**Lacrosse Unit Organizer**

**5th Grade Wilcox/Reeves**

**Previous Unit Next Unit Continuous Unit**

**Presidential Basketball Throwing, Catching**

**Summary**

**In this unit students will review previous skills practiced `**

**Core knowledge content- Connections to core knowledge in other classrooms**

**Pedometers are used to measure steps which help the class move across the United States. Facts are read about the state including the Capitals which are part of the 5th grade curriculum. The 5th grade is also competing to get more miles than the elementary staff and travel to more states throughout the year. Teachers email with their miles completed for the week and their information is updated on a map in the hallway outside of the gym.**

**Colorado Physical Education State Standards  
Standard: 1. Movement Competence and Understanding in Physical Education**

**1A. Demonstrate competency in motor skills and movement patterns needed to perform a variety of physical activity.**

**3B. Exhibits responsible personal and social behavior that respects self and others in physical activity settings.**

**4C. Apply personal safety knowledge and skills to prevent and treat intentional or unintentional injury.**

**Integrated Units**

**Passing-Whiffle ball, Baseball, Team Handball, Speedball**

**Catching-Basketball, Whiffle ball, Baseball, Team Handball, Soccer, Speedball**

**Shooting-Soccer, Speedball, hockey**

**Standards for Achievement**

**Student’s will-**

**Know the skill cues for scooping, passing and catching.**

**Understand the concept of leading a target when passing.**

**Understand the importance of a proper warm-up.**

**Display appropriate safety for themselves and their partner throughout the unit.**

**Be able to scoop, pass and catch a lacrosse ball.**

**Students will understand the concept of spacing on the field.**

**Types of Assessments**

**Students will be assessed visually by the teacher to determine if they are ready to pass and catch rather than toss and catch.**

**Students will be quizzed orally regarding skill cues and safety.**

**Students will test their ability to pass and catch during class with competitions.**