Kadoka Area School District -- Kind Accountable Safe Determined

**P**ositive **B**ehavior **I**ntervention and **S**upports

**Lesson Plan Setting:** Playground

**Lesson Purpose:**

1. To establish a positive atmosphere on the playground.
2. To model behavior of encouraging students, doing their best, and including everyone.
3. To demonstrate kindness, sportsmanship, and care of others.

**Looks Like:**

1. Sharing and taking turns
2. Everyone having fun & being safe
3. Including all kids
4. Helping each other
5. Kind gestures
6. Timely lining up (arm’s length apart)
7. Be accountable for items brought outside
8. Limit your contact with others – air fives, tap on shoulder or back for tag,
9. hands to self, etc.
10. Proper use of equipment.

**Sounds Like:**

1. Laughter
2. Asking if need to go inside
3. Balls are quiet when in line
4. Kind words: good sportsmanship and inclusive words
5. Level 2 Formal Normal Voice or Level 3 Loud Crowd Voice

**General Guidelines**

1. Model KASD qualities of being kind, accountable, safe, and determined.
2. Play fairly & demonstrate good sportsmanship.
3. Respect boundaries-away from gated area, inside fence, lunchroom building
4. Dress for the weather **before** going outside – boots required if wet or must stay on sidewalk.
5. Help pick up the equipment even if you didn't get it out.
6. Follow equipment guidelines -
   * No running, tag, or balls on play structure
   * 1 direction on monkey bars
   * Down slide only - feet first
   * Must be able to reach zipline/bars on own – no lifting each other up
7. Jump Rope Awareness-Stay clear of doorways & allow paths for people to walk.
8. Before school recess, no jump ropes or balls on sidewalk area where students are entering school.
9. Stay out of doorway areas – do not block.
10. Care if other students are having fun and being included in activities.

**Teaching Examples & Non-Examples**

1. *Example: Billy sees Tom standing alone. He asks him to join his basketball game.*
2. *Non Example: Sally is playing on the slide. When Paula tries to play too, Sally won’t let her.*
3. Example: Teresa makes sure no one is at the bottom of the slide before going down.
4. Non Example: Stan is swinging side to side on the swings.

**Demonstrations/Role Plays:**

I am going to show/tell you some ways of being respectful and some ways of being disrespectful on the playground. I want you to watch and tell if I am being respectful or disrespectful. Make sure to discuss appropriate actions. (Choose a few that you think are most applicable to your grade/students.)

1. Lining up when the bell rings – or – continuing to play when the bell rings.
2. Throwing rocks
3. Taking turns with jump rope, ball, or equipment
4. Snatching rope or ball away from someone else
5. Following the rules of a game – or – making up your own rules and cheating
6. Telling someone they can’t play – or – accepting a request to play
7. Inviting someone who seems lonely to play
8. Following the directions of the adult supervisors the first time
9. Running through a game being played by other students
10. Staying in the boundaries of the playground – or – running to get a ball without asking (leaving the boundaries)
11. Bringing in – or – leaving out the ball or jump rope you took outside
12. Dropping trash on the playground – or – picking up trash someone else has dropped
13. Climbing up the slide – or – sliding down the slide
14. Waiting patiently in line for a turn – or – pushing others out of your way and cutting in line
15. Hugging – or – air high five
16. Tag touch with 1 hand – or – tag with tackling

**Reinforcement:**

1. Before students go outside ask about ways to be kind and helpful in modeling good behaviors to make sure that everyone has great success.
2. Reinforce with PAW-sitive cards.
3. Remind children that recess depends on their choices for everyone to have a good time.
4. Ask what the kids can do to make sure recess is great.
5. Be specific with positive reinforcement. Ex: Sara, I really liked how you quickly got in line and held the ball once the bell rang. Thank you!

# Assignment:

“Today we will be watching you to see if you are being **respectful** at recess. At the end of the day, I will ask you to tell me what you did to be **respectful** at recess.”

What should you do today?  
What am I going to ask you?

**Wrap Up:**

* Discuss how recess went today? What did you do to show KASD respectful qualities at recess today?