# College Park High School Physical Education

# Physical Education is the practice, study, and knowledge of human movement that results in lifelong appreciation and practice of fitness, wellness, and physical activity. No other area of the curriculum is designed to help children learn motor and lifetime activity skills. This makes Physical Education a necessary and important component of the total school curriculum.

## APPROPRIATE ATTIRE

# All students are expected to come to class dressed and ready for Physical Education. Students not dressed appropriately are not prepared for class. Students are responsible for locking their belongings in their assigned PE locker.

# College Park Physical Education uniform recommended. Plain white, grey, purple or black shorts and shirt are required. Sweats brought from home must be solid gray, purple, or black. The student’s last name and first initial should be printed legibly and visibly on their PE attire at chest level. There will be no altering of the PE uniform. Other writing, drawings or logos on physical education attire will result in the uniform not being acceptable for class. Any attire that violates the College Park dress code will not be accepted.

# Athletic shoes are to be LACED or VELCROED CLOSED. NO HIKING BOOTS, SLIP ONS (Vans), PLATFORM SHOES, FLIP FLOPS, OR BOOT-LIKE SHOES ARE TO BE WORN. Shoes MUST be securely tied to the feet. Socks must be worn.

# Shorts are to be worn around the waist. Sagging shorts below the waist for style and fashion will result in being marked not dressed/not prepared for class.

# STUDENT POINTS AND GRADING:

# Preparedness, participation, acceptable behavior and adherence to safety protocols in all class activities are a prerequisite to earn credit in Physical Education.

# Physical education is graded on traditional A through F Scale.

# 100-90%=A, 89-80%=B, 79-70%=C, 69-60%=D, <59% =F

# EXCUSED MEDICALS, ABSENCES AND MAKE UP WORK:

# Physical Education is a participation-based class, and regular attendance is critical for success. If a student is unable to participate in physical education for a medical or legally excused reason, the teacher must have a note from their parent or guardian for each affected class session. After one week (four consecutive class sessions) with a parent note, a doctor’s note will be required. Students must still dress in PE attire for make up work to be an option. It is the student’s responsibility to obtain makeup work. Students are allotted a maximum of 5 written make up assignments per semester. Any absence/medical make up after 5 will be administered at teacher’s discretion. Make up work must be submitted by student to PE teacher within two weeks of students return to class. Unexcused/Truant absences and non-participation will receive no credit for the day and no make up work will be accepted!

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# PLAGIARISM:

# STUDENTS ARE EXPECTED TO TURN IN ORIGINAL WORK! PLAGIARISM IS DEFINED IN THE STUDENT HANDBOOK. THE FIRST OFFENSE WILL RESULT IN FAILURE OF THE ASSIGNMENT, THE SECOND IN FAILURE OF THE COURSE!

## CLASSROOM RULES AND EXPECTATIONS

# Absolutely NO Cell phones or electronic device use during instructional time! If a cell phone is seen during instructional time it will be confiscated. Cell phone use will not be permitted!!!

# Arrive to class on time with appropriate PE materials.

# Respect classmates and others at all times. Listen when others are talking.

# No gum, food, or drinks in class. Water is OK.

# No use of equipment or apparatus unless instructed by a teacher.

# Passes need to be issued by a teacher before you leave class for any reason.

# No backpacks, bags, purses, books, etc. allowed in class.

# LOCKS and LOCKERS

# Each student will be assigned a locker and lock to store their PE clothes for the entire year.

# LOCKERS MUST BE LOCKED WITH AN ASSIGNED PE LOCK (provided)! Locks that are not College Park issued will be removed.

# Students are only to use their assigned locker, and will be held responsible for all damage done to their lock and locker. Lost locks will result in a $10 replacement fee.

# CPHS and its teachers/Administration are not responsible for lost/stolen items.

# DO NOT BRING VALUABLES TO THE LOCKER ROOM!

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**MEDICAL CONDITIONS**: It is extremely helpful to the teacher to be aware of any medical conditions that your child experiences. A note from your doctor will assist us in planning or adapting your child’s program. This information will be kept confidential. **MEDICAL CONDITIONS, MEDICATIONS, IF ANY THAT TEACHER SHOULD BE AWARE OF:**

 To: PHYSICAL EDUCATION DEPARTMENT

 I have received and read a copy of the physical education syllabus and agreement.

**Student name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Physical education period: \_\_\_\_\_\_\_\_\_\_\_**

#### Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Name (printed):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Emergency Contact Information:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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