Reid Temple Christian Academy Lunch Menu  **February 2022**

Happy Black History Month!

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  | **1** | **2** | **3** | **4** |
| Did you know that Thomas Andrew Dorsey is considered Father of Gospel Music and composed “Take my hand precious Lord” | Sweet and Sour chicken brushed with pine ginger glaze, Stir fry veggies w/broccoli, Brussel sprouts, carrots  Buttered Jasmine rice OR Yellow rice w/turmeric, quinoa, Gravy, Salad w/dsg,  Diced pineapple w/red , black grapes topped w/yellow & green kiwi | Panko breaded Fried fishsticks\*\*fried chicken for those allergic\*\*\*\*\*  Crinkled, Straight OR Seasoned fries,  Ketchup, Honey mustard  Garden salad w/variety dressings  Mango infused applesauce topped w/fresh gala apples/ mangoes | Smothered smack licking pork chops, OR Oven roasted chicken, Creamy mashed potatoes, Steamed buttered white rice, Gravy, Steamed corn, peas & carrots, House salad w/dressings, Cold fruit cup w/grapes, berries | \*\*\*\*\*\*\*\*\*\*NO SCHOOL\*\*\*\*\*\*\*\*\*\*  \*\*\*\*\*\*\*\*\*\*NO SCHOOL\*\*\*\*\*\*\*\*\*\* |
| **7** | **8** | **9** | **10** | **11** |
| Golden fried chicken fritters  Buttered sweet Jasmine rice, Oven roasted potatoes seasoned w/pink salt and fresh ground pepper, Normandy veggies w/kale & carrots, Spring mix w/variety dressings, Fresh green, black grapes, w/apple slices topped w/fresh strawberries | **All American hot dog on a bun. Sweet potato, straight, crinkled fries, turkey chili, cheese. Mesculum mix w/carrots, vine ripe tomatoes, carrots. Fresh mangoes, kiwi, black grapes topped w/ fresh cantaloupe** | Zesty ginger-pineapple meatballs, Steamed white rice OR brown quinoa rice w/yellow rice w/tumeric  Buttered carrots & corn, gravy  Garden salad w/dressings  Applesauce topped w/Fresh blueberries & strawberries | Egg wide noodles, Baked chicken boneless/skinless, gravy, mix string beans, cabbage, carrots mix  50/50 baby greens, romaine lettuce, hand shredded carrots  Cucumbers, vine ripe tomatoes,  Fresh orange slices, grapes & strawberries | 4 cheese, 3 meats, pepperoni , supreme pizza, Challah bread w/spinach & mozzarella cheese, Veggie soup, Fresh baked sugar, chocolate cookies  Tossed salad w/ variety dressings  Fresh green, red, black grapes, yellow kiwi, strawberries  Italian icy |
| **HAPPY VALENTINE DAY 14** | **15** | **16** | **17** | **18** |
| Chicken or beef bowl w/ white OR brown rice, gravy, shredded cheese, sour cream  Garden salad w/ spinach, baby kale & dressing  Cold tropical fruit cup topped w/fresh mangoes, strawberries, papaya. | Fried chicken nuggets  Straight, Crinkled, seasoned fries  Ketchup, honey mustard  Spring mix salad w/dressing  Cold pineapple chunks w/strawberries, green kiwi slices | Bourbon peach-ginger meatballs  Creamy mashed potatoes, Sweet Jasmine rice, bold flavor gravy  Roasted beets, carrots, sweet potato, kale mix,  Tossed salad w/ variety dressings  Strawberry mango applesauce | LASAGNA- Meaty, Italian. Veggie  Buttered garlic bread sticks, Veggie sauce  Steamed mixed vegetables  Chef salad w/dressings  Fresh pineapple chunks w/blackberries & strawberries | \*\*\*\*\*\*\*\*\*\*NO SCHOOL\*\*\*\*\*\*\*\*\*  \*\*\*\*\*\*\*\*\*\*NO SCHOOL\*\*\*\*\*\*\*\*\* |
| **21** | **22** | **23** | **NEW ITEM 24** | **25** |
| \*\*\*\*\*\*\*\*\*NO SCHOOL\*\*\*\*\*\*\*\*\*  \*\*\*\*\*\* PRESIDENT’S DAY\*\*\*\*\*\* | Chicken fritters  Waffles-Plain, chocolate, strawberry  Warm maple syrup  Chef’s salad w/ variety dressings  Cara Cara orange slices w/ fresh pineapples, green apples, strawberries | TACO- Hard or soft, Cilantro w/lime rice, plain rice, grilled chicken bites, pulled pork, Seasoned roasted sweet corn w/ bell peppers, Sour cream, Garden salad w/ dressing, Cinnamon strawberry applesauce | Baked ziti or tri color totellini w/meatless sauce, French baguette buttered bread sticks, Steamed string-beans w/carrots Tossed salad w/vine ripe tomatoes, spinach, Diced pears/kiwi, topped w/blueberries | PIZZA GALORE  3 meats, pepperoni, supreme, 4 cheeses, Challah bread w/spinach & mozzarella cheese, Veggie soup  50/50 greens, crunchy lettuce, carrots Sliced apples w/ green grapes, blackberries, strawberries, Ice cream |
| **28** |  |  | **AndreewesdjcKSDJC** |  |
| Sweet & Sour chicken chunks  Buttered sweet Jasmine rice, quinoa yellow rice, gravy, Steamed corn, & spinach, carrots mix, Spring mix salad w/carrots, dressings, Diced peaches, strawberries, kiwi |  |  |  |  |