game play.

\*Students will be quizzed orally regarding skill cues and safety.

\*Students will test their ability to display their knowledge of rules and skills from a more static environment (individual skill work and stations) to a dynamic environment with our game play.

\*Each class tennis skills and rules will be reviewed as needed.