**Secondary Guidance Lesson**

*Healthy vs Unhealthy Relationships*

**Objective:** The student will identify the characteristics of healthy and unhealthy relationships.

**Video: District** [**“Love is Respect Video”**](https://youtu.be/2DlgQHa0Tok)

**Activity: Raise your Hand**

Instructions - read the list of relationship situations. After each one, raise your hand if you think the behavior is concerning in any way. ****

**Follow-up/Closing: Students work in pairs to brain-storm ideas on how to plan for or work towards healthy relationships.**