Reid Temple Christian Academy Lunch Menu  **February 2022**

Happy Black History Month!

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  | **1** | **2** | **3** | **4** |
| Did you know that Thomas Andrew Dorsey is considered Father of Gospel Music and composed “Take my hand precious Lord” | Sweet and Sour chicken brushed with pine ginger glaze, Stir fry veggies w/broccoli, Brussel sprouts, carrotsButtered Jasmine rice OR Yellow rice w/turmeric, quinoa, Gravy, Salad w/dsg,Diced pineapple w/red , black grapes topped w/yellow & green kiwi |  Panko breaded Fried fishsticks\*\*fried chicken for those allergic\*\*\*\*\*Crinkled, Straight OR Seasoned fries,Ketchup, Honey mustardGarden salad w/variety dressingsMango infused applesauce topped w/fresh gala apples/ mangoes  |  Smothered smack licking pork chops, OR Oven roasted chicken, Creamy mashed potatoes, Steamed buttered white rice, Gravy, Steamed corn, peas & carrots, House salad w/dressings, Cold fruit cup w/grapes, berries | \*\*\*\*\*\*\*\*\*\*NO SCHOOL\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*NO SCHOOL\*\*\*\*\*\*\*\*\*\*  |
| **7** | **8** | **9** | **10** | **11** |
| Golden fried chicken frittersButtered sweet Jasmine rice, Oven roasted potatoes seasoned w/pink salt and fresh ground pepper, Normandy veggies w/kale & carrots, Spring mix w/variety dressings, Fresh green, black grapes, w/apple slices topped w/fresh strawberries  | **All American hot dog on a bun. Sweet potato, straight, crinkled fries, turkey chili, cheese. Mesculum mix w/carrots, vine ripe tomatoes, carrots. Fresh mangoes, kiwi, black grapes topped w/ fresh cantaloupe** | Zesty ginger-pineapple meatballs, Steamed white rice OR brown quinoa rice w/yellow rice w/tumeric Buttered carrots & corn, gravyGarden salad w/dressings Applesauce topped w/Fresh blueberries & strawberries | Egg wide noodles, Baked chicken boneless/skinless, gravy, mix string beans, cabbage, carrots mix50/50 baby greens, romaine lettuce, hand shredded carrotsCucumbers, vine ripe tomatoes,Fresh orange slices, grapes & strawberries | 4 cheese, 3 meats, pepperoni , supreme pizza, Challah bread w/spinach & mozzarella cheese, Veggie soup, Fresh baked sugar, chocolate cookiesTossed salad w/ variety dressingsFresh green, red, black grapes, yellow kiwi, strawberriesItalian icy  |
| **HAPPY VALENTINE DAY 14** |  **15** |  **16** |  **17** |  **18** |
| Chicken or beef bowl w/ white OR brown rice, gravy, shredded cheese, sour creamGarden salad w/ spinach, baby kale & dressingCold tropical fruit cup topped w/fresh mangoes, strawberries, papaya. | Fried chicken nuggetsStraight, Crinkled, seasoned friesKetchup, honey mustardSpring mix salad w/dressingCold pineapple chunks w/strawberries, green kiwi slices | Bourbon peach-ginger meatballsCreamy mashed potatoes, Sweet Jasmine rice, bold flavor gravyRoasted beets, carrots, sweet potato, kale mix, Tossed salad w/ variety dressingsStrawberry mango applesauce | LASAGNA- Meaty, Italian. VeggieButtered garlic bread sticks, Veggie sauceSteamed mixed vegetablesChef salad w/dressingsFresh pineapple chunks w/blackberries & strawberries | \*\*\*\*\*\*\*\*\*\*NO SCHOOL\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*NO SCHOOL\*\*\*\*\*\*\*\*\* |
| **21** | **22** | **23** | **NEW ITEM 24** | **25** |
| \*\*\*\*\*\*\*\*\*NO SCHOOL\*\*\*\*\*\*\*\*\* \*\*\*\*\*\* PRESIDENT’S DAY\*\*\*\*\*\* | Chicken frittersWaffles-Plain, chocolate, strawberryWarm maple syrupChef’s salad w/ variety dressingsCara Cara orange slices w/ fresh pineapples, green apples, strawberries   | TACO- Hard or soft, Cilantro w/lime rice, plain rice, grilled chicken bites, pulled pork, Seasoned roasted sweet corn w/ bell peppers, Sour cream, Garden salad w/ dressing, Cinnamon strawberry applesauce |  Baked ziti or tri color totellini w/meatless sauce, French baguette buttered bread sticks, Steamed string-beans w/carrots Tossed salad w/vine ripe tomatoes, spinach, Diced pears/kiwi, topped w/blueberries | PIZZA GALORE3 meats, pepperoni, supreme, 4 cheeses, Challah bread w/spinach & mozzarella cheese, Veggie soup50/50 greens, crunchy lettuce, carrots Sliced apples w/ green grapes, blackberries, strawberries, Ice cream |
| **28** |  |  |  **AndreewesdjcKSDJC** |  |
| Sweet & Sour chicken chunksButtered sweet Jasmine rice, quinoa yellow rice, gravy, Steamed corn, & spinach, carrots mix, Spring mix salad w/carrots, dressings, Diced peaches, strawberries, kiwi |  |  |  |  |