**Sato Academy of Mathematics and Science**

1100 Iroquois Avenue

Long Beach, CA 90815

(562) 598-7611 Fax (562)598-6329

**10th Grade Checklist**

Academic

* Check your grades on school loop on a regular basis. Checking your grades will keep you informed of how you are doing in class. .
* Communicate with your teachers if you need help or struggling in your classes.
* Communicate with your teachers upon your return to school from being absent to find out what you need to make up. If you know that you will be absent on a particular date, talk to your teachers before your absence to find out what you can do to avoid missing work.
* Address personal issues that is affecting your schooling. Talk to your parents, teachers, counselor, or school staff for help.
* Take advantage of all the help resource available to students.

**Teacher’s Availability**

Period 2 on Tuesdays and Thursdays from 8:55 am to 9:25 am

Period 2 on Fridays from 7:50 am to 8:35 am

 **Homework Help in Rm. A-4**

 Period 2 on Tuesdays and Thursdays

 Preparing for College

* Start preparing for standardized test. Preparation can include taking the PSAT and going through SAT/ACT prep materials available both online (Khan Academy & College Board) and in bookstores. Practice leads to results!
* Get involved. Sophomore year is a good chance to start becoming more involved in a passion or hobby. Community service, volunteer work, and contributing at home are also becoming important characteristics for prospective college students.
* Start your career exploration if you have not done so. See back page.

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Explore your Career Interests**

Explore your interests and research three careers.

1. Log onto www.cacareerzone.org

2. Under the Explore tab on the top of the screen, choose “Interest Profiler”

3. Start a new Interest Profiler

4. When a pop-up window appears (Interest Profiler Options), choose the link for the 60 questions

5. Answer the questions

7. After you finish the questions, write down your top 3 areas of interest

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8. On the summary page click "View Occupations"

 From the list, choose 3 occupations that interest you:

Occupation #1: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Education required:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Average Wage:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What do they do?:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3 things they need to be able to do:\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_

Occupation #2: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Education required:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Average Wage:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What do they do?:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3 things they need to be able to do:\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_

Occupation #3: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Education required:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Average Wage:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What do they do?:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3 things they need to be able to do:\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_