**PPK- Punt, Pass and Kick Unit Organizer**

**5th Grade Wilcox/Reeves**

**Previous Unit Next Unit Continuous Unit**

**Rules/Routines Presidential Physical Fitness Throwing, Catching, Cooperatives Kicking and Punting**

**Summary**

**In this unit students will review previous scores from last year. They will attempt to achieve a higher score in the three areas they are tested in.**

**The Big Idea**

**Students will practice and test Punting, Passing and Kicking a football.**

**Colorado Physical Education State Standards  
Standard: 1. Movement Competence and Understanding in Physical Education**

**1A. Demonstrate competency in motor skills and movement patterns needed to perform a variety of physical activity.**

**3B. Exhibits responsible personal and social behavior that respects self and others in physical activity settings.**

**4C. Apply personal safety knowledge and skills to prevent and treat intentional or unintentional injury.**

**Integrated Units**

**Throwing-Whiffle ball, Baseball, Team Handball, Speedball**

**Catching-Basketball, Whiffle ball, Baseball, Team Handball, Soccer, Speedball**

**Kicking-Soccer, Speedball**

**Punting-Soccer, Speedball**

**Core Knowledge Language Arts-N/A**

**Prior Knowledge-**

**Kindergarten- Grade 4**

* **Kicking-**

**-Students are introduced to kicking stationary balls in kindergarten**

**-Students progress to kicking a moving ball in 2nd through 4th grade**

* **Passing-**

**-Students are introduced to the throwing motion in kindergarten**

**-Students are introduced to throwing more accurately and for a greater distance in 1st through 4th grade**

* **Punting-**

**-Students are introduced to punting in 4th grade.**

**What students will learn in future grades**

* **6th grade- Students will continue to try and better their scores from 4th and 5th grade.**
* **7th and 8th grade- Students will continue to work on their skills while applying their skills in a game of football.**

**Core knowledge content- Connections to core knowledge in other classrooms**

**Pedometers are used to measure steps which help the class move across the United States. Facts are read about the state including the Capitals which are part of the 5th grade curriculum. The 5th grade is also competing to get more miles than the elementary staff and travel to more states throughout the year. Teachers email with their miles completed for the week and their information is updated on a map in the hallway outside of the gym.**

**Additional Resources**

**NFL- Punt, pass and kick website-** [**www.nfl.ppk.com**](http://www.nfl.ppk.com)

**Standards for Achievement**

**Student’s will-**

**Know the skill cues for throwing, kicking, punting and catching.**

**Understand the concept of leading a target while throwing.**

**Understand the importance of a proper warm-up.**

**Display appropriate safety for themselves and their partner throughout the unit.**

**Be able to throw, kick and punt a football for distance and accuracy.**

**Types of Assessments**

**Students will be assessed visually by the teacher to determine if they are ready to move on.**

**Students will be quizzed orally regarding skill cues and safety.**

**Students will test their Punt, Pass and Kick and receive a measurement for each and then a total of all three.**

**Students may compare scores from their previous year.**