Secondary Guidance Lesson

*“Healthy Relationships” (Connection)*

**Objective:** Students will be able to compare and contrast healthy behaviors and unhealthy behaviors in relationships.

**Video:** [**https://youtu.be/Uuvc2fjz0NA**](https://youtu.be/Uuvc2fjz0NA)

**Activity:**

* Ask students to have a device available for an activity during the presentation
* Show [video](https://youtu.be/Uuvc2fjz0NA)
* Open Google Slides presentation to facilitate discussion with students: [https://docs.google.com/presentation/d/15qolJ0xRch4iTyUucLn7pbFAvK0oLvlB/edit?usp=sharing&ouid=114124613430526330831&rtpof=true&sd=true](https://drive.google.com/file/d/15qolJ0xRch4iTyUucLn7pbFAvK0oLvlB/view?usp=sharing) **(NOTE: There is an interactive survey/assessment for students to do from their own devices in this presentation, and because the site focuses on teen dating violence and related topics, they will see a popup that looks like below with a warning that browser history can be monitored -- this warning is part of the website and does not present any security threat/problem. Students may click on “OK” to proceed to the interactive survey/assessment.)**

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**Follow-up/Closing:**

Group discussion, if time allows:

1. Who are some people you know that have a “healthy relationship” based on the characteristics you have heard about today?
2. Do most teenagers you know have healthy relationships?

Remind students that they can talk to a trusted adult if they have concerns about their relationship or that of a friend.