**Bowling Unit Organizer**

**4th Grade Wilcox/Reeves**

**Previous Unit Next Unit Continuous Unit** Volleyball Basketball Soccer Kickball, rolling/slide games,

Math Concepts

**Summary**

In this unit students will review and practice rolling/sliding skills they have learned in previous years. They will use some of the same mechanics utilized in other game units for rolling.

**The Big Idea**

Students will practice skills correctly, follow the rules and etiquette of bowling, and learn how to score a complete game by hand.

**Colorado Physical Education State Standards  
Standard: 1. Movement Competence and Understanding in Physical Education**

1B. Demonstrate understanding of movement concepts, principles, strategies, and tactics as they apply to learning and performing physical activities.

**Standard: 2. Physical and Personal Wellness in Physical Education**

2A. Participate regularly in physical activity.

2B. Achieve and maintain a health-enhancing level of physical fitness.

**Standard: 3. Emotional and Social Wellness in Physical Education**

3A. Utilize knowledge and skills to enhance mental, emotional, and

social well-being.

3B. Exhibits responsible personal and social behavior that respects self and others in physical activity settings.

**Integrated Units/Activities – Similar ideas**

**Rolling –** Soccer (keeper work), Kickball, Battleship, Bean bag bowling, Monsterball, Pin-tectors.

**Scoring –** Math concepts with bowling rules.

**Core Knowledge Language Arts – NA**

**Prior Knowledge**

K – Very basic teaching kids step by step how to roll the ball with the proper step, back swing, release and follow through. Rolling at targets.

1st-3rd – Review of rolling skills cues and more game play than in kindergarten. Some of the games we play that use rolling or slide skills are: Shark on the beach, pin-tectors, battleship, monster ball, and bean bag bowling.

**What they will learn in future grades?**

5th-12th – We do not have much that covers rolling concepts. The kids will still get limited exposer in their soccer unit and kickball games. Outside of class, going to a bowling alley to bowl would be the best skills practice.

**Core Knowledge Links – Connections to Core Knowledge in other classrooms**

Taking some of the general math concepts and applying to scoring frames in bowling. They do get a lot of math practice during this unit.

**Additional Resources**

G.A.S.P. poster in gym, white board with scoring examples on it, and a scoring cheat sheet on their clipboards to help them score especially with strikes and spares.

**Standards for Achievement**

**Student’s will-**

\*Know how to grip the bowling ball.

\*Know how many step approach to take.

\*Know which foot to slide on their release.

\*Know where the best place to hit for a strike and splits are.

\*Know how to throw a straight ball versus a curve ball.

\*Know basics of how bowling is scored.

\*Display good sportsmanship and display integrity throughout each lesson.

**Types of Assessments**

\*A visual assessment and feedback will be given as far as skill concepts and rules are concerned.

\*Students will be quizzed orally regarding skill cues and rules before classes 2 and 3.

\*Students will be accountable for scoring their own games. Score sheets will be turned in, corrections made, and handed back before the next class so they can see what they may have messed up on with scoring.